Combination Therapy in Treatment of Experimental Pulmonary Aspergillosis: In Vitro and In Vivo Correlations of the Concentration- and Dose-Dependent Interactions between Anidulafungin and Voriconazole by Bliss Independence Drug Interaction Analysis

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We studied the antifungal activity of anidulafungin (AFG) in combination with voriconazole (VRC) against experimental invasive pulmonary aspergillosis (IPA) in persistently neutropenic rabbits and further explored the in vitro and in vivo correlations by using Bliss independence drug interaction analysis. Treatment groups consisted of those receiving AFG at 5 (AFG5 group) and 10 (AFG10 group) mg/kg of body weight/day, VRC at 10 mg/kg every 8 h (VRC group), AFG5 plus VRC (AFG5+VRC group), and AFG10 plus VRC (AFG10+VRC group) and untreated controls. Survival throughout the study was 60% for the AFG5+VRC group, 50% for the VRC group, 27% for the AFG10+VRC group, 22% for the AFG5 group, 18% for the AFG10 group, and 0% for control rabbits (P < 0.001). There was a significant reduction of organism-mediated pulmonary injury, measured by infarct scores, lung weights, residual fungal burdens, and galactomannan indexes, in AFG5+VRC-treated rabbits versus those treated with AFG5 and VRC alone (P < 0.05). In comparison, AFG10+VRC significantly lowered only infarct scores and lung weights in comparison to those of AFG10-treated animals (P < 0.05). AFG10+VRC showed no significant difference in other outcome variables. Significant Bliss synergy was found in vivo between AFG5 and VRC, with observed effects being 24 to 30% higher than expected levels if the drugs were acting independently. These synergistic interactions were also found between AFG and VRC in vitro. However, for AFG10+VRC, only independence and antagonism were observed among the outcome variables. We concluded that the combination of AFG with VRC in treatment of experimental IPA in persistently neutropenic rabbits was independent to synergistic at a dosage of 5 mg/kg/day but independent to antagonistic at 10 mg/kg/day, as assessed by Bliss independence analysis, suggesting that higher dosages of an echinocandin may be deleterious to the combination.

Invasive pulmonary aspergillosis is an important cause of morbidity and mortality in patients with cancer, hematopoietic stem cell transplantation, solid organ transplantation, and other immunodeficiencies (1, 4, 8, 13, 21, 36). Despite the use of single agents, such as amphotericin B, its lipid formulations, antifungal triazoles, and echinocandins, mortality associated with invasive pulmonary aspergillosis remains high (22, 32). Combination therapy with the echinocandins and triazoles may be more active against invasive aspergillosis than therapy with a single agent alone (10, 26). The echinocandins are a class of semisynthetic lipopeptide antifungal compounds that inhibit synthesis of (1→3)-β-D-glucan, a key component of the cell walls of most pathogenic fungi (6, 14).

The antifungal triazoles inhibit fungal cell membrane biosynthesis through inhibition of ergosterol formation at the level of lanosterol C14-demethylase (9, 17, 28, 29). Analysis of pharmacodynamic interactions poses a challenge to assessing the efficacy of combination therapy and its superiority over monotherapy. Robust mathematical pharmacodynamic models are powerful tools for the detection of synergistic and antagonistic interactions and for correlating in vivo data with in vitro data. Bliss independence drug interaction analysis, which is based on the probability theory for independent events, was previously used to correlate in vitro and in vivo data on the antagonistic combination of ravuconazole with amphotericin B against invasive aspergillosis (16).

We hypothesized that the simultaneous inhibition of the biosynthesis of key components of the fungal cell wall and cell membrane by the combination of an echinocandin and an antifungal triazole may result in a synergistic interaction in vitro and in vivo. We further hypothesized that Bliss independence analysis of this possible in vitro and in vivo interaction may provide a useful tool by which to assess probable syner-
gistic antifungal effects. We therefore examined the potential therapeutic utility of the combination of anidulafungin and voriconazole in the treatment of experimental invasive pulmonary aspergillosis in persistently neutropenic rabbits and studied the in vitro and in vivo correlations of this interaction by Bliss independence drug interaction analysis.

MATERIALS AND METHODS

Isolate. *A. fumigatus* isolate 4215 (ATCC MYA-1163), obtained from a patient with a fatal case of pulmonary aspergillosis, as previously described (26), was used in the experiments. The MIC of voriconazole (Pfizer Ireland Pharmaceuticals, Ringaskiddy, Ireland) and the minimum effective concentration of anidulafungin (Eraxis Pfizer Inc., New York, NY) against *A. fumigatus*, determined according to CLSI standard M38-A microdilution methods (18), were 0.5 to 1 mg/ml and 0.25 μg/ml, respectively.

