Antifungal Efficacy, Safety, and Single-Dose Pharmacokinetics of LY303366, a Novel Echinocandin B, in Experimental Pulmonary Aspergillosis in Persistently Neutropenic Rabbits

VIDMANTAS PETRAITIS,1 RUTA PETRAITIENE,1 ANDREAS H. GROLL,1 AARON BELL,1 DIANA P. CALLENDER,1 TIN SEIN,1 ROBERT L. SCHAUFELE,1 CARL L. McMIllIAN,2 JOHN BACHER,3 AND THOMAS J. WALSH1*

Immunocompromised Host Section, Pediatric Oncology Branch, National Cancer Institute,1 and Surgery Branch, Veterinary Resources Services, National Center for Research Resources,3 National Institutes of Health, Bethesda, Maryland, and Lilly Research Laboratories, Eli Lilly and Company, Indianapolis, Indiana2

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LY303366 is a novel semisynthetic derivative of echinocandin B and a potent inhibitor of fungal (1,3)-β-D-glucan synthase. The antifungal efficacy and safety of LY303366 were investigated in treatment and prophylaxis of primary pulmonary aspergillosis due to Aspergillus fumigatus in persistently neutropenic rabbits. Treatment study groups were either not treated (controls) or treated with amphotericin B (AmB) at 1 mg/kg of body weight per day or with LY303366 at 1, 5, 10, and 20 mg/kg/day. In rabbits treated with LY303366, there was a significant improvement in survival and a reduction in organism-mediated pulmonary injury measured by the number of infarcts, total lung weight, and ultrafast computerized tomography scan pulmonary lesion score. Rabbits receiving prophylactic LY303366 also demonstrated significant improvement in survival and reduction in organism-mediated pulmonary injury. AmB and LY303366 had comparable therapeutic efficacies by all parameters with the exception of reduction in tissue burden of A. fumigatus, where AmB was superior to LY303366. LY303366 demonstrated a dose-dependent effect on hyphal injury with progressive truncation, swelling, and vacuolization. LY303366 administered in single doses of 1, 5, 10, and 20 mg/kg demonstrated dose-proportional increases in the maximum concentration of drug in plasma and the area under the concentration-time curve from 0 to 72 h with no changes in plasma drug clearance. The 1-mg/kg dosage maintained plasma drug levels above the MIC for 18 h, and dosages of ≥5 mg/kg maintained plasma drug levels above the MIC for the entire 24-h dosing interval. There was no significant elevation of the concentrations of hepatic transaminases or creatinine in serum in LY303366-treated rabbits. In summary, LY303366 improved survival and decreased pulmonary injury with no apparent toxicity in the treatment and prevention of invasive pulmonary aspergillosis in persistently neutropenic rabbits.

The echinocandins are a new class of semisynthetic lipopeptide antifungal compounds, with potent and relatively broad-spectrum antifungal activity. They act by inhibiting the synthesis of (1,3)-β-D-glucan, an integral component of the fungal cell wall, resulting in cell wall damage and ultimately cell death (13, 15). The novel mode of action and potent antifungal activity in vitro have led to the design of several new compounds for potential clinical development.

Cilofungin was the first echinocandin B derivative developed for clinical trials. This compound had excellent in vitro activity against Candida spp. and was highly effective in animal models of disseminated candidiasis (12–15, 28). The compound also showed activity in a murine model of disseminated aspergillosis (6, 29). However, clinical development of cilofungin was discontinued when toxicity due to the vehicle was observed.

In recent years, a new generation of echinocandins has emerged. LY303366 (LY), a terphenyl-substituted echinocandin B, is the lead compound of this class for clinical investigation (4, 5, 10). Current in vitro studies demonstrate potent and non-cross-resistant antifungal activity against Candida albicans, Candida tropicalis, Candida glabrata, and other Candida species (7, 22, 30). The drug has also been shown to be active against Aspergillus spp. in vitro (20). Little is known, however, about the in vivo efficacy of LY against Aspergillus infections. Zeckner et al. (29) demonstrated improved survival and decreased tissue burden of Aspergillus fumigatus.

