In Vitro Susceptibilities of 27 Rickettsiae to 13 Antimicrobials

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The MICs of 13 antibiotics (doxycycline, thiamphenicol, rifampin, amoxicillin, gentamicin, co-trimoxazole, ciprofloxacin, pefloxacin, ofloxacin, erythromycin, josamycin, clarithromycin, and pristinamycin) were determined for 27 available rickettsial species or strains. We used two in vitro cell culture methods described previously: the plaque assay and the microplate colorimetric assay. Our results confirm the susceptibility of rickettsiae to doxycycline, thiamphenicol, and fluoroquinolones. Beta-lactams, aminoglycosides, and co-trimoxazole were not active. Typhus group rickettsiae were susceptible to all macrolides tested, whereas the spotted fever group rickettsiae, R. bellii, and R. canadensis were more resistant, with josamycin, a safe alternative for the treatment of Mediterranean spotted fever, being the most effective compound. Strain Bar 29, R. massiliae, R. montana, R. aeschlimannii, and R. rhipicephali, which are members of the same phylogenetic subgroup, were more resistant to rifampin than the other rickettsiae tested. Heterogeneity in susceptibility to rifampin, which we report for the first time, may explain in vivo discrepancies in the effectiveness of this antibiotic for the treatment of rickettsial diseases. We hypothesize that rifampin resistance and erythromycin susceptibility may reflect a divergence during the evolution of rickettsiae.

All members of the genus Rickettsia are obligate gram-negative intracellular bacteria. The genus comprises typhus group rickettsiae which includes R. prowazekii, the agent of epidemic typhus, and R. typhi, the agent of murine typhus; R. tsutsugamushi, reclassified as Orientia tsutsugamushi (41), the agent of scrub typhus; and spotted fever group (SFG) rickettsiae. For three species, classification remains to be firmly established: R. canadensis and R. bellii, which were previously classified in the typhus and SFG rickettsiae, respectively, and which may represent new groups (35); and R. felis, the agent of pseudotyphus described in 1994 in California (38).

The number of recognized SFG rickettsioses has recently increased. The six SFG rickettsioses previously described are Rocky Mountain spotted fever caused by R. rickettsii, Mediterranean spotted fever caused by R. conorii, Siberian tick typhus caused by R. sibirica, Israeli spotted fever caused by R. conorii, serotype Israeli, Queensland tick typhus caused by R. australis, and rickettsialpox caused by R. akari. Since 1984, six new SFG rickettsioses were described: the Japanese spotted fever caused by R. japonica described in 1984 (43), Flinders Island spotted fever caused by R. honei described in 1991 (40), Asthakhan fever caused by R. conorii serotype Asthakhan reported in 1991 (41), African tick-bite fever caused by R. africae described in 1992 (17), a new spotted fever due to “Rickettsia mongolotimonae” reported in 1996 (31, 48) in France, and very recently, R. slovaca isolated in our laboratory from a tick from a patient (32). Other SFG rickettsioses isolated from arthropods include R. rhipicephali, R. montana, R. parkeri, and Thai tick typhus rickettsiae and, more recently, R. massiliae isolated in the Mediterranean area (2), R. helvetica isolated in Switzerland (1), strain Bar 29 isolated in Spain (3), and R. aeschlimannii isolated in Morocco (4).

Tetracyclines remain the antibiotics of choice for the treatment of rickettsial diseases, with fluoroquinolones used as alternative drugs (29). Adverse effects from both tetracyclines and fluoroquinolones limit their use, and these antibiotics are contraindicated in pregnant women and young children. Chloramphenicol, which has been proposed as an alternative, is poorly effective in vitro and may induce bone marrow aplasia. Josamycin has been used successfully to treat pregnant women and children suffering from Mediterranean spotted fever (5). There is a need for reliable therapeutic alternatives to tetracyclines for other rickettsial diseases and for drugs that can be administered to children and pregnant women. Reports of the in vitro susceptibilities of the rickettsiae are limited, and only a few species (mainly R. conorii and R. rickettsii) have been extensively studied (3, 20). Here we report the first extensive study evaluating the in vitro susceptibilities of all known rickettsial species and describe the heterogeneity of the antibiotic susceptibilities among the rickettsiae.

