Candidal Activities of Human Lactoferrin Peptides Derived from the N Terminus

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In light of the need for new antifungal agents, the candidacidal activities of human lactoferrin (hLF) and synthetic peptides representing the first, hLF(1-11), and second, hLF(21-31), cationic domains of its N terminus were compared. The results revealed that hLF(1-11) was more effective in killing fluconazole-resistant Candida albicans than hLF(21-31) and much more effective than lactoferrin, as determined microbiologically and by propidium iodide (PI) staining. By using hLF(1-11) and various derivatives, it was found that the second and third residues of the N terminus of hLF(1-11) were critical for its candidacidal activity. Detailed investigation to elucidate the mechanism of action of hLF(1-11) revealed a dose-dependent release of ATP by Candida upon exposure to hLF(1-11). Our observations that sodium azide reduced the PI uptake and candidacidal activity of hLF(1-11) and that, upon exposure to hLF(1-11), the fluorescent dye rhodamine 123 first accumulated inside the mitochondria and later was released into the cytoplasm indicate that the peptide triggers the energized mitochondrion. Furthermore, oxidized ATP, which interferes with the interaction of ATP with its extracellular receptors, blocked the candidacidal action of hLF(1-11), as measured microbiologically and by PI staining. Addition of ATP (or analogues) was not a sufficient stimulus to kill C. albicans or to act synergistically with suboptimal concentrations of the peptide. The main conclusions are that the first two arginines at the N terminus of hLF are critical in the candidacidal activity of hLF(1-11) and that extracellular ATP is essential but not sufficient for the peptide to exert its candidacidal activity.

Candida albicans is an opportunistic pathogen that causes mucosal and systemic infections in individuals undergoing immunosuppressive therapy for cancer or organ transplantation and in human immunodeficiency virus (HIV)-infected patients. The majority of HIV-infected patients (60 to 80%) develop one or more fungal infections during their illness, the most frequent being oropharyngeal candidiasis (8, 35, 38). Such an infection is so frequently associated with AIDS that it can be considered a criterion for the progression towards AIDS (12). Fungal infections are widely treated with triazole antifungal agents, such as fluconazole. Unfortunately, long-term therapies have led to the emergence of fluconazole-resistant C. albicans strains that are cross resistant not only to other azoles but also to amphotericin B (26). This points to a pressing need for new antifungal agents, e.g., antimicrobial proteins or peptides (20, 21). The 77-kDa antimicrobial protein lactoferrin is part of the innate defense system and is provided to newborns by breast-feeding. It is an iron-binding glycoprotein synthesized by mucosal gland epithelial cells and neutrophils (37) and released by the latter cell type in response to inflammatory stimuli (6, 32). Its role in the innate defense system seems to be related to (i) limitation of the availability of environmental iron (7), (ii) modulation of the innate and specific immune defense systems (37), (iii) neutralization of endotoxin (45), and (iv) release of peptides with microbicidal activity. Indeed, both human lactoferrin (hLF) and bovine lactoferrin, when subjected to pepsinolysis, release the antimicrobial peptides lactoferricin H (residues 1 to 47) and lactoferricin B (residues 17 to 41), respectively (2). Since cationic domains are commonly present in natural antimicrobial peptides (33), it should be noted that lactoferricin H contains two cationic domains (residues 2 to 5 and residues 28 to 31) and lactoferricin B contains one (residues 17 to 41). Recent studies indicated that peptides of bovine lactoferrin origin (23), as well as synthetic peptides that include the first (P. H. Nibbering, E. Ravensbergen, M. M. Welling, L. A. van Berkel, P. H. C. van Berkel, E. K. J. Pauwels, and J. H. Nuijens, Annu. Meet. Dutch Soc. Immunol., abstr. 1b, 1999) or second cationic domain of hLF (9), are more effective in killing bacteria than the native protein. Peptides containing the first cationic domain of hLF are even more effective in killing bacteria than peptides containing the second domain, as shown in vitro and in vivo experiments (Nibbering et al., Annu. Meet. Dutch Soc. Immunol., 1999). The exact mechanism by which hLF peptides exert their bactericidal activity is not known. A number of antimicrobial peptides have been shown to bind cell wall components of gram-positive and gram-negative bacteria (19) and C. albicans (15), and lactoferrin receptors on a variety of cells have been described (17, 30, 36, 37). Previous studies have shown that the cytotoxic activity of human neutrophil defensins 1 to 3 against C. albicans (29), bacteria (41), and tumor cells (31) is energy dependent. A similar observation has been reported for the action of the antimicrobial peptide histatin 5 against C. albicans (18, 22, 27). In general, the mechanism of action of antimicrobial peptides is thought to involve an increase in membrane potential and permeability (19, 44) and, recently, the antimicrobial mechanism has been putatively associated with conductive ATP transport (27). Although these data may offer a unifying principle for the mechanism of action of antimicrobial peptides, it cannot be concluded that hLF peptides kill C. albicans by a similar mechanism. Indeed, some peptides,
such as bactenecin and indolcin, do not permeabilize the cytoplasmic membrane, suggesting a different mechanism of action (44).