Invasive pulmonary aspergillosis is an important cause of morbidity and mortality in patients with persistent neutropenia (18, 24). The in vitro activity and preliminary in vivo antifungal effects in nonneutropenic mice suggest that LY may be an effective agent against this disease (16, 23, 29). Therefore, we investigated the antifungal efficacy and safety of LY in treatment and prophylaxis of primary pulmonary aspergillosis in persistently neutropenic rabbits.

MATERIALS AND METHODS

Animals. Female New Zealand White rabbits (Hazleton Inc., Deutschland, Pa.), each weighing 2.0 to 3.5 kg at the time of inoculation, were used in all experiments. Rabbits were individually housed and maintained according to the National Institutes of Health (NIH) guidelines for animal care and American Association for Accreditation of Laboratory Animal Care criteria (3). A total of 106 rabbits were used for all experiments. Vascular access was established in each rabbit by the surgical placement of a silastic tunneled central venous catheter (25).
Organism and inoculation. Pulmonary aspergillosis was established, as previously described (9). Briefly, *A. fumigatus* (NIH isolate 4215) obtained from a fatal case of pulmonary aspergillosis was used in all the experiments. The MICs by published methods, including outcome variables, were identical for both treatment and prophylaxis experiments. Based upon assessment of response in the therapeutic model, definitive therapy. Survival. The survival time in days postinoculation was recorded for each rabbit. Surviving rabbits were euthanized by pentobarbital anesthesia on the 13th day postinoculation.

**Pulmonary lesion scores.** The entire lung was harvested carefully dissected at autopsy. The heart was then removed and placed in 10 ml of sterile saline. The bronchial tree and lungs intact. The lungs were weighed and inspected by at least two observers who were blinded to the treatment group and recorded hemorrhagic infarct lesions (if any) in each individual lobe. Positive lobes were added together, and the mean value of all positive lobes was calculated for each treatment group. Hemorrhagic infarcts were dark red consolidated lesions that corresponded histologically to coagulative necrosis and intraalveolar hemorrhage.

Lung. Bronchoalveolar lavage (BAL) was performed on each lung preparation by the instillation and subsequent withdrawal of 10 ml of sterile normal saline, two times into the clamped trachea with a sterile 12-ml syringe. The lavage material was then centrifuged for 10 min at 1,500 × g. The supernatant was discarded, leaving the pellet, which was then resuspended in 1.5 ml of sterile normal saline. A 0.1-ml sample of this fluid and 0.1 ml of a dilution (10⁻¹) of this fluid were cultured on 5% Sabouraud glucose agar.

**Histopathology.** Pulmonary lesions were scored and fixed in 10% neutral buffered formalin. Paraffin-embedded tissue sections were stained with periodic acid-Schiff and Gomori methenamine silver stains. Tissues were microscopically examined for pulmonary injury and structural changes in *Aspergillus* hyphae.

**Fungal cultures.** Lung tissue from each rabbit was sampled and cultured by each of a representative lobe of the lung. Each lung was individually, placed in a sterile bag (Tekmar Corp., Cincinnati, Ohio), and homogenized with sterile saline for 15 s per tissue sample (Stomacher 80; Tekmar) (20). Lung homogenate dilutions (10⁻¹ and 10⁻²) were prepared in sterile saline. All three dilutions of lung homogenate were cultured on 5% Sabouraud glucose agar and incubated at 37°C for 24 h and then at room temperature for another 24 h. The CFU of *A. fumigatus* were counted and recorded for each lobe, and the CFU per gram were calculated. A finding of one colony of *A. fumigatus* was considered positive for infection.

**CT.** The CT of the lungs was performed during all experiments in order to monitor the effects of antifungal treatment on infection-mediated tissue injury during the rabbit’s life. Briefly, rabbits were sedated with ketamine and xylazine and then placed prone, head first, on an X-ray scanning table. CT was performed with the 100 kVp, 250 mA, and scan duration was 100 ms. In virtually all cases, 30 slices were sufficient to scan the entire thorax of the rabbit. Images were photographed using lung windows with a level of −600 HU and a width of 1,800 HU. Each lung was divided into three lobes (upper, middle, and lower), and each lobe was assessed to determine a pulmonary lesion score. The accessory lobe was called the left middle lobe. This mean CT pulmonary lesion score was established by evaluating the infiltrate in each lobe. The mean CT pulmonary lesion score in each lobe was calculated independently. A score of +0.5, +1, or −0.5 was assigned to the previous score, if the lobe demonstrated worsening, unaltered, or improved severity (± 0.5 or −1). CT was performed on days 1, 2, 3, 4, 5, 6, 7, 8, and 10 of treatment. The mean CT pulmonary lesion score for that day represents the mean of all lobes of all rabbits in each group.