In vitro combination studies. The combination of anidulafungin and voriconazole was tested against *A. fumigatus* in triplicate with an in vitro broth microdilution checkerboard assay in 96-well flat-bottomed microtiter plates (Corning Incorporated, Corning, NY), based on the CLSI M-36A method (18). Twofold serial dilutions of anidulafungin and voriconazole were prepared in 50 μl of RPMI 1640 buffered at pH 7.0 with 0.165 M MOPS (morpholinepropanesulfonic acid) at concentrations of four times the final concentrations, which ranged from 1 to 0.015 mg/ml and 0.25 to 0.0005 mg/ml for anidulafungin and voriconazole, respectively. After inoculation with 100 μl of 4 x 10^4 CFU/ml prepared from 5 to 7-day-old cultures on potato dextrose agar, microtiter plates were incubated (Stret-Cult mini incubator; Bio-Tek Instruments Inc., Corning, NY) at 35°C for 48 h. Growth in each well was quantified spectrophotometrically at 405 nm (optical density at 405 nm (OD_{405})), using 16 scan points per well, in a spectrophotometer (Elsbio; Bio-Tek Instruments, Winooski, VT). The percentage of growth inhibition in each well was calculated based on the following equation: 100% - (OD_{405} of a well - background OD_{405} (OD of the drug-free well - background OD of the drug-free well) x 100% (equation 1). Background OD_{405} was measured from a plate inoculated with a conidium-free inoculum and handled in the same way as the inoculated plates with the conidium-containing inocula.

In order to describe the concentration-effect relationships of anidulafungin and voriconazole alone, a sigmoid E_{max} model was fitted to the % growth inhibition obtained at each concentration of the drugs alone for each replicate. The E_{max} model was described by the following equation: E = E_{max} x D^p / (E_{max} + D^p) (equation 2), where E is the percentage of growth (dependent variable) at the drug concentration D (independent variable) and E_{max} is the maximum percentage of growth observed in the drug-free control. The E_{max} and p were estimated with the E_{max} model regression analysis. E_{CO} is the drug concentration producing 50% of the E_{max} and m is the slope of the concentration-effect curve (Hill constant). The interaction was assessed with the Bliss independence response surface analysis.

Pharmacodynamic Bliss independence-based drug interaction analysis. Bliss independence is described by the equation E_{IND} = E_A + E_B - E_{AB} (equation 3) for a certain combination of x mg/liter of drug A and y mg/liter of drug B. E_A is the % fungal growth inhibition at x mg/liter of drug A alone, E_B is the % fungal growth inhibition at y mg/liter of drug B alone, and E_{AB} is the expected % fungal growth inhibition of a noninteractive (independent) theoretical combination of x mg/liter of drug A with y mg/liter of drug B. The difference (ΔE = E_{E_{max}} - E_{IND}) represents the percentage growth inhibition expected between the % growth inhibition measured, E_{AB}, and the experimentally observed % growth inhibition, E_{E_{max}} describes the interaction of each combination of the concentrations of the two drugs. If ΔE and its 95% confidence interval (CI) were >0 (i.e., E_{E_{max}} > E_{IND} and hence, more growth inhibition was observed than if the two drugs were acting independently), Bliss synergy was concluded for that particular combination. If ΔE and its 95% CI were <0 (i.e., E_{E_{max}} < E_{IND} and hence, less growth inhibition was observed than if the two drugs were acting independently), Bliss antagonism was concluded for that particular combination. In any other case where the 95% CI of ΔE would include 0, the conclusion was Bliss independence.

In each of the independent replicate experiments, % growth inhibition of anidulafungin (E_{AFG}) and voriconazole (E_{VRC}) alone was obtained using the E_{max} model parameters. Thus, theoretical % growth of an independent combination, E_{E_{max}} = E_{AFG} + E_{VRC} - E_{AFG} x E_{VRC} / (E_{AFG} + E_{VRC}) was calculated based on the following equation, where E_{AFG} and E_{VRC} were obtained from the E_{max} model. Thus, E_{IND} = E_{AFG} + E_{VRC} - E_{AFG} x E_{VRC} / (E_{AFG} + E_{VRC}) was calculated using the concentration-effect curve of anidulafungin and voriconazole alone. For each combination of x mg/liter of voriconazole with y mg/liter of anidulafungin, the ΔE (E_{E_{max}} - E_{IND}) was calculated and the interaction was assessed as described above. When the statistically significantly different from zero ΔE of all combinations (7 x 10) were plotted in a three-dimensional plot, an interaction surface plot was obtained, with peaks above and below the 0 plane indicating synergistic and antagonistic combinations, respectively, while the 0 plane itself indicated no statistically significant interactions. As summary measures of the interaction surface, the sum and the mean of all statistically significant synergistic (ΔE ≥ 95% CI > 0) and antagonistic (ΔE ≤ 95% CI < 0) combinations were reported.

Animals and inoculation. Healthy female New Zealand White rabbits (Co-\-vance Research Products, Inc., Denver, PA) weighing 2.6 to 3.5 kg at the time of endotracheal inoculation were used in experiments. A total of 70 rabbits were used in four replicate experiments. All experimental groups were studied simultaneously. There were no significant differences between experiments, and the findings were consistently replicated. All rabbits were monitored under humane care and use standards in facilities accredited by the Association for Assessment and Accreditation of Laboratory Animal Care International, according to the guidelines for the care and use of laboratory animals of the National Research Council (19) and under the approval of the Animal Care and Use Committee of the National Cancer Institute. Rabbits were individually housed and maintained with water and standard rabbit feed ad libitum. Vascular access was established by the surgical placement of a Silastic tunneled central venous catheter as previously described.

For each experiment, an inoculum of 1 x 10^5 to 1.25 x 10^6 conidia of *A. fumigatus* in a volume of 250 μl to 350 μl was prepared. Endotracheal inoculation was performed on day 2 of the experiments, with rabbits under general anesthesia, as previously described (26). Antibiotics (cefazidime, gentamicin, and vancomycin) were used for prevention of opportunistic bacteria and fungal infections.