The present study was undertaken (i) to compare the ability of hLF and synthetic peptides representative of the first and second cationic domains of hLF to kill a fluconazole-resistant C. albicans strain, (ii) to delineate the essential residues in the N-terminal peptide of hLF for candidacidal activity, and (iii) to gain more insight into the role of extracellular ATP (ATPc) and energized mitochondria in the candidacidal action of hLF-related peptides.

MATERIALS AND METHODS

Lactoferrin and synthetic peptides. Human lactoferrin (molecular mass, 77 kDa) was purified from fresh milk of a single donor as previously described (40). hLF, which was free of contamination with endotoxin or human lysozyme (44) and found to be pure by using sodium dodecyl sulfate-polyacrylamide gel electrophoresis, was dialyzed against saline and stored at −70°C at a concentration of approximately 20 mg/ml. The synthetic peptides used were as follows: peptides corresponding to residues 1 to 11 of hLF (GRRRRSVQWCA; molecular mass, 1,494 Da), representative of the first cationic domain and further referred to as hLF(1-11), and fragments thereof lacking, respectively, the first, the first two, and the first three N-terminal residues [hLF(2-11), hLF(3-11), and hLF(4-11)]; hLF(1-11) peptides comprised of alamines instead of arginines at positions 2 and/or 3 [hLF(1-11)A2, hLF(1-11)A3A, and hLF(1-11)A2A3A]; and peptides corresponding to residues 21 to 31 (FWQRNRMRKVR; molecular mass, 1,567 Da), representative of the second cationic domain. These peptides were prepared and purified as described previously (13; Nibbering et al., Ann. Meet. Dutch Soc. Immunol., 1999). The purity of the various peptides usually exceeded 85%, as determined by reverse-phase high-performance liquid chromatography. Stocks of the synthetic peptides at a concentration of 1 mg/ml of 0.01% acetic acid (HAc; pH 3.7) were stored at −20°C and, immediately before use, dried in a Speed-Vac (Savant Instruments Inc., Farmingdale, N.Y.). Synthetic peptides were prepared protegrin-1 (RGGRLCYCRRFCVCVGR; molecular mass, 2,161 Da), representative of the second cationic domain and further referred to as P1; hLF(1-11) peptides comprised of alanines instead of arginines at positions 2 and/or 3 [hLF(1-11)A2, hLF(1-11)A3A, and hLF(1-11)A2A3A]; and peptides corresponding to residues 21 to 31 (FWQRNRMRKVR; molecular mass, 1,567 Da), representative of the second cationic domain. These peptides were prepared and purified as described previously (13; Nibbering et al., Ann. Meet. Dutch Soc. Immunol., 1999). The purity of the various peptides usually exceeded 85%, as determined by reverse-phase high-performance liquid chromatography. Stocks of the synthetic peptides at a concentration of 1 mg/ml of 0.01% acetic acid (HAc; pH 3.7) were stored at −20°C and, immediately before use, dried in a Speed-Vac (Savant Instruments Inc., Farmingdale, N.Y.). Synthetic peptides were prepared protegrin-1 (RGGRLCYCRRFCVCVGR; molecular mass, 2,161 Da), and peptide 4 (RPVSTQSSLNLSLAEFVE) of molecular mass, 2,171 Da; part of gp120 from HIV type 1) were used as the positive and negative controls, respectively.

