Acyclovir Prophylaxis for Herpes Simplex Virus Infection


We take exception to one sentence which states, “Oral ACV does not produce significant reduction in symptoms of recurrent genital HSV episodes but does decrease the duration of viral shedding and slightly reduces the time to healing.”

If this were true, there would be no sense in using intermittent dosage of ACV for recurrent genital HSV episodes. In our experiences, this is the commonest use of ACV. In fact, in an article published in 1986, Goldberg et al. (1) showed that oral ACV was effective in reducing time to healing and new lesion formation. If oral ACV is used early enough in an outbreak, the outbreak could occasionally be aborted altogether.

LITERATURE CITED


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