Pharmacokinetics-Pharmacodynamics of a Respiratory Syncytial Virus Fusion Inhibitor in the Cotton Rat Model

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Human respiratory syncytial virus (RSV) is a major cause of lower respiratory tract infections in infants, young children, elderly persons, and severely immunocompromised patients. Effective postinfection treatments are not widely available, and currently there is no approved vaccine. TMC353121 is a potent RSV fusion inhibitor in vitro, and its ability to reduce viral loads in vivo was demonstrated in cotton rats following prophylactic intravenous administration. Here, the pharmacokinetics of TMC353121 in the cotton rat, which is semipermissive for RSV replication, were further explored to build a pharmacokinetic-pharmacodynamic (PK-PD) model and to estimate the plasma drug levels needed for significant antiviral efficacy. TMC353121 reduced the viral titers in bronchoalveolar lavage fluid in a dose-dependent manner after a single subcutaneous administration and intranasal RSV inoculation 24 h after compound administration. The viral titer reduction and plasma TMC353121 concentration at the time of RSV inoculation were well described using a simple E_max model with a maximal viral titer reduction (E_max) of 1.5 log_10. The plasma drug level required to achieve 50% of the E_max (200 ng/ml) was much higher than the 50% inhibitory concentration observed in vitro in HeLaM cells (0.07 ng/ml). In conclusion, this simple PK-PD approach may be useful in predicting efficacious exposure levels for future RSV inhibitors.

Since its first isolation from two hospitalized infants with severe lower respiratory tract infection, human respiratory syncytial virus (RSV) has emerged as an important human respiratory pathogen (5, 6, 12, 24). In many cases, infection is restricted to at-risk infants and not associated with respiratory pathogen (5, 6, 12, 24). In many cases, infection is restricted to the upper respiratory tract and not associated with cytial virus (RSV) has emerged as an important human respiratory syncytial virus (24). In healthy adults, infection usually causes symptoms similar to those of the common cold, but in hospitalized elderly or severely immunocompromised patients, RSV is a significant pathogen, often resulting in pneumonia and high mortality rates (11, 25).

In spite of extensive efforts, development of an anti-RSV vaccine has proven to be particularly challenging and has not been successful to date (22, 26). Prophylactic options are limited to passive immunization with the humanized monoclonal antibody Synagis. However, administration of Synagis is restricted to at-risk infants <2 years old. For therapeutic intervention, the antiviral drug ribavirin is the only option, but its use is limited due to its problematic mode of administration as an aerosol, its limited efficacy, and its teratogenicity (15).

Hence, effective therapeutic options are needed for treatment of the at-risk population, including adults and the elderly. Several animal models have been established to study RSV pathogenesis and treatment (4). However, no single animal model presents the complete spectrum of the disease observed in humans. Several primate models have been successfully used to demonstrate the prophylactic or therapeutic efficacy of human RSV antivirals (8, 9, 14, 17). Small-rodent models of human RSV infection such as BALB/c mice and cotton rats (Sigmodon hispidus) have not only contributed to the understanding of the pathogenesis and immunobiology of human RSV disease but have also been used to demonstrate the in vivo efficacy of antiviral agents (1, 7, 10, 13, 14, 19, 20, 27, 28).

Replication of human RSV in cotton rats is restricted, and a large inoculum of virus is required to achieve a modest degree of virus replication (9). This semipermissiveness of the cotton rat model is probably its biggest disadvantage, resulting in viral replication kinetics that are quite different from those of the primate or human situation. Only a few pharmacokinetic-pharmacodynamic (PK-PD) results in rodent and primate RSV models have been reported, and thus it is still unclear how the relationship between viral titer reduction and systemic exposure translates from these in vivo models to patients infected with RSV.

Previously, we reported the discovery of TMC353121, a potent human RSV inhibitor, and demonstrated its activity in vivo (3). The pharmacokinetics of TMC353121 in cotton rats were further explored in order to build a PK-PD model, and the results obtained are described in this paper.

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MATERIALS AND METHODS

Viruses. The Long strain of RSV was obtained from ATCC (Manassas, VA). The virus was propagated in HeLaM cells, and infectious RSV titers were determined by plaque assay as previously described (1) and by quantitative reverse transcriptase PCR (qRT-PCR) assay as described below.