Sodium azide, benzoyl-benzoyl ATP (BzATP), periodate-oxidized ATP (oATP), and adenosine 5′-O-(3-thiotriphosphate) (ATPgS) were purchased from Sigma Chemical Co. (St. Louis, Mo.). ATP was purchased from Molecular Probes (Eugene, Oreg.). Stocks of BzATP, oATP, ATPs, and ATP at a concentration of 100 mM were prepared in phosphate-buffered saline and stored at −20°C until use.

Source of C. albicans strain. Fluconazole-resistant C. albicans strain Y01-19 was purchased from Pfizer (Groton, Conn.). The yeast was identified using Candidasorb (Sanofi Pasteur, Paris, France) and confirmed by demonstration of a typical C. albicans pattern of sugar utilization (API ID 32C; bioMerieux, Marcy l’Etoile, France), its adherence to a sterile plate, and its growth in the E-test (Oxoid Unipath Ltd., Basingstoke, United Kingdom). Yeasts were cultured overnight in Sabouraud broth (Oxoid) at 37°C and subcultured for 2.5 h on a rotary wheel at 37°C.

Assay for candidacidal activities of hLF and related peptides. An in vitro assay was used to assess the candidacidal activities of hLF and related peptides. Briefly, yeast cells were harvested in mid-log phase by centrifugation at 1,500 × g for 10 min, washed twice in 10 mM sodium phosphate buffer (NaPB; pH 7.4), and diluted to a concentration of 107 cells/ml of NaPB supplemented with 2% Sabouraud broth. Equal volumes of this suspension and various concentrations of hLF or related peptides were mixed. Where indicated, the mixture was incubated for an additional 3 min. Extracellular and intracellular ATP levels were measured by luminescence using an ATP determination kit (Molecular Probes) according to the manufacturer’s instructions. A luciferin-luciferase assay mixture (180 μl) was added to 20 μl of cell lysates or extracellular medium. 150 μl of each sample was transferred into a 96-well microplate, and light emitted was monitored using a 1420 Multilabel Counter Victor2 luminometer (EG&G Wallac, Turku, Finland). Results were measured as bioluminescence relative light units, and ATP concentrations were calculated using a standard curve constructed with various concentrations of ATP.

Statistical analysis. Differences between the values for hLF(1-11) and fragments thereof were analyzed using the Mann-Whitney U test. The level of significance was set at a P value of <0.05. Correlation between the percent PI-positive cells and ATPc was analyzed using the Spearman rank test.

RESULTS

Candidacidal activities of hLF and related peptides. For comparison we first determined the candidacidal activity of native lactoferrin using killing assays. The present study revealed that the candidacidal activity of the intact protein, even at concentrations of up to 40 μM for a prolonged incubation time (24 h), was rather poor, reaching only a 40% reduction in the number of viable C. albicans cells. Although the native protein is not very active in killing C. albicans, hLF-derived peptides are believed to be more effective (3). The candidacidal activities of peptides representative of the first and second cationic domains of hLF were determined. The results of the dose-effect study revealed that hLF(1-11) is more efficient (P < 0.05) than...
hLF(21-31) in killing C. albicans, since it was necessary to use 10 times more hLF(21-31) than hLF(1-11) for a similar level of candidacidal activity. Next, to find out which N-terminal amino acids of hLF are essential in the candidacidal activity of the peptide comprising the first cationic domain, we compared the candidacidal activities of hLF(1-11) and fragments thereof. The results revealed that hLF(1-11), hLF(2-11), and hLF(3-11) each display candidacidal activity in a dose-dependent manner, without significant differences among these peptides (Fig. 1). However, hLF(4-11) displayed a significantly (P < 0.05) reduced killing activity compared to these other hLF peptides. In addition, hLF(1-11)2A and hLF(1-11)3A showed a significantly (P < 0.05) reduced killing activity compared to hLF(1-11), and hLF(1-11)2A/3A was completely inactive (Fig. 1).