MATERIALS AND METHODS
Antibiotic preparation. Stock solutions of the 13 antibiotics to be tested were prepared and stored at −20°C. The antibiotics used were doxycycline (Pfizer, Neuilly, France), gentamicin (Dakota Pharm, Creteil, France), rifampin (Cassene, Puteaux, France), erythromycin (Abbott Laboratories, Rungis, France), co-trimoxazole (Roche, Paris, France), thiamphenicol (Sanofi Winthrop, Gentilly, France), amoxicillin (Becheham Laboratories, Nanterre, France), pefloxacin (Rhône Poulenc Rorer, Neuilly sur Seyne, France), ofloxacin (Diamant, Puteaux, France), ciprofloxacin (Bayer Pharma, Sens, France), clarithromycin (Abbott Laboratories), josamycin (Rhône Poulenc Rorer), and pristinamycin (Rhône Poulenc Rorer). Stock solutions were prepared by solubilization of antibiotic powders in sterile distilled water; however, clarithromycin, josamycin, and pristinamycin were first dissolved in methanol before being diluted in sterile distilled water. Final antibiotic solutions were made up fresh before use by dilution of concentrated stock solutions in Eagle’s minimal essential medium (MEM) supplemented with 4% fetal calf serum and 2 mM L-glutamine.

Rickettsial strains. The rickettsial strains studied are listed in Table 1. They were grown in Vero cell monolayers cultured in MEM supplemented with 4% fetal calf serum and 2 mM L-glutamine. Cell cultures were incubated at 32°C, and the rates of infection of the Vero cells were monitored daily by Gimenez staining (9) of cell samples obtained by gentle scraping of the cell monolayers. Rickettsiae were harvested after 3 to 6 days of incubation of cell cultures, when multiplication was optimal.

order to perform susceptibility tests by both the plaque assay and the dye uptake assay, we adapted these species to different cell cultures to obtain plaque formation. Infected Vero cells were harvested in MEM, mechanically disrupted, and centrifuged at 700 x g for 10 min, and the supernatant was pelleted by centrifugation at 7000 x g for 10 min. Some supernatants were inoculated onto L929 cell monolayers cultured in MEM with 4% fetal calf serum and 2 mM L-glutamine. After 1 h of gentle agitation at room temperature, 25 ml of fresh medium was added to the cultures, which were incubated at 32°C for 5 to 7 days. The procedure was repeated until cytopathic effects on L929 cells became apparent. Rickettsiae were then harvested, purified as described above, and inoculated into Vero cells. Further passages in Vero cell cultures were carried out as described above until cytopathic effects occurred in this cell line.

**Antibiotic susceptibility testing.** The bacteriostatic activities of 13 antibiotics were evaluated by a dye uptake assay and a plaque assay as described previously (26). During antibiotic challenges, the lack of toxic effects of each antibiotic on Vero cells was verified.

(i) **Plaque assay.** Confluent Vero cells, which were grown in MEM supplemented with 4% fetal calf serum and 2 mM L-glutamine in petri dishes, were inoculated with rickettsiae so that 2000 PFU of rickettsiae was added to each well of the second row, 200 PFU was added to each well of the third row, and 20 PFU was added to each well of the fourth row. The first row contained only MEM and was used as an uninfected control. Supernatants were harvested from plates 7 to 10 days following infection with rickettsiae. Four serial dilutions of each antibiotic were tested. The plates were incubated for 5 to 7 days at 37°C in a % CO2 incubator, then the cell culture supernatant of each well was replaced by 100 ml of phosphate-buffered saline (pH 7.2). After 20 h of incubation, the optical density (OD) at 492 nm of the cell supernatant in each well was determined with a spectrophotometer. The MIC was the lowest concentration of antibiotic causing complete inhibition of plaque formation. Experiments were carried out in duplicate to verify the results.

(ii) **Dye uptake assay.** Vero cells, grown in MEM supplemented with 4% fetal calf serum and 2 mM L-glutamine in microtiter plates, were inoculated with rickettsiae so that 2000 PFU of rickettsiae was added to each well of the second row, 200 PFU was added to each well of the third row, and 20 PFU was added to each well of the fourth row. The first row contained only MEM and was used as an uninfected control. Supernatants were harvested from plates 7 to 10 days following infection with rickettsiae. Four serial dilutions of each antibiotic were tested. The plates were incubated for 5 to 7 days at 37°C in a % CO2 incubator, then the cell culture supernatant of each well was replaced by 100 ml of phosphate-buffered saline (pH 7.2). After 20 h of incubation, the optical density (OD) at 492 nm of the cell supernatant in each well was determined with a spectrophotometer. The MIC was the lowest concentration of antibiotic causing complete inhibition of plaque formation. Experiments were carried out in duplicate to verify the results.