Animals. Cotton rats and Sprague-Dawley rats were purchased from Charles River Laboratories (Brussels, Belgium). Cotton rats of either sex weighing 60 to 100 g and 5 to 15 weeks of age and male Sprague-Dawley rats weighing 200 to 300 g and 7 to 10 weeks of age were used. All animals were housed individually under controlled conditions (specific pathogen free, 23°C, 60% humidity, normal light-dark cycle) and had access to food and water ad libitum. All efforts were made to minimize animal discomfort and limit the number of animals used. The local Johnson & Johnson Ethical Committee approved all experimental protocols, and the actual experiments were carried out following the procedure described by the guidelines of the European Community Council directive of 24 November 1986 (Declaration of Helsinki 86/609/EEC).

Pharmacokinetic experiments. Sprague-Dawley and cotton rats were given a single-bolus dose of 10 mg/kg TMC353121 intravenously (i.v.). TMC353121 was dissolved in an aqueous 10% 2-hydroxypropyl-β-cyclodextrin solution at pH 4. Blood samples were taken from the orbital venous plexus of three Sprague-Dawley rats at 15 min and 1, 8, and 24 h postdose and from six Sprague-Dawley rats and six cotton rats at 3 h postdose. Blood samples were centrifuged at 1,500 × g for 10 min, and plasma was separated and frozen until bioanalysis. After blood sampling, the rats were exsanguinated from the vena femoralis under isoflurane-oxygen anesthesia. Then they were euthanized by CO2 asphyxiation, and the lungs were subjected to lavage once via a tracheal cannula. Hot saline infusion was used to process the lungs to minimize animal discomfort and limit the number of animals used. The local Johnson & Johnson Ethical Committee approved all experimental protocols, and the actual experiments were carried out following the procedure described by the guidelines of the European Community Council directive of 24 November 1986 (Declaration of Helsinki 86/609/EEC). A total of eight 10-fold serial dilutions of an RSV RNA standard were processed in duplicate on each real-time PCR plate with a gene reaction to measure the viral titer reduction and to monitor the performance of the real-time PCR reagents during each run. RNA extraction efficiency was determined by amplification of the IEC RNA in parallel reaction mixtures in the same sample plates and with the same sample master mix using the following primers and probe: 5′-GGCTCCAGAAAATAGGCGATGATTC-3′ (forward primer), 5′-GTGTTATACAAAGACCAGCTATACAGCTTT-3′ (reverse primer), and FAM-5′-TACCCTGCTTACGCTGAGGAGT-3′/MGB (probe). The threshold value (Ct) was extrapolated from the mean Ct value of the three reactions (PCR = HMR) with a 100 ng/ml input of RSV to 7, and Ct was calculated using urea as an endogenous marker. Urea concentrations in serum and BALF were measured with the Urea Berthelot colorimetric assay kit (EcoLine 13115990305; Diasys, Holzheim, Germany). Compound concentrations and RSV titers in ELF were calculated as follows: compound concentration + RSV titer in BALF × (serum urea concentration/BALF urea concentration).

Data analysis. The following pharmacokinetic parameters were calculated from the mean plasma drug concentrations determined after i.v. bolus administration using noncompartmental analysis (WinNonlin; Pharsight, Mountain View, CA): the area under the plasma drug concentration-time curve from time zero to 24 h postdose (AUC0-24) using the linear up/log down trapezoidal rule, the area under the curve extrapolated to infinity using the half-life determined between 8 and 24 h, and AUMC is the corresponding area under the first-order elimination process. AUC is the area under the plasma drug concentration-time curve from time zero to 24 h using the linear up/log down trapezoidal rule, the area under the curve extrapolated to infinity using the half-life determined between 8 and 24 h, and AUMC is the corresponding area under the first-order elimination process.

Pharmacodynamic experiments. The virus was propagated in HeLaM cells, and infectious RSV titers were determined by plaque assay as previously described (1) and by quantitative reverse transcriptase PCR (qRT-PCR) assay as described below.

To correct for loss of RNA during the extraction process, the following formula was used: C24 h = (C24 h)/(C24 h max) corresponding to the time of virus inoculation, by applying the equation (EC50).
RESULTS