Antifungal compounds and treatment regimens. Rabbits were grouped to receive anidulafungin at 5 (AFG5 group) (n = 9) and 10 (AFG10 group) (n = 11) mg/kg of body weight/day intravenously (i.v.), voriconazole at 10 mg/kg every 8 h (q8h) i.v. (VRC group) (n = 12), a combination of AFG5 with VRC (AFG5 + VRC group) (n = 10) or AFG10 with VRC (AFG10 + VRC group) (n = 11) for treatment of established invasive pulmonary aspergillosis, or no drug (control group) (n = 17). Anidulafungin was provided as a pharmaceutical-grade powder (50 mg/vial) and was reconstituted with sterile normal saline to achieve a 1-mg/ml concentration. Voriconazole (200 mg/vial) was reconstituted from pharmaceutical-grade powder with sterile water to achieve a final concentration of 10 mg/ml.

Outcome variables. The following panel of outcome variables was used to assess antifungal efficacy: survival, pulmonary fungal burden, lung weight, residual fungal burden (log CFU/g), pulmonary infiltrate volume, serum galactomannan index (GMI), bronchoalveolar lavage (BAL) fluid galactomannan level, and BAL fluid DNA level. The outcome variable panel was applied to all experimental rabbits when possible.

Survival. The survival time in days postinoculation was recorded for each rabbit in each group. Following humane end points, rabbits were euthanized by i.v. administration of pentobarbital (65 mg of pentobarbital sodium/kg of body weight) (Beuthanasia-D Special [euthanasia solution]; Schering-Plough Health Corp., Union, NJ) on day 13 postinoculation, 24 h after the last dose of study drug (37).

Pulmonary lesion scores, lung weights, and residual fungal burden. The lungs were carefully resected at autopsy. Pulmonary lesion scores and lung weights were assessed and calculated as previously described (26). Lung tissue from each rabbit was sampled and cultured by a standard excision of tissue from each lobe as previously described (26). The number of CFU of *A. fumigatus* was counted and recorded for each lobe, and the CFU was calculated.
which was then vortexed. A 0.1-mL sample of this fluid and 0.1 mL of a dilution (10^4) of this fluid were cultured on 5% Sabouraud glucose agar plates.

**Galactomannan assay.** Blood from each rabbit infected with *A. fumigatus* was collected every other day for determination of serum galactomannan concentrations. Serum and BAL fluid galactomannan concentrations were determined by the Platelia Aspergillus EIA (Bio-Rad, Marnes la Coquette, France) one-stage immunoenzymatic sandwich microplate assay method (33). Enzyme immunoassay data were expressed as the serum GMI plotted over time. The GMI for each test serum sample was equal to the absorbance of a standard sample divided by the absorbance of a threshold serum provided by the manufacturer.

**DNA extraction from BAL fluid.** Frozen BAL fluid samples were thawed before extraction was performed. As previously described (20), samples were vortexed for 1 min before a 500-µL aliquot was taken for processing. Following centrifugation for 10 min at 16,000 × g, the supernatant was discarded, and the pellet was gently resuspended in 100 µL spheroplast buffer (1.0 M sorbitol, 50.0 mM sodium phosphate monobasic, 0.1% 2-mercaptoethanol, 10 mg of l-tyrosine/ml [Sigma]) and 10 µL of lysozyme and incubated at 37°C on a rocking platform for 60 min. After centrifugation for 20 min at 400 x g, the spheroplast-BAL fluid pellet was resuspended in 400 µL API buffer (DNeasy plant kit; Qiagen, Valencia, CA). The sample was added to lysing matrix D tubes (Fastprep sample preparation system; QBIogene/MP Biomedical, Irvine, CA) and processed using a Fastprep instrument (QBIogene/MP Biomedical). Specimens were centrifuged at 16,000 × g for 30 to 60 min and then gently vortexed. An aliquot of 300 µL of the specimen was transferred to a 1.5-mL tube and adjusted to a volume of 400 µL with API buffer. An aliquot of 4 µL of RNase A (100 mg/ml) was added, vortexed vigorously, and incubated for 10 min at 65°C in an Eppendorf thermomixer (Eppendorf, Westbury, NY) at 1,200 rpm. The DNeasy plant kit RNase-free water was added with the following modification: after the 2-min preheated (65°C) AE buffer (Qiagen, Valencia, CA) was applied to the column, the entire apparatus (column and collection tube) was heated at 65°C in an Eppendorf thermomixer for 5 min. An aliquot of 100 µL of sterile water was also processed as described above as a control for any contamination from the DNA extraction kit components.

A real-time quantitative PCR assay targeting the ITS1, 5.8S, and ITS2 regions of the *A. fumigatus* DNA was designed. The primers and probes were designed using Oligo software (Molecular Biology Insights, Cascade, CO). Probes were purchased from Idaho Technologies (Salt Lake City, UT). The primers and probes were designed based on a multiple sequence alignment of rRNA sequences from GenBank, utilizing the Sequercher software package (Gene Codes Corp., Ann Arbor, MI). The NCBI BLAST database search program was used to determine the uniqueness of the primers and probes for *A. fumigatus*. The amplicon generated was 253 bp long.