**Pharmacokinetic experiments.** Serial plasma samples were drawn from four groups of three healthy New Zealand White rabbits each from 0.16 to 72 h after administration of a single dose of 1, 5, 10, and 20 mg/kg of LY as an intravenous bolus. Samples were stored at −70°C until all samples were processed simultaneously. Chemical de-terminations of potassium, aspartate aminotransferase (AST), alanine aminotransferase (ALT), serum creatinine, and total bilirubin (Analytics Inc., Gaithersburg, Md.) concentrations were performed on the next to the last sample drawn from each rabbit.

**External standards and quality-control samples were prepared by spiking pooled healthy rabbit serum samples (Gibco Laboratories, Grand Island, N.Y.) with appropriate amounts of LY. Prior to extraction, 0.5 μg of LY306168, the internal standard, was added to 300 μl of the sample, external standard, or quality-control sample to serve as an internal control for accuracy and precision of the procedure.**
Correction for multiple comparisons are indicated by the following symbols: * P < 0.05; † P < 0.01; ‡ P < 0.001.

Values are given as means ± standard errors of the means (SEMs).

was >90% compared with unextracted reagent standard. The mobile phase consisted of acetonitrile–50 mM ammonium acetate (pH 4.0) (50:50 [vol/vol]) delivered at 0.5 ml/min. The injection volume was 75 μl. LY and LY306186 eluted at 6.3 and 4.1 min, respectively, using a C 8 analytical column (5 μm).

Statistical analysis. Comparisons between groups were performed by analysis of variance (ANOVA) with Bonferroni's correction for multiple comparisons or the Mann-Whitney U test, as appropriate. Kaplan-Meier survival plots were analyzed by the Mantel-Haenszel chi-square test. All P values were two sided, and a P value of < 0.05 was considered to be statistically significant. Values are expressed as means ± standard errors of the means (SEMs).

RESULTS

Antifungal therapy. There was a significant improvement in survival in rabbits treated with LY1 and LY10 compared to that of untreated controls (P = 0.04 and P = 0.03, respectively); however, this was not true for rabbits treated with LY5 and LY20 (Table 1). Although survival was improved in the overall population of LY-treated rabbits, only nine animals survived the entire study. There was a notable decline in survival in LY20-treated rabbits, suggesting an upper threshold of toxicity.

There was a reduction in organism-mediated tissue injury, as measured by the pulmonary infarct score and total lung weight, in rabbits treated with LY and AmB. Animals treated with LY10, LY20, and AmB had significant reductions in the mean pulmonary lesion score compared to those of untreated controls (P < 0.001, P < 0.01, and P < 0.01, respectively) (Fig. 1). The mean lung weights in rabbits treated with LY1, LY5, and AmB were significantly reduced in comparison to those of untreated controls (P < 0.05, P < 0.05, and P < 0.01, respective-
ly); however, no differences in lung weight were noted between untreated animals and animals treated with LY10 and LY20.

Consistent with the reduction in organism-mediated pulmonary injury, UFCT scan demonstrated resolution of pulmonary infiltrates in rabbits treated with LY (Fig. 2). During the first 5 days of treatment, there was an increase in pulmonary infiltrates. Following day 5 of treatment, there was a significant reduction of infiltrates, with a decline in the mean pulmonary lesion score from 1.14 ± 0.11 to 0.36 ± 0.13 on day 10 (P = 0.005). The mean CT pulmonary lesion score is also depicted for untreated controls; however, due to excess mortality in this group, scanning beyond 6 days was not feasible.