Pharmacokinetics after i.v. dosing. After i.v. bolus administration of a single dose of 10 mg/kg to Sprague-Dawley rats, the plasma drug concentration-time profile of TMC353121 exhibited multicompartmental pharmacokinetics. Mean plasma drug concentrations decreased rapidly during the first hours after dosing and then more slowly, with a half-life of about 12 h, as determined for the last part of the curve between 8 and 24 h postdose (Fig. 1). TMC353121 was rapidly eliminated from plasma (CL/H = 8.6 liters/h/kg) and extensively distributed (V<sub>ss</sub> = 55 liters/kg) (Table 1). ELF dilution could not be determined in Sprague-Dawley rats because the urea concentrations in the BALF were below the limit of quantification. Therefore, the TMC353121 concentrations in BALF were below the limit of quantification. Between 8 and 24 h postdose, the concentration-time profiles in plasma, lung tissue, and BALF were parallel, ELF concentration-time profiles being expected to follow the same kinetics. The high lung tissue drug concentrations are in agreement with the high volume of distribution mentioned above. Even higher concentrations were found in lungs and livers in repeated-dose rat and dog studies without any histological evidence of compound precipitation. TMC353121 is a lipophilic compound. Because of its weak basic properties, it is trapped in its protonated form in acidic cell compartments (e.g., lysosomes), resulting in high concentrations in lysosome-rich tissues such as those of the lung and liver, from which it is slowly released.

In cotton rats given a single-bolus i.v. dose of 10 mg/kg, the variability of TMC353121 concentrations determined in plasma at 3 h postdose was higher than in Sprague-Dawley rats (Table 2). Only up-to-2-fold differences in mean plasma, lung tissue, and BALF drug concentrations between the two strains were observed. Unlike in Sprague-Dawley rats, urea concentrations in the BALF of cotton rats were quantifiable. The mean dilution standard deviation (SD) with the lavage fluid was 18 ± 5, rendering a mean lung ELF drug concentration of 392 ± 147 ng/ml, i.e., 3.5-fold higher than the corresponding mean plasma drug concentration.

Pharmacokinetics after s.c. dosing. After single s.c. administration of a sustained-release nanocrystal formulation (50 mg/kg) to Sprague-Dawley rats, mean plasma TMC353121 concentrations reached a maximum at around 3 h postdose and remained on a plateau at 40 to 55 ng/ml between 3 and 24 h. Thereafter, drug concentrations decreased slowly to reach 48-h values only about 2-fold lower than the 24-h values (Fig. 2). Following a single s.c. administration of 12.5, 25, 50, 100, or 200 mg/kg to cotton rats, the plasma TMC353121 concentrations determined at 24 h appeared to increase approximately linearly with the dose, although the interanimal variability was rather high (Fig. 3).

![FIG. 1. Mean ± SD TMC353121 concentrations in the plasma, BALF, and lung tissue of Sprague-Dawley rats following a single i.v. bolus administration (10 mg/kg). Each symbol represents the mean concentration from three rats, except at 3 h postdose (n = 6).](image1)

![FIG. 2. Mean ± SD plasma TMC353121 concentrations (n = 6) in Sprague-Dawley rats following a single s.c. administration of a sustained-release formulation (50 mg/kg).](image2)

<table>
<thead>
<tr>
<th>Rat type</th>
<th>TMC353121 concn (ng/ml)* in:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Plasma</td>
</tr>
<tr>
<td>Sprague-Dawley</td>
<td>63 ± 17</td>
</tr>
<tr>
<td>Cotton</td>
<td>111 ± 130</td>
</tr>
</tbody>
</table>

* Values are mean ± standard deviation (n = 6 animals).

![TABLE 1. Pharmacokinetic parameters of TMC353121 in Sprague-Dawley rats following a single-bolus i.v. administration of 10 mg/kg](image3)

<table>
<thead>
<tr>
<th>Matrix</th>
<th>AUC&lt;sub&gt;0-24 h&lt;/sub&gt; (ng/h/ml)</th>
<th>CL (liters/h/kg)</th>
<th>V&lt;sub&gt;ss&lt;/sub&gt; (liters/kg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plasma</td>
<td>1,100</td>
<td>8.6</td>
<td>55</td>
</tr>
<tr>
<td>Lung tissue</td>
<td>131,000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BALF</td>
<td>170</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

![TABLE 2. TMC353121 concentrations in plasma, lung tissue, BALF, and ELF of Sprague-Dawley rats and cotton rats at 3 h after a single-bolus i.v. administration of 10 mg/kg](image4)
Antiviral activity in cotton rats after s.c. dosing. The antiviral activity of TMC353121 was examined in a dose-ranging study with cotton rats. Cohorts of six animals were administered the nanocrystal formulation in s.c. doses of 12.5, 25, 50, 100, and 200 mg/kg 24 h before virus inoculation. Four days later, BALF samples were collected and RSV titers were determined by plaque and qRT-PCR assays. The viral load in untreated control animals was 5.6 log10 PFU/ml ELF. Compared to the titers of untreated control rats, significant (P values < 0.05) reductions of 0.2, 0.3, 0.4, 0.8, and 1.2 log10 PFU/ml ELF were measured by plaque assay and of 0.5, 0.6, 1.1, 1.7, and 2.2 log10 PFU/ml ELF were measured by qRT-PCR assay after administration of the above-mentioned doses, respectively (Fig. 4). Across samples treated with different concentrations of TMC353121, the treatment effect was less pronounced when assessed by quantitative plaque titration, than when assessed by qRT-PCR. The observed difference is unlikely to be due to nonspecific inhibition of the viral replication in the plaque assay since TMC353121-treated and control samples were processed identically. The difference may be related to the fact that the plaque assay monitors infectious viral particles only, while the qRT-PCR assay estimates viral RNA from both infectious and noninfectious virions, as well as viral transcripts released from infected host cells (18).