The PCR master mix consisted of 0.5 µM of each of the primers, 5 mM MgCl₂, 0.025% bovine serum albumin (Sigma-Aldrich Corp., St. Louis, MO), 0.05 U/µL RNase inhibitor, and 2x Platinum Tiq DNA polymerase (Invitrogen Corp., Carlsbad, CA), and 10x PCR buffer (Invitrogen Corp., Carlsbad, CA), 0.2 mM PCR Nucleotide Mix Plus (dATP, dCTP, and dGTP) at 10 mM each and dUTP at 30 mM; Roche Molecular Biochemicals, IN), and 0.1 µM of each of the preheated (65°C) AE buffer (Qiagen, Valencia, CA) was applied to the column, the entire apparatus (column and collection tube) was heated at 65°C in an Eppendorf thermomixer for 5 min. An aliquot of 100 µL of sterile water was also processed as described above as a control for any contamination from the DNA extraction kit components.

In order to confirm the lack of PCR inhibitors in BAL fluid samples, a separate set of PCR fluorescent resonance energy transfer reactions were performed which specifically did not target *A. fumigatus* (or mammalian) DNA. The primers and probes were designed to target the common plasmid cloning vector pBR322. The PCR master mix included a specific amount of target DNA (pBR322). The presence of inhibitors was tested by comparing the amplification efficiency of this reaction with the extracted samples against those performed with sterile water. Equivalent amplification efficiencies compared to reactions performed with water reflected the lack of inhibitors. Each lung and BAL fluid sample was tested for inhibitors as described above.

**In vivo combination studies.** For the purpose of this analysis, the in vivo effects of percentage of fungal growth inhibition, *E*, were calculated by the following equation: 100% - *MV*trat/MVcontrol, where *MV*trat and *MV*control were the measured variables for residual fungal burden (CFU/g), the number of pulmonary infect lesions, the lung weight (g), serum GMI, BAL fluid GMI, BAL fluid DNA, and pulmonary infiltrate volume (computed tomography [CT] scan) for treated and untreated animals, respectively. The expected effect *E*IND of a noninteractive (independent) theoretical combination of the voriconazole dosage with either dosage of anidulafungin was calculated with equation 1, where *E*MV = *E*MV was the effect of anidulafungin acting alone at a dosage of either 5 or 10 mg/kg (AFG5 or AFG10 group) and *E*V = *E*VRC was the effect of voriconazole acting alone at the dosage of 10 mg/kg (VRC group). The difference, Δ*E*, between the *E*IND and the experimentally observed effect *E*obs for the combination groups AFG5+VRC and AFG10+VRC and Bliss interaction were assessed as described above.

**Pharmacokinetic studies.** The plasma pharmacokinetics of voriconazole and anidulafungin were studied in five to eight infected animals per dosage cohort. Time points for sampling were determined by inspection of full plasma concentration profile results of voriconazole and anidulafungin detection for healthy rabbits following administration of similar dosages based upon previous plasma pharmacokinetic studies of anidulafungin (7) and voriconazole. Plasma sampling was performed on day 6 of antifungal therapy. Blood samples were drawn immediately postdosing and then at 0.25, 0.5, 1, 4, 8, and 24 h postdosing. Plasma was immediately separated by centrifugation and stored at −70°C until assayed.

**Pharmacokinetic data analysis.** Pharmacokinetic parameters for anidulafungin and voriconazole were determined by population methodology, using the program nonparametric adaptive grid (NPAG) with adaptive gamma (14). A

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standard two-compartment pharmacokinetic model was used, with zero-order time-delimited input and first-order elimination from the central compartment. The entire data set (combination and monotherapy) was comodeled. The pharmacokinetic data were weighted by the inverse of the estimated assay variance for each drug. The fit of the model to the data was assessed using the log likelihood value and a visual inspection and coefficient of determination of the observed-versus-predicted values after the Bayesian step. The population mean and median parameter values were evaluated within the maximum a posteriori Bayesian analysis. The estimates of the pharmacokinetic parameters for each individual rabbit were obtained using the “population-of-one” utility within NPAG. The Bayesian estimates for each rabbit within the various treatment groups were collated. The AUC which developed in each rabbit at steady state was determined by integration.

Toxicity studies. Blood was collected as previously described (26). Chemical determinations of creatinine, urea nitrogen, alanine aminotransferase (ALT), aspartate aminotransferase (AST), and potassium concentrations in serum were performed on the penultimate sample drawn from each rabbit.

Statistical analysis. Comparisons between the groups were performed by Kruskal-Wallis test (nonparametric analysis of variance [ANOVA]) or the Mann-Whitney U test, as appropriate. The central hypothesis of this analysis was based upon the response of the combination treatment in comparison to that of anidulafungin alone and voriconazole alone. A two-tailed $P$ value of $\leq 0.05$ was considered to be statistically significant. Survival was plotted by Kaplan-Meier analysis. Differences in survival of treatment groups and untreated controls were analyzed by the log rank test. Values are expressed as means $\pm$ standard error of the means (SEMs). Pharmacokinetic parameters were compared using ANOVA or Student’s $t$ test, as appropriate.