Effect of hLF and related peptides on membrane permeability of C. albicans. To further confirm their candidacidal activity, the effect of hLF and related peptides on membrane integrity was monitored by determining the percentages of PI-positive C. albicans cells. Again, hLF(1-11) induced a higher percentage (P < 0.05) of PI-positive cells than did hLF(21-31). The percentage of PI-positive cells increased dose dependently after addition of the various peptides except for hLF(1-11)2A/3A (Fig. 1) and intact hLF (data not shown). It should be noted that even at the highest concentration, 34 μM, hLF(4-11), hLF(1-11)2A, and hLF(1-11)3A did not reach maximum values (Fig. 1).

Binding of 99mTc-labeled hLF and related peptides to C. albicans. To find out whether candidacidal activity could be correlated to binding of hLF and related peptides to C. albicans, we employed a binding assay using 99mTc-labeled peptides. To reduce the number of synthetic peptides evaluated in our further experiments, we decided to focus on hLF(1-11) and shorter fragments thereof, since such truncated forms of hLF occur in nature (24, 40). The results revealed that binding of hLF(1-11) and hLF(2-11) to C. albicans was, respectively, fourfold (P < 0.05) and twofold higher than that of hLF(3-11) and hLF(4-11) (Table 1). No difference in binding was found between hLF(1-11) and hLF(21-31) (Table 1). The binding of hLF(1-11) to Candida was twofold higher than that of intact hLF. The Spearman rank test revealed no correlation between binding and candidacidal activity.

Effect of hLF peptides on ATP levels. In order to obtain some understanding of the role of cellular metabolism in the candidacidal activity of hLF peptides, changes in the intracellular and extracellular ATP levels of Candida were quantified at different intervals up to 2 h after addition of hLF peptides. Intact hLF was not included in these experiments because it binds ATP (39); hLF(21-31) was not included because of its poor candidacidal activity. Time-response curves indicated that the major increase in ATP occurred within the first few minutes, with the ATP level reaching a steady state after about 15 min (Fig. 2). For this reason the effect of hLF(1-11) and frag-
TABLE 1. Binding of ⁹²ᵐTc-labeled hLF peptides to C. albicans

<table>
<thead>
<tr>
<th>Peptide*</th>
<th>Binding (at 4°C)</th>
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<tbody>
<tr>
<td>hLF(1-692)</td>
<td>18 ± 3</td>
</tr>
<tr>
<td>hLF(1-11)</td>
<td>31 ± 4</td>
</tr>
<tr>
<td>hLF(2-11)</td>
<td>17 ± 2</td>
</tr>
<tr>
<td>hLF(3-11)</td>
<td>8 ± 9</td>
</tr>
<tr>
<td>hLF(4-11)</td>
<td>8 ± 8</td>
</tr>
<tr>
<td>hLF(21-31)</td>
<td>38 ± 2</td>
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* hLF(1-692), native lactoferrin; hLF(1-11), peptide comprising first cationic domain of hLF; hLF(2-11), hLF(3-11), and hLF(4-11) are fragments of hLF (1-11); hLF(21-31), peptide comprising second cationic domain of hLF.

† Radioactivity associated with blastoconidia, expressed as a percentage of added ⁹²ᵐTc activity bound to 2 × 10⁷ yeasts (mean = standard deviation) (three experiments).

ments thereof on extracellular and intracellular ATP levels was monitored at 0, 2, and 15 min after addition of the peptide. The results revealed that hLF(1-11) induced a dose-dependent increase (P < 0.05) in the levels of ATPe (Fig. 2a), and maximum values were reached within 2 min. Similar results were obtained for hLF(2-11) and hLF(3-11) but not for hLF(4-11) (Fig. 2b). Interestingly, the intracellular ATP concentration, 0.5 ± 0.1 nM, did not change significantly after exposure to the various peptides. Furthermore, a significant (P < 0.001) correlation between the percentage of PI-positive cells and the level of ATPe induced after addition of hLF(1-11) was found (Fig. 3).