### RESULTS

**Plaque formation with R. africae, strain Bar 29, R. aesculaminii, “R. mongolotimonae,” R. japonica, and R. slovaca in L929 and Vero cells.** Attempts to produce cytopathic effects and plaque formation with the species *R. africae*, strain Bar 29, *R. aesculaminii*, “*R. mongolotimonae*,” *R. japonica*, and *R. slovaca* in L929 and Vero cells were successful. Plaque formation in L929 cells occurred after the first passage for *R. japonica* and after the second passage for the other strains. Plaque formation in Vero cells inoculated with L929 cell-adapted rickettsiae appeared after the second passage for *R. japonica*, the fourth passage for *R. africae* and strain Bar 29, and the fifth passage for “*R. mongolotimonae*,” *R. aesculaminii*, and *R. slovaca*. Cytopathic effects were visible in Vero cells after 7 to 10 days following infection with rickettsiae.

**Plaque morphology.** The time for plaque formation and the sizes of the plaques varied among the different rickettsial species studied. In the first group, including *R. rickettsii*, *R. conorii* (Moroccan, M1, and Seven strains), *R. australis*, Thai tick typhus rickettsia, Astrakhan fever rickettsia, *R. honei*, *R. israeli*, *R. montana*, *R. parkeri*, and *R. bellii*, plaque formation occurred within 5 days after infection, and the plaques were 2 to 3 mm in diameter. In contrast, in the second group, including *R.
TABLE 2. In vitro susceptibilities of rickettsiae to antibiotics

<table>
<thead>
<tr>
<th>Antibiotic</th>
<th>Group 1</th>
<th>Group 2</th>
<th>Group 3</th>
<th>Group 4</th>
<th>Group 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doxycycline</td>
<td>0.06–0.125</td>
<td>0.06–0.125</td>
<td>0.06–0.25</td>
<td>0.06–0.25</td>
<td>0.06–0.125</td>
</tr>
<tr>
<td>Gentamicin</td>
<td>0.5–2</td>
<td>0.5–2</td>
<td>0.5–4</td>
<td>0.5–2</td>
<td>1–2</td>
</tr>
<tr>
<td>Rifampin</td>
<td>0.06–1</td>
<td>0.03–0.5</td>
<td>0.06–0.5</td>
<td>2–4</td>
<td>0.06–0.25</td>
</tr>
<tr>
<td>Amoxicillin</td>
<td>128</td>
<td>128–256</td>
<td>128–256</td>
<td>128–256</td>
<td>128</td>
</tr>
<tr>
<td>Erythromycin</td>
<td>2–8</td>
<td>2–8</td>
<td>2–8</td>
<td>1–8</td>
<td>0.125–1</td>
</tr>
<tr>
<td>Clarithromycin</td>
<td>1–4</td>
<td>0.5–4</td>
<td>0.5–4</td>
<td>0.5–2</td>
<td>0.5–1</td>
</tr>
<tr>
<td>Josamycin</td>
<td>0.5–1</td>
<td>0.5–1</td>
<td>0.5–1</td>
<td>0.5–2</td>
<td>0.5–1</td>
</tr>
<tr>
<td>Pristinamycin</td>
<td>1–4</td>
<td>1–8</td>
<td>2–4</td>
<td>1–4</td>
<td>2–4</td>
</tr>
<tr>
<td>Ciprofloxacin</td>
<td>0.5–1</td>
<td>0.5–1</td>
<td>0.25–1</td>
<td>0.25–1</td>
<td>0.5–1</td>
</tr>
<tr>
<td>Ofloxacin</td>
<td>0.5–1</td>
<td>0.5–1</td>
<td>0.25–2</td>
<td>0.5–2</td>
<td>1</td>
</tr>
<tr>
<td>Pefloxacin</td>
<td>0.5–2</td>
<td>0.5–1</td>
<td>0.5–1</td>
<td>0.5–1</td>
<td>1</td>
</tr>
</tbody>
</table>

* MIC ranges determined by both the plaque assay and the dye uptake assay.

For co-trimoxazole, MICs are of sulfamethoxazole/trimethoprim.