RESULTS

Survival. Improved survival was achieved through the entire study in 6 (60%) of 10 AFG5+VRC-treated rabbits, 6 (50%) of 12 VRC, 3 (27%) of 11 AFG10+VRC, 2 (22%) of 9 AFG5, and 2 (18%) of 11 AFG10-treated rabbits in comparison to 0 (0%) of 17 untreated control rabbits ($P < 0.001$) (Fig. 1). Even though the combination of AFG5+VRC demonstrated the highest survival rate (60%), there were no significant differences between either of the combination therapy groups and the monotherapy groups.

Organism-mediated pulmonary injury. There was a significant reduction in organism-mediated pulmonary injury as mea-
FIG. 2. Pulmonary infiltrate volume determined by image analysis of serial CT scans of untreated controls (Control) (n = 6), anidulafungin at 5 mg/kg/day (AFG5) (n = 4), at 10 mg/kg/day (AFG10) (n = 4), voriconazole at 10 mg/kg/day q8h (VRC) (n = 4), anidulafungin-voriconazole combinations (AFG5+VRC) (n = 4), and (AFG10+VRC) (n = 4) treated rabbits. Animals treated with AFG5+VRC combination demonstrated significant resolution of pulmonary infiltrate volume in comparison to that of anidulafungin (*, \( P \leq 0.05 \)), and VRC (†, \( P \leq 0.01 \)) alone.

FIG. 3. Expression of galactomannan antigenemia in persistently neutropenic rabbits with pulmonary aspergillosis treated with anidulafungin at 5 (AFG5) (n = 6), anidulafungin at 10 mg/kg/day (AFG10) (n = 8), voriconazole at 10 mg/kg q8h (VRC) (n = 10), anidulafungin-voriconazole combinations (AFG5+VRC (n = 7) and AFG10+VRC (n = 8)), and untreated controls (Control) (n = 12). Animals treated with the AFG5+VRC combination and VRC alone had significantly lower levels of galactomannan antigenemia in comparison to all other groups (*, \( P \leq 0.05 \)).

There was a significantly lower GMI in rabbits treated with VRC alone or in combination of AFG5+VRC in comparison to that of AFG5-treated rabbits, \( (P < 0.05) \). There were no significant differences between AFG10+VRC-treated rabbits and rabbits treated with AFG10 and VRC alone (Fig. 4A).

BAL fluid DNA. There also was a similarly significant decrease of the concentration of Aspergillus DNA in BAL fluid of rabbits treated with VRC alone or in combination of AFG5+VRC in comparison to that of AFG5-treated rabbits, \( (P < 0.05) \). In addition AFG10+VRC treated rabbits showed a significant decrease of DNA in BAL fluid in comparison of that to AFG10-treated rabbits \( (P < 0.05) \). On the other hand there was a significant increase of the DNA concentrations in BAL in AFG5 and AFG10-treated rabbits in comparison to that of untreated controls (Fig. 4B).

Pharmacodynamic interaction analysis. The results of Bliss independence drug interaction analysis for the in vivo pharmacodynamic interaction of voriconazole and anidulafungin are summarized in Table 1. Statistically significant Bliss synergy was found for the combination of AFG5+VRC based on residual fungal burden, pulmonary infarct scores, and pulmonary infiltrate volume (CT scan) for which the observed drug effects were 10 to 30% higher than the expected effects under the Bliss independent zero-interaction hypothesis (Table 1). Similarly, Bliss synergy was found in vitro when voriconazole was combined with anidulafungin (mean \( \Delta E \pm \text{SEM} 27 \pm 4\% \)) (Fig. 5). Using the higher dosage of anidulafungin (10 mg/kg), there was Bliss independence (no synergy) based on residual fungal burden, pulmonary infarct scores, and pulmonary infiltrate volume. Moreover, Bliss antagonism was found based on BAL fluid DNA, GMI, and serum GMI (\( \Delta E -14\% \) to –37\%) (Table 1).

Pharmacokinetic analysis. The observed plasma concentration-versus-time profiles of anidulafungin and voriconazole
TABLE 1. Efficacies of monotherapy and combination therapy and results of Bliss independence pharmacodynamic interaction analysisa

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<tr>
<th>Biomarker</th>
<th>E&lt;sub&gt;VFC10&lt;/sub&gt;</th>
<th>E&lt;sub&gt;AFG5&lt;/sub&gt;</th>
<th>E&lt;sub&gt;AFG10&lt;/sub&gt;</th>
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<th>Observed</th>
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<tr>
<td>RFB</td>
<td>22 ± 9</td>
<td>8 ± 3</td>
<td>22 ± 11</td>
<td>51 ± 10</td>
<td>28 ± 5</td>
<td>23 (40–5)* (S)</td>
<td>45 ± 14</td>
<td>40 ± 5</td>
<td>6 (20–10)</td>
<td>(I)</td>
<td>6 (20–10)</td>
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<td>PIL</td>
<td>44 ± 13</td>
<td>72 ± 12</td>
<td>30 ± 11</td>
<td>85 ± 7</td>
<td>59 ± 8</td>
<td>25 (42–8)** (S)</td>
<td>73 ± 7</td>
<td>61 ± 7</td>
<td>13 (29–3)</td>
<td>(I)</td>
<td>13 (29–3)</td>
<td>(I)</td>
<td>13 (29–3)</td>
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<td>BAL GMI</td>
<td>30 ± 13</td>
<td>4 ± 1</td>
<td>0 ± 1</td>
<td>41 ± 14</td>
<td>33 ± 5</td>
<td>8 (45–29) (I)</td>
<td>8 ± 9</td>
<td>29 ± 5</td>
<td>−21 (2–44)* (A)</td>
<td>(A)</td>
<td>(A)</td>
<td>(A)</td>
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<td>BAL DNA</td>
<td>65 ± 13</td>
<td>7 ± 7</td>
<td>0 ± 4</td>
<td>76 ± 16</td>
<td>69 ± 4</td>
<td>6 (48–35) (I)</td>
<td>29 ± 7</td>
<td>67 ± 5</td>
<td>−37 (19–55)** (A)</td>
<td>(A)</td>
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<td>Serum GMI</td>
<td>62 ± 9</td>
<td>8 ± 6</td>
<td>8 ± 3</td>
<td>58 ± 12</td>
<td>65 ± 7</td>
<td>−7 (20–38) (I)</td>
<td>47 ± 5</td>
<td>61 ± 4</td>
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<td>CT scan</td>
<td>66 ± 3</td>
<td>45 ± 1</td>
<td>45 ± 1</td>
<td>91 ± 5</td>
<td>81 ± 4</td>
<td>10 (1–19)* (S)</td>
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<td>84 ± 1</td>
<td>4 (12–4)</td>
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<td>4 (12–4)</td>
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a Data are mean ± SE % reductions compared to the control group.