Effect of sodium azide on candidacidal activity of hLF(1-11).
To determine whether the candidacidal activity of hLF(1-11) is dependent on the metabolic activity of Candida, killing assays were performed in the presence of sodium azide, which blocks mitochondrial respiration. The results revealed that azide rescued (P < 0.05) the cells from the candidacidal activity of hLF (1-11), as assessed by microbiological assays and FACS analysis (Fig. 4), thus indicating that the killing activity of hLF(1-11) is dependent on cellular oxidative metabolism. Of course, the hLF(1-11)-induced increase of ATPe was completely blocked (P < 0.05) in the presence of azide. Furthermore, azide induced a twofold reduction (P < 0.05) of hLF(1-11) associated with C. albicans at 37°C, decreasing from 24% ± 4% to 13% ± 1% (three experiments).

Effect of oATP on candidacidal activity of hLF(1-11).
To assess the role of ATPe in the candidacidal activity of hLF(1-11), the effect of oATP, which irreversibly blocks the interaction between ATPe and extracellular receptors (28), was investigated microbiologically and by PI staining. Preincubation with 300 μM oATP conferred significant (P < 0.05) protection on C. albicans against hLF(1-11) in killing assays (Fig. 5). In addition, FACS analysis demonstrated that the percentage of hLF(1-11)-stimulated PI-positive cells was considerably decreased (P < 0.05) in C. albicans cells preincubated with oATP, indicating that pore formation is mediated by ATPe.

Candidacidal activity of ATP and ATP analogues. First, ATP and ATP analogues, such as BzATP and ATPγS, were used to evaluate whether ATPe alone was sufficient for inducing pores and killing of Candida. Second, the possible synergistic effects between ATP analogues and intact hLF or suboptimal concentrations of hLF(1-11) were investigated. Third, we evaluated whether ATP analogues were able to restore the candidacidal activity of hLF(1-11) for azide-incubated Candida. The results revealed no effects of ATP or ATP analogues in these experiments.

Effect of hLF(1-11) on mitochondrial membrane integrity.
To investigate the effect of hLF(1-11) on mitochondria of C. albicans, the mitochondrial fluorescent probe rhodamine 123 was used. Microscopic analysis revealed that cells preloaded with rhodamine 123 showed immediately after addition of hLF(1-11) the typical granular appearance indicative of a mitochondrial localization (Fig. 6a). Upon a 10-min incubation with hLF(1-11), rhodamine 123-treated C. albicans cells stained diffusely and homogeneously throughout the cytoplasm (Fig. 6b).

DISCUSSION

The main conclusion from the present results is that the candidacidal activity of hLF(1-11) depends on mitochondrial respiration and the subsequent rise in ATPe, with the latter event being essential but not sufficient to kill C. albicans. This conclusion is based on the following findings. First, ATP was released extracellularly in a dose-dependent fashion after the
addition of hLF(1-11), and a statistically significant correlation ($P < 0.001$) was found between peptide-stimulated PI-positive cells and the level of ATPe, suggesting that ATPe plays a role in pore formation. Analysis of ATPe induced by hLF(1-11) and fragments thereof confirmed this observation. hLF(4-11), which did not induce candidacidal activity or increase the percentage of PI-stained cells, indeed did not cause a release of ATP from Candida. Moreover, sodium azide, which is a specific inhibitor of cytochrome oxidase (43) that reduces oxygen consumption, inhibited the uptake of the peptide at 37°C and blocked the release of ATP in the medium, thus providing protection to cells against downstream events, such as the candidacidal activity of hLF(1-11) and pore formation, as evidenced by PI staining. These data strongly suggest that hLF(1-11) requires an energized mitochondrion for its candidacidal activity. Indeed, under anaerobic conditions the candidacidal activity of hLF(1-11) was considerably decreased (data not shown). To unequivocally demonstrate that hLF(1-11) targets the mitochondrion, rhodamine 123 was used. This fluorescent dye was accumulated by energized mitochondria immediately after addition of hLF(1-11) and was released into the cytoplasm during a 10-min incubation with hLF(1-11). Second, oATP was used to inhibit the interaction between ATPe and its receptors on Candida. The results revealed that preincubation with oATP conferred significant ($P < 0.05$) protection to C. albicans after addition of hLF(1-11) in killing assays. The direct involvement of ATPe in pore formation was demonstrated by the significant ($P < 0.05$) reduction in the percentage of PI-positive cells after preincubation of C. albicans with oATP. This demonstrates that oATP blocks the candidacidal effect of hLF(1-11) by inhibiting the interaction of ATPe with ATP binding sites. The main question that remains is whether these sites are purinergic receptors or other molecules present on C. albicans that are also affected by this ligand. An attractive possibility is P2X7 receptor-like molecules (14, 16), as suggested by Koshlukova et al. (27). Unfortunately, the National Center for Biotechnology Information database did not indicate the existence of a protein homologous to human P2X7 in Candida spp. or Saccharomyces cerevisiae. Third, analysis of the activity of ATP or ATP analogues revealed that (i) they did not show candidacidal activity, in agreement with observations by others (W. van ‘t Hof, Academic Centre for Dentistry, Department of Oral Biochemistry, Vrije Universiteit, Amsterdam, The Netherlands, personal communication) and in contrast with data recently shown (27); (ii) they had no synergistic effect