There was a significant quantitative reduction in *A. fumigatus* growth in lung tissue from rabbits treated with AmB in comparison to the untreated controls (Fig. 3). Growth in lung tissue from rabbits treated with AmB in group, scanning beyond 6 days was not feasible. For untreated controls; however, due to excess mortality in this group, scanning beyond 6 days was not feasible.

TABLE 2. Effect of LY in an antifungal prophylaxis model of experimental pulmonary aspergillosis

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>No. of pulmonary infarct lesions (mean ± SEM)</th>
<th>Total lung wt (g) (mean ± SEM)</th>
<th>Log CFU/g in lung (mean ± SEM)</th>
<th>Survival (days) (mean ± SEM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control (n = 10)</td>
<td>5.00 ± 0.57</td>
<td>37.11 ± 3.77</td>
<td>1.03 ± 0.22</td>
<td>9.3 ± 0.68</td>
</tr>
<tr>
<td>LY10 pretreated (n = 14)</td>
<td>2.50 ± 0.52a</td>
<td>23.60 ± 3.31b</td>
<td>1.83 ± 0.16d</td>
<td>11.4 ± 0.5f</td>
</tr>
</tbody>
</table>

Antifungal prophylaxis. In order to investigate the potential utility of LY in prevention of pulmonary aspergillosis, a model of antifungal prophylaxis with a maximally tolerated dose of LY was subsequently studied. Rabbits pretreated with LY10 (n = 14) showed a significant improvement in survival in comparison to untreated control rabbits (Fig. 3 and Table 2). There also was a significant reduction in organism-mediated tissue injury in LY-treated rabbits, as measured by the mean pulmonary infarct score and mean lung weight, in comparison to untreated controls (Table 2). The pulmonary infarct lesions were significantly reduced in rabbits treated with LY, while lungs from untreated control rabbits consistently had more multilobar infarcts (P = 0.01). The mean lung weights of LY-treated rabbits were also significantly reduced in comparison to those of untreated controls (P = 0.02). However, there was a significant increase in *A. fumigatus* growth detected in lung tissue in the rabbits treated with LY in comparison to the untreated controls (P = 0.01) (Table 2).

Effect on hyphal structure. In order to further characterize the persistence of viable colony counts in rabbits treated with LY, the histopathological features were studied in the lungs of all treatment groups. There was dose-dependent damage of hyphal structures in lung tissue of LY30366-treated rabbits. Figure 4 demonstrates a progressive reduction in length and increasing swelling of hyphal elements. Each panel depicts a representative section of hyphal morphology in that dosage group. Organisms from untreated control rabbits (Fig. 4A) demonstrate the typical appearance of elongated branching septate hyphae. Organisms depicted in Fig. 4B (corresponding to LY1) reveal shortening of the hyphal elements. In addition to hyphal shortening, Fig. 4C, D, and E (corresponding to LY5, LY10, and LY20, respectively) also demonstrate progressive hyphal swelling. As depicted in Fig. 4E, hyphae from rabbits treated with 20 mg/kg/day (the maximum dosage administered) had the greatest level of apparent cell wall damage, as evidenced by vacuolization. By comparison, tissues from AmB-treated rabbits seldom revealed hyphal elements (Fig. 4F).

Safety. AmB-treated rabbits had a significant increase in the mean serum creatinine concentration compared to that of untreated controls (2.66 ± 0.39 versus 1.04 ± 0.03 mg/dl, respectively) (P < 0.001). By comparison, LY-treated rabbits had no change in the serum creatinine concentration in comparison to untreated controls. There were no differences in serum potassium, AST, ALT, and bilirubin concentrations for any of the treatment groups.

Pharmacokinetics of LY in plasma. Plasma LY concentration-versus-time profiles after administration of single doses of 1, 5, 10, and 20 mg/kg to healthy rabbits are depicted in Fig. 5, and calculated pharmacokinetic parameters are listed in Table 3. Over the investigated dosage range, the drug demonstrated dose-proportional increases in *C*<sub>max</sub> and AUC<sub>0-72</sub> and no changes in plasma drug clearance, which is consistent with dose-proportional, linear distribution in plasma. There was a
significant increase in the apparent $V$ with increasing dosage. By utilizing the MIC for the test organism and by extrapolating the concentration-versus-time profile of healthy rabbits to those used in the infection model, the time spent above the MIC during the experimental dosing interval of 24 h would account for 18 h at the 1-mg/kg dosage level and for 24 h for the remaining dosage levels of LY.