b RFB, residual fungal burden in lungs; PIL, pulmonary interstitial lesions; LW, lung weight; BAL GMI, galactomannan index in BAL fluid; BAL DNA, Aspergillus DNA in BAL fluid; serum GMI, kinetics of galactomannan index in serum; CT scan, kinetics of lung lesion volumes.

c Averages and SE for independent effects E<sub>Exp</sub> + 10 and E<sub>Exp</sub> + 10 were derived by using all possible combinations of the monotherapy data for each of the VRC- and AFG5- or AFG10-treated animals, respectively.

d A, Bliss antagonism; I, Bliss independence; S, Bliss synergy; * P < 0.05; ***, P < 0.001.
from 6.02 ± 2.52 mg*h/L to 3.83 ± 1.49 mg*h/L in the animals treated with combination of AFG5+VRC.

**Safety.** There were significantly lower levels of serum creatinine, urea nitrogen, ALT and AST in AFG5+VRC treated rabbits in comparison to that of AFG5 alone ($P < 0.05$). In addition AFG10+VRC treated rabbits had significantly lower levels of serum urea nitrogen and ALT in comparison to controls ($P < 0.05$), while combination of AFG10+VRC had significantly lower levels only of serum urea nitrogen in comparison to controls ($P < 0.05$) (Table 3).

**DISCUSSION**

This study demonstrated in vitro and in vivo concentration and dose dependent interactions between the echinocandin anidulafungin and the triazole voriconazole by Bliss independence drug interaction analysis of microbiological, radiological, and antigenic endpoints. To our knowledge, this is the first time that the potentially synergistic echinocandin-triazole interaction has been described by Bliss independence modeling. Using the panel of different outcome variables, application of Bliss independence analysis allowed us to demonstrate synergistic, independent, or antagonistic interactions of this potentially useful combination. There was a significant decrease of pulmonary infarct score, lung weight, residual fungal burden, and galactomannan antigenemia in combination with anidulafungin at 5 mg/kg/day and voriconazole, and only significant decrease of pulmonary infarct score and lung weight with anidulafungin at 10 mg/kg/day and voriconazole combination when compare to monotherapies. Notably, the magnitude of these interactions was similar for the in vitro and in vivo combination studies when analyzed by the Bliss independence drug interaction analysis.

When using voriconazole in combination with the lower dosage of anidulafungin (5 mg/kg) in combination, the results were synergistic or independent by Bliss pharmacodynamic drug interaction analysis. There also was a correlation between the synergy measured by echinocandin-triazole antifungal activity in causing hyphal damage of *A. fumigatus* and the synergistic interaction observed in vivo as measured by reduction of residual fungal burden (log CFU/g), improved survival, re-

**FIG. 6.** Plasma concentration profiles of voriconazole and voriconazole+anidulafungin (A), anidulafungin and anidulafungin+voriconazole (B), after multiple intravenous daily doses. All values represent the means ± standard errors of the mean.