The results of the studies of the in vitro susceptibilities of rickettsiae to antibiotics are summarized in Table 2. The antibiotics tested in the dye uptake and the plaque assay were not toxic for the vero cells at the concentrations used. Results obtained from the dye uptake endpoint were identical to or within one twofold dilution of the plaque assay results. Sensitivities to amoxicillin, gentamicin, and co-trimoxazole were poor. A bacteriastic effect was shown with amoxicillin at concentrations of 128 to 256 μg/ml and with gentamicin at concentrations of 4 to 16 μg/ml. Doxycycline was the most effective antibiotic against all strains tested, with MICs ranging from 0.06 to 0.25 μg/ml. The MICs of thiamphenicol ranged from 0.5 to 4 μg/ml, while the MICs of pristinamycin were 0.5 to 1 μg/ml and those of clarithromycin were 0.5 to 4 μg/ml. Erythromycin at concentrations ranging from 2 to 8 μg/ml was bacteriostatic for most of the rickettsial strains tested, whereas thymus group rickettsiae were more susceptible (MICs, 0.125 to 1 μg/ml).

Susceptibilities to rifampin varied, with R. prowazekii, R. typhi, R. canadensis, R. bellii, and most SFG rickettsiae being susceptible to rifampin (MIC range, 0.03 to 1 μg/ml), while R. massiliae, R. montana, R. rhipicephali, R. aesculnannii, and strain Bar 29 were more resistant (MICs, 2 to 4 μg/ml).

**DISCUSSION**

Rickettsiae are gram-negative bacteria primarily associated with arthropods, which are the vectors for human infections. Since they are obligate intracellular bacteria, in vitro studies of their susceptibilities to antibiotics necessitate the use of cell culture systems. Only limited studies of the in vitro antibiotic susceptibilities of SFG rickettsiae other than R. conorii and R. rickettsii have been reported (3, 20). On the other hand, the number of SFG rickettsiae has recently increased as new species have been isolated by the shell vial centrifugation technique (19) and characterized by genomic studies (34, 35). The aim of our study was to determine the antibiotic susceptibilities of most of the rickettsial species described to date and to evaluate the variability in antibiotic susceptibilities among these organisms. Only R. a. mitis, R. felis, and the AB bacteria, which were not available to us, were excluded from our study.

Previous reports have indicated that R. japonica (43), R. a. aeclis, and strain Bar 29 (3) did not cause cytopathic effects on Vero cell monolayers. In our study we were able to adapt R. a. aeclis, strain Bar 29, R. a. aesculnannii, "R. mongolotimonae," R. japonica, and R. slovaca to Vero cells and to induce cytopathic effects and plaque formation. Thus, all rickettsial species studied produced plaques, although we found two typical plaque morphologies. Large plaques were obtained with R. conorii and R. rickettsii strains, as described previously (44), and also with R. australis, Thai tick typhus rickettsia, Astrakhan fever Rickettsia, R. honei, R. israeli, R. montana, R. parkeri, and R. bellii. In contrast, the plaques produced by R. canadensis and R. a. aesculnannii, strain Bar 29, R. rhipicephali, R. slovaca, "R. mongolotimonae," R. australis, R. japonica, R. a. aesculnannii, R. massiliae, and R. helvetica were smaller and resembled those observed with thymus group rickettsiae (44). Such discrepancies were reported previously (44), and the investigators hypothesized that the culture conditions and the nature of the host cells may influence the metabolism and pathogenicity of rickettsiae.

Although beta-lactams and aminoglycosides are not effective in the treatment of rickettsial diseases, we found that high concentrations of both gentamicin and amoxicillin caused rickettsiostatic activity. Wiseman et al. (45) have shown that both penicillin G and gentamicin at concentrations of 100 and 10 μg/ml, respectively, have significant inhibitory actions on R. prowazekii plaque formation, and they have shown (46) that penicillin G induces the formation of spheroplasts. Co-trimoxazole was not effective against any of the strains tested in our study, which is consistent with the results of previous experiments with R. rickettsii and R. conorii (26). Furthermore, isolation of SFG rickettsiae from ticks by use of co-trimoxazole in the culture medium to prevent overgrowth of bacterial contaminants has been reported (16), and Ruiz Beltran and Herrero Herrero (37) reported that co-trimoxazole is ineffective in the treatment of rickettsioses. Thiamphenicol was found to be less effective than its analog compound chloramphenicol (26), which has long been considered an alternative antibiotic for the treatment of patients with rickettsial diseases. The potential risk of aplastic anemia in patients treated with this drug has limited its use, however, and a relapse has been reported in a patient in Israel with Mediterranean spotted fever treated with chloramphenicol (39).