**FIG. 4.** Dose-dependent effect on hyphal structure in lung tissue of LY-treated rabbits. Panels A to E demonstrate a progressive reduction in length and increasing swelling and vacuolization of hyphal elements in a representative section of hyphal morphology in the lungs from rabbits in each dosage group. The dosage groups are untreated controls (A), LY1 (B), LY5 (C), LY10 (D), LY20 (E), and AmB (1 mg/kg/day) (Gomori methenamine silver stain; original magnification, ×400).

**DISCUSSION**

This study demonstrated that LY administered therapeutically to persistently neutropenic rabbits with primary pulmonary aspergillosis improved survival and reduced organism-mediated pulmonary injury, as measured by pulmonary infarct score, lung weight score, and UFCT scan. These effects on
survival and reduced pulmonary infarction were comparable to those of AmB. However, there was no improvement in the clearance of \emph{A. fumigatus} from the lungs, as measured by the concentrations of drug in tissue samples from LY-treated rabbits. By comparison, organism clearance was significantly reduced in AmB-treated animals. Despite this apparent fungistatic effect, there was a dosage-dependent alteration in the cell wall morphology of \emph{Aspergillus} hyphae in lung tissue. LY was not associated with any elevation in creatinine, potassium, bilirubin, AST, and ALT concentrations in serum. By comparison, the serum creatinine concentration was significantly increased in rabbits receiving AmB.

Pulmonary infarction and hemorrhagic necrosis due to an invasive aspergillosis in profoundly neutropenic hosts (2). This organism-mediated pulmonary injury may be measured experimentally by several variables: number of pulmonary infarct lesions, total lung weight, and UFCT scan score. This study demonstrates that LY interdicts the progression of organism-mediated pulmonary injury in comparison to untreated controls. This effect appears to be comparable to that of AmB; however, the antifungal mechanism is notably different.

As an echinocandin, LY is a noncompetitive inhibitor of (1-3)-\(\beta\)-D-glucan synthase, which is a key enzyme in fungal cell wall biosynthesis. There was a striking dose-dependent antifungal effect in alteration of cell wall morphology. However, the individual damaged cellular units still appear to be viable, as measured by the lack of reduction in CFU per gram and the absence of a dose-response relationship in reducing pulmonary injury.

As defined by reducing viable CFU over time, AmB in vitro is considered mechanistically to be a fungicidal compound against various fungi. The elimination of histologically evident hyphae and reduction in tissue burden of \emph{A. fumigatus} in AmB-treated rabbits in the experiments of the current study are also consistent with a fungicidal effect. By comparison, a fungistatic compound in vitro would inhibit the growth of an organism without reducing the number of viable CFU. While there is a clear dose-response relationship of increasing cell wall injury, these damaged cellular units remain viable at all dosage levels. These damaged cells do not appear to invade blood vessels. The persistence of damaged hyphae in tissue without a reduction in the quantitative culture results for LY-treated rabbits suggests that this echinocandin is not uniformly fungicidal or fungistatic against \emph{A. fumigatus}.

When analyzing the properties of an antifungal compound, one must consider the operational definitions of a fungicidal and fungistatic agent are critically dependent upon the in vitro or in vivo conditions in which it is studied. An in vivo assessment of fungicidal versus fungistatic activity is dependent upon several key variables, including the immune status of the host, drug delivery to the tissue, dosage, and exposure time.

Nevertheless, the antifungal effect of LY against \emph{A. fumigatus} in vivo in neutropenic hosts appears to be sufficient to improve survival and to reduce or prevent organism-mediated pulmonary injury.

The antifungal effect of LY against \emph{A. fumigatus} contrasts with its effect against \emph{C. albicans} (7). Viable CFU of \emph{A. fumigatus} persist in these neutropenic animals, while CFU of \emph{C. albicans} are eradicated in our model of disseminated candidiasis (19). These differences may be due to different affinities of the echinocandin to (1-3)-\(\beta\)-D-glucan synthases from different genera. Alternatively, differences in cell wall structure, biosynthesis, and turnover rates may also be factors contributing to differences between \emph{C. albicans} and \emph{A. fumigatus} in response to LY.