<table>
<thead>
<tr>
<th>Drug and treatment regimen</th>
<th>$V_c$ (liters)$^a$</th>
<th>$K_{cp}$ (h$^{-1}$)</th>
<th>$K_{pc}$ (h$^{-1}$)</th>
<th>SCL (liters/h)$^b$</th>
<th>AUC$_{0-24}$ (mg*h/liter)$^c$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anidulafungin at 5 mg/kg</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monotherapy</td>
<td>0.85 (0.38)</td>
<td>1.58 (1.49)</td>
<td>0.68 (0.27)</td>
<td>0.16 (0.06)</td>
<td>96.1 (39.07)$^d$</td>
</tr>
<tr>
<td>Combination</td>
<td>0.94 (0.41)</td>
<td>3.22 (2.65)</td>
<td>1.55 (0.83)</td>
<td>0.40 (0.10)</td>
<td>38.1 (9.47)</td>
</tr>
<tr>
<td>Anidulafungin at 10 mg/kg</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monotherapy</td>
<td>1.02 (0.33)</td>
<td>1.00 (0.31)</td>
<td>0.36 (0.15)</td>
<td>0.20 (0.05)</td>
<td>136.29 (36.13)$^e$</td>
</tr>
<tr>
<td>Combination</td>
<td>1.22 (0.62)</td>
<td>1.11 (0.94)</td>
<td>0.48 (0.26)</td>
<td>0.28 (0.17)</td>
<td>121.89 (50.96)</td>
</tr>
<tr>
<td>Voriconazole at 10 mg/kg</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monotherapy</td>
<td>5.26 (4.44)</td>
<td>1.69 (1.30)</td>
<td>0.45 (0.57)</td>
<td>5.40 (2.20)</td>
<td>6.02 (2.52)</td>
</tr>
<tr>
<td>Combination at 5 mg/kg</td>
<td>5.97 (2.25)</td>
<td>1.93 (1.12)</td>
<td>0.08 (0.03)</td>
<td>8.58 (4.60)</td>
<td>3.83 (1.49)</td>
</tr>
<tr>
<td>Combination at 10 mg/kg</td>
<td>5.67 (4.28)</td>
<td>1.43 (0.82)</td>
<td>0.09 (0.04)</td>
<td>6.19 (1.89)</td>
<td>4.84 (1.60)</td>
</tr>
</tbody>
</table>

$a$ Data are presented as means (SD). $V_c$, volume of central compartment; $K_{cp}$ and $K_{pc}$, intercompartmental rate constants; SCL, clearance from central compartment.

$b$ $P = 0.46$ for comparison among groups for anidulafungin and 0.95 for comparison among groups for voriconazole, using ANOVA.

$c$ $P = 0.007$ for comparison among groups for anidulafungin and 0.15 for comparison among groups for voriconazole, using ANOVA.

$d$ $P = 0.007$ for monotherapy versus combination therapy at 5 mg/kg, using Student’s $t$ test.

$e$ $P = 0.54$ for monotherapy versus combination therapy at 10 mg/kg, using Student’s $t$ test.

$f$ $P = 0.19$ for comparison among groups for voriconazole, using ANOVA.
duced galactomannan antigenemia, and decreased pulmonary injury (lung weights, infarct scores, and pulmonary infiltrate volume by CT) all of which were superior to the effects of the single agents and untreated controls.

This synergistic interaction between the echinocandin and the triazole is most likely due to simultaneous inhibition of biosynthesis of (1→3)-β-D-glucan in the fungal cell wall and ergosterol in the cell membrane. These apparently independent mechanisms of action on the cell wall and membrane would likely lead to an additive or synergistic interaction against filamentous fungi. This additive to synergistic interaction stands in contrast to the potential antagonism observed with azoles and polyenes (16, 30, 31, 35). Antifungal azoles deplete the fungal cell membrane of ergosterol and thereby diminish the principal biochemical target of amphotericin B. Both azoles and polyenes ultimately interact at the level of ergosterol in the cell membrane. These apparently independent mechanisms of action between combination therapy and controls, P < 0.05 (Mann-Whitney U test); †, for comparison between combination therapy and controls, P < 0.05 (Mann-Whitney U test).

Our analysis demonstrates that echinocandin-triazole interactions may be concentration-dependent and dose-dependent. The higher dosage of anidulafungin (10 mg/kg) in combination with voriconazole resulted in Bliss independence and loss of the synergy observed at lower anidulafungin dosage. This loss of synergy at the higher dosage of anidulafungin (10 mg/kg) was consistent across several outcome variables, including residual fungal burden, pulmonary infarct score, and pulmonary infiltrate volume in replicate experiments. There also was antagonism as shown by BAL fluid galactomannan, DNA, and serum galactomannan levels at the higher dosage. Thus, when choosing combination therapy, one should be aware that not all doses might achieve the desired effect of synergistic interaction.

This dose dependent reduction of synergistic interaction may have several possible mechanisms. An increase of anidulafungin dosage from 5 to 10 mg/kg may cause increased cell wall injury and disruption of the tertiary structure of transmembrane proteins that otherwise would facilitate uptake of voriconazole. Alternatively, the higher dosage of anidulafungin may also result indirectly in secondary injury to the fungal cytoplasmic structures, including mitochondria, and potentially antagonize the effect of voriconazole on ergosterol biosynthesis.

At the same time, the effect of a given outcome variable should be considered when analyzing results of combination therapy. When combination therapy is not extremely superior, not all outcome variables or tests chosen to assess efficacy, can equally depict subtle differences. As evident from this study, when residual fungal burden and pulmonary lesion score were chosen for analysis using Bliss independence model, the interaction between echinocandin and triazole was synergistic. However, when lung weight and BAL fluid galactomannan index were analyzed, interaction demonstrated independence, with trends suggestive of the benefit of combination therapy. GMI and lung weight may be delayed in rapid return to normal when therapy is effective. These findings underscore the importance of studying multiple outcome variables in vivo and in clinical settings.

The dose-dependent increase in BAL DNA in Fig. 4 demonstrates that the rabbits treated with echinocandin (anidulafungin, 5 and 10 mg/kg) had paradoxically higher concentrations of DNA (log (femtograms DNA per ml)). This paradoxically increased amount of DNA may pertain to the mechanism of echinocandin where the effect of echinocandin fragments hyphal structures and contributes to an overall increase in the number of viable hyphal elements. In addition, echinocandins will inhibit germination of Aspergillus conidia, which will provide an additional source of DNA. The smaller hyphal fragments may be more readily lavaged and recovered in comparison to that of well-established hyphae invading tissue in untreated controls.