Previous experiments with R. conorii and R. rickettsii strains have shown that tetracyclines are the most effective antibiotics against these organisms (26, 28), and doxycycline remains the first-line antibiotic therapy for patients with rickettsial diseases. In our study, doxycycline was highly effective against all the strains tested. However, Yagupsky and Gross (47) described a child in Israel with an SFG rickettsiosis who was treated with a 3.5-day course of doxycycline and who subsequently suffered a relapse of the disease, which indicates that the in vivo activity of doxycycline may be only rickettsiostatic.
Our results show that fluoroquinolones are very effective against rickettsiae and confirm previous experiments with *R. rickettsii* and *R. conorii* (13, 21, 24, 26, 30). Patients suffering from Mediterranean spotted fever have been successfully treated with ciprofloxacin (10, 25, 36), ofloxacin (7), and pefloxacin (14). Fluoroquinolones may be considered a safe alternative to tetracyclines for the treatment of rickettsial diseases. However, the potential toxicity of doxycycline and fluoroquinolones contraindicate their use during pregnancy and childhood. The macrolide compounds may represent a safe alternative for this population. However, a wide variability in the susceptibilities of SFG rickettsiae to macrolides has been described previously (20, 26, 27). Our results confirm that typhus group rickettsiae are susceptible to macrolide compounds, whereas SFG rickettsiae are more resistant. Variability in the results of in vitro studies on the rickettsiostatic activities of the newer macrolide compounds clarithromycin and azithromycin against *R. conorii* and *R. rickettsii* have been reported (12, 18, 20). In our study, josamycin was the most effective macrolide against the SFG rickettsiae. Two macrolide antibiotics, erythromycin and josamycin, have been evaluated in vivo (5, 22). Studies have reported clinical failures with erythromycin against Mediterranean spotted fever (22, 23), whereas josamycin proved to be useful both in adults and in children (5). Josamycin may represent a safe alternative for the treatment of other rickettsial diseases in children and pregnanat women, but clinical trials are needed.

Susceptibility to rifampin also varied, with *R. massiliae*, strain Bar 29, *R. rhipicephali*, *R. aesculimannii*, and *R. montana* being more resistant than the other rickettsiae. These results are comparable to those of previous experiments with *R. rickettsii*, *R. conorii*, and strain Bar 29 (3, 26). Bella et al. (6) reported therapeutic failures with rifampin administration to children with Mediterranean spotted fever in Catalonia in Spain. We suggest that such therapeutic failures are due to rifampin-resistant rickettsiae, because acquired resistance to rifampin, yet to be studied in rickettsiae, has been shown to occur in *Mycobacterium tuberculosis*, *Mycobacterium leprae*, *Escherichia coli*, and *Neisseria meningitidis* with mutations in the *rpoB* gene encoding the beta subunit of the RNA polymerase (8, 11, 15, 42). These mutations prevent rifampin from binding to the target enzyme and thereby inhibit its activity.

It is noteworthy that all rifampin-resistant strains belonged to a single phylogenetic subgroup (Fig. 1) that we have recently described (33, 35). Rifampin resistance may then reflect a divergence during the evolution of this subgroup in the gene encoding the RNA polymerase. Likewise, we hypothesize that the high levels of susceptibility of *R. typhi* and *R. prowazekii* to macrolides compared to those of the other rickettsiae tested may reflect a divergent strategic evolution involving susceptibility to macrolide antibiotics.

In summary, our report describes the antibiotic susceptibilities of most rickettsial species to a number of antibiotics. Our results confirm the in vitro activities of doxycycline, fluoroquinolones, and josamycin, which are currently used against SFG rickettsioses. We have shown for the first time variability in susceptibility to rifampin. In vivo discrepancies in the effectiveness of rifampin for the treatment of rickettsial diseases may be due to rifampin-resistant strains, although further studies with people are needed to validate this hypothesis. The availability of a larger number of strains in the future should allow further evaluation of variability in susceptibilities to antibiotics among *Rickettsia* species.

**ACKNOWLEDGMENT**

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