The pharmacokinetic results in this study demonstrated that the levels of LY in plasma are maintained above the MIC for the \emph{A. fumigatus} isolate used in this study in a dose-dependent manner for most of the dosing interval. The MIC obtained for the strain used in these experiments is similar to those for the strains reported by Pfaffer et al. (21), where the MIC at which 90% of the strains are inhibited were 0.03 to 0.12 \(\mu\)g/ml. If one utilizes the MEC of 0.02 \(\mu\)g/ml, as reported by Zhanel and colleagues (30), then the time spent above the MEC would be throughout the dosing interval.

\begin{table}[h]
\centering
\begin{tabular}{|c|c|c|c|c|c|}
\hline
Drug dose (mg/kg) & \(C_{\text{max}}^{a}\) (ng/ml) & \(C_{\text{AUC0-72}}^{c}\) (ng/ml) & AUC_{0-72} (ng/ml \cdot h) & \(t^{b}\) (liter) & CL (liter/h) & \(t_{1/2}\) (b) \\
\hline
1 & 3,563 ± 644 & 44 ± 22 & 10,064 ± 786 & 2.3 ± 0.18 & 0.281 ± 0.02 & 5.8 ± 0.65 \\
5 & 16,677 ± 2,007 & 312 ± 40 & 53,146 ± 4,430 & 3.1 ± 0.10 & 0.270 ± 0.02 & 8.2 ± 0.86 \\
10 & 27,552 ± 2,719 & 610 ± 67 & 98,059 ± 3,286 & 3.7 ± 0.22 & 0.286 ± 0.00 & 8.9 ± 0.47 \\
20 & 51,247 ± 2,100 & 1,294 ± 166 & 197,164 ± 8,091 & 5.0 ± 0.35 & 0.291 ± 0.01 & 11.9 ± 0.35 \\
\hline
\end{tabular}
\caption{Noncompartmental pharmacokinetics of LY in plasma after administration of single doses to healthy rabbits$^a$}
\end{table}

$^a$ All values are given as means ± SEMs for three rabbits.
$^b$ \(P < 0.001\) by Kruskal-Wallis nonparametric ANOVA for comparison of all four values.
$^c$ \(P < 0.001\) by Kruskal-Wallis nonparametric ANOVA for comparison of all four values.
$^d$ \(P < 0.005\) by Kruskal-Wallis nonparametric ANOVA for comparison of all four values.
The trend toward increased lung weight at 10 and 20 mg/kg/day was not associated with increased pulmonary infarct scores. Instead, there was marked pulmonary edema in lungs at 20 mg/kg/day and to a lesser extent at 10 mg/kg/day. As pulmonary edema is not typically a component of invasive aspergillosis in profoundly neutropenic hosts, the effect may be drug-related pulmonary edema. Consistent with this possibility are the findings that survival was consistently improved in rabbits treated with 1, 5, and 10 mg/kg/day. However, survival decreased precipitously to that of untreated controls in rabbits treated with 20 mg/kg/day.

The efficacy and safety of lipid formulations of AmB have been investigated previously in this rabbit model (1, 9, 17). For example, persistently neutropenic rabbits treated with unilamellar liposomal AmB (AmBisome) at 1, 5, and 10 mg/kg/day demonstrated survival of 80, 100, and 80%, respectively. There was a significant dose-response relationship in the reduction of pulmonary injury, as well as a significant reduction in the levels of A. fumigatus in tissue. Rabbits treated with LY did not achieve this level of survival or reduction of tissue burden. Nevertheless, in comparison to untreated controls, LY improved survival and reduced organism-mediated pulmonary injury with minimal toxicity, particularly when used in a prophylactic model.

The experiments performed to investigate the efficacy of LY in prophylaxis against aspergillosis suggest that this echinocandin may have a useful preventive role. Given the absence of apparent toxicity at dosages of ≤10 mg/kg/day and its broad spectrum of activity against Candida spp. and Aspergillus spp., LY303366 warrants further consideration for prevention of invasive fungal infections in neutropenic patients.

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REFERENCES