Anidulafungin dosages were selected carefully to approximate human AUC exposure. A single anidulafungin dosage of

### Table 3. Effects of anidulafungin-voriconazole combination on serum creatinine, serum urea nitrogen, serum ALT, serum AST, and potassium concentrations in persistently neutropenic rabbits with pulmonary aspergillosis

<table>
<thead>
<tr>
<th>Treatment group (n)</th>
<th>Serum creatinine concn (mg/dl)</th>
<th>Serum urea nitrogen concn (mg/dl)</th>
<th>Serum ALT concn (U/liter)</th>
<th>Serum AST concn (U/liter)</th>
<th>Serum potassium concn (mmol/liter)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Controls (14)</td>
<td>1.67 ± 0.57</td>
<td>33.2 ± 9.86†</td>
<td>45.2 ± 13.5†</td>
<td>71.4 ± 28.5†</td>
<td>3.20 ± 0.21</td>
</tr>
<tr>
<td>VRC (12)</td>
<td>1.02 ± 0.06</td>
<td>12.8 ± 1.49</td>
<td>22.2 ± 5.52</td>
<td>26.8 ± 6.98</td>
<td>3.17 ± 0.32</td>
</tr>
<tr>
<td>AFG5 (9)</td>
<td>1.50 ± 0.24*</td>
<td>29.8 ± 4.92</td>
<td>22.2 ± 5.65*</td>
<td>34.3 ± 5.78*</td>
<td>2.82 ± 0.13</td>
</tr>
<tr>
<td>AFG5+VRC (10)</td>
<td>0.98 ± 0.08*</td>
<td>11.8 ± 1.20*†</td>
<td>11.8 ± 1.40†</td>
<td>13.2 ± 3.37†</td>
<td>3.90 ± 0.08</td>
</tr>
<tr>
<td>AFG10 (11)</td>
<td>1.34 ± 0.25</td>
<td>22.4 ± 2.54*</td>
<td>39.4 ± 7.22*</td>
<td>48.3 ± 15.4</td>
<td>3.45 ± 0.22</td>
</tr>
<tr>
<td>AFG10+VRC (11)</td>
<td>0.94 ± 0.07</td>
<td>15.4 ± 1.86*†</td>
<td>19.2 ± 3.57*</td>
<td>16.0 ± 4.04</td>
<td>3.54 ± 0.35</td>
</tr>
</tbody>
</table>

* All values are expressed as means ± SEM. †, for comparison between combination therapy and monotherapy, P < 0.05 (Mann-Whitney U test).
5 mg/kg in rabbits as monotherapy conferred a mean AUC of 96.1 mg·h/L. Similarly, the phase I study of safety and pharmacokinetics of intravenous anidulafungin in children with neutropenia at high-risk for invasive fungal infections at a single dosage of 3 mg/kg conferred a mean AUC_{0-24 h} of 89.7 mg·h/L and 1.5 mg/kg after multiple dosage yielded a mean AUC_{0-24 h} of 99.5 mg·h/L. The plasma exposure is comparable to that achieved by the standard 100 mg adult dose in steady state. As the plasma pharmacokinetics appear to be linear, a dosage of 10 mg/kg in rabbits would be equivalent to a dosage of 6 mg/kg in pediatric patients or a 200 mg adult dose.

Given the life-threatening nature of invasive pulmonary aspergillosis in neutropenic and other immunocompromised hosts, the critical question arises as to whether a higher dosage of echinocandin further enhances the antifungal activity of the triazole echinocandin combination. Therefore, we tested whether a doubling of the standard dosage equivalent was beneficial. The doubling of the dosage led to an increase in mean AUC of 136 mg·h/L. Thus, the dosage selected in these experiments span the potential range of treatment of human fungal disease. Higher dosages would have little clinical relevance.

Thus, an increase in AUC beyond the approved equivalent dosage did not confer increased benefit. Additional studies exploring the lower ranges of anidulafungin may further elucidate the synergistic interactions; however, as these lower dosages would likely be below those of the approved therapeutic doses, these studies are beyond the scope of the current study.

The pharmacokinetic profiles of anidulafungin and voriconazole changed during combination therapy. These differences are unlikely to be related to direct drug interactions. Dowell et al. demonstrated that the pharmacokinetics of anidulafungin and voriconazole were not affected by coadministration in normal human volunteers (5). The exposure of anidulafungin in normal rabbits, as described by Groll and colleagues (7), is similar to that of rabbits treated with combination therapy AFG5+VRC, which also was the more effective antifungal regimen. Animals treated with the less active single agent AFG5 had higher circulating concentrations. A reasonable hypothesis, by which to explain these observations, is that rabbits with more advanced aspergillosis (those receiving monotherapy) had smaller circulating blood volume (related to insensible loss) and thus increased serum concentrations. Rabbits with more effectively treated aspergillosis had plasma samples with more effectively treated aspergillosis had plasma samples with more effective loss and thus increased serum concentrations. Rabbits with more advanced aspergillosis (those receiving monotherapy) had plasma samples with more effective loss and thus increased serum concentrations.

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