![Graph showing correlation between ATPe and PI-positive cells](image)

**FIG. 3.** Correlation between the percentage of PI-positive *C. albicans* cells and the level of ATPe induced after addition of various concentrations of hLF(1-11) (four experiments).
with hLF or suboptimal concentrations of hLF(1-11); and (iii) they were not able to restore the candidacidal activity that hLF (1-11) lost when in the presence of azide. These data suggest that ATPe is not sufficient for the induction of cell death.

Another conclusion to be drawn from the present results is that the first two arginines together play a key role in the candidacidal activity of peptides, e.g., hLF(1-11) derived from the N terminus of hLF, in agreement with our earlier findings for the antibacterial activity of hLF and related peptides (Nibbering et al., Annu. Meet. Dutch Soc. Immunol., 1999). This conclusion is based on the following results. Comparison of the candidacidal activities of hLF(1-11) and fragments lacking one or more of the first three N-terminal residues revealed that hLF(1-11), hLF(2-11), and hLF(3-11) showed comparable candidacidal activities and PI staining, whereas a significantly lower activity was found for hLF(4-11). Moreover, a significant reduction in the activity of hLF(1-11) was observed when the second and/or third N-terminal residues were replaced by alanine. The first and second residues seem to play a role in binding to Candida. The amounts of hLF(1-11) and hLF(2-11) bound to this microorganism were, respectively, fourfold and twofold greater than the values for hLF(3-11) and hLF(4-11). Although binding to C. albicans is required for the peptide to exert a candidacidal effect, no correlation was found between the candidacidal activity of hLF or related peptides and their binding to this microorganism. Indeed, little hLF(3-11) bound to Candida and it still had a good candidacidal activity, while hLF(1-11) and hLF(21-31) had similar binding but significantly different candidacidal activities. Another conclusion from the present results is that hLF-related peptides are much more effective than native hLF in killing fluconazole-resistant C. albicans. It should be realized that, even at higher concentrations and for longer incubation times, the candidacidal activity of hLF was rather poor. In addition, the peptide comprising the first cationic domain showed higher killing activity than the peptide comprising the second cationic domain, again in agreement with findings on the antibacterial activity (Nibbering et al., Annu. Meet. Dutch Soc. Immunol., 1999).

All these data taken together indicate that (i) hLF-derived peptides are more active than the native protein in killing C. albicans, and the peptide comprising the first cationic domain is more active than the peptide comprising the second cationic domain of hLF; (ii) the second and third N-terminal residues are essential in the activity of hLF(1-11); and (iii) the mechanism of action of peptides derived from the N terminus of hLF seems to involve a particular sequence of events. The peptide interacts with structural elements of the plasma membrane of blastoconidia and is taken up in an energy-dependent way; it triggers the energized mitochondrion to synthesize and secrete ATPe.
ATP; and it is released extracellularly, where it interacts with surface ATP binding sites, resulting in pore formation. These events, combined with the effects of hLF(1-11), induce progression towards cell death, possibly involving mitochondria (5).

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REFERENCES