PK-PD relationship after s.c. dosing. The individual viral titer reduction values determined by plaque assay after s.c. administration of single doses of 12.5, 25, 50, 100, and 200 mg/kg to cotton rats were plotted versus the corresponding plasma TMC353121 concentration determined at 24 h post-dose, prior to virus inoculation (Fig. 5). The relationship between viral titer reduction (E) and the 24-h plasma drug concentration (C24h) was well described by the simple $E_{\text{max}}$ model by applying the equation $E = \frac{E_{\text{max}}}{C_{24h}} \times \frac{C_{24h}}{C_{50}}$. $E_{\text{max}}$ derived from the model corresponded to a log10 viral titer reduction of 1.5 (Table 3), and the EC50 was 200 ng/ml.

**DISCUSSION**

Anti-RSV activity of TMC353121 has previously been demonstrated in cotton rats following i.v. bolus administration (3). A significant viral load reduction was obtained after a single administration of single doses of 12.5, 25, 50, 100, and 200 mg/kg to cotton rats were plotted versus the corresponding plasma TMC353121 concentration determined at 24 h post-dose, prior to virus inoculation (Fig. 5). The relationship between viral titer reduction (E) and the 24-h plasma drug concentration ($C_{24h}$) was well described by the simple $E_{\text{max}}$ model by applying the equation $E = \frac{E_{\text{max}} \times C_{24h}}{C_{24h} + EC_{50}}$. $E_{\text{max}}$ derived from the model corresponded to a log10 viral titer reduction of 1.5 (Table 3), and the EC50 was 200 ng/ml.

**TABLE 3. Estimates of the parameters of the $E_{\text{max}}$ model**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>$E_{\text{max}}$ (log10 reduction)</th>
<th>EC50 (ng/ml)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimate</td>
<td>1.5</td>
<td>200</td>
</tr>
<tr>
<td>SD</td>
<td>0.20</td>
<td>71</td>
</tr>
<tr>
<td>CV (%)</td>
<td>14</td>
<td>35</td>
</tr>
</tbody>
</table>

$^a$ The $E_{\text{max}}$ model equation ($E_{\text{max}} \times C_{24h} / (C_{24h} + EC_{50})$) was used to fit the individual viral titer reduction values versus the plasma TMC353121 concentration at the time of challenge (24 h after s.c. administration).

$^b$ CV, coefficient of variation.
mechanism of action and its activity in single-round time-of-addition experiments (21). Moreover, the amount of virus recovered from the lungs in the cotton rat host model has been shown to be directly proportional to the amount of challenge virus (20). This suggests that the cotton rat is semipermissive for RSV infection, involving limited replication with very likely just one round of replication. TMC353121 has to be present before completion of the virus-host cell fusion process. Therefore, a PK-PD relationship can be established in the cotton rat following a single drug administration and using the concentration of TMC353121 in the effect compartment at the time of challenge. As TMC353121 blocks viral entry, it has an extracellular activity and ELF appears to be the most relevant effect compartment. This is supported by the small viral load reduction obtained in cotton rats when an RSV challenge was given 24 h after a single i.v. TMC353121 administration (3), in agreement with the low ELF concentrations at the time of challenge, but not with the high lung tissue drug concentrations (>2,000 ng/ml in Sprague Dawley rats, as shown in Fig. 1).

Kinetics of TMC353121 elimination and distribution to lung tissue and ELF were characterized after i.v. bolus administration. Sprague-Dawley rats were used to characterize the concentration-time profiles because these animals are easier to handle than cotton rats. The plasma drug profiles obtained after i.v. bolus administration were previously shown to be roughly comparable in the two rat types (unpublished data). Following i.v. administration of a single dose of 10 mg/kg to Sprague-Dawley rats, TMC353121 was eliminated rapidly from plasma with a systemic clearance higher than the hepatic blood flow and was extensively distributed. Despite extensive metabolism, unchanged TMC353121 was by far the major circulating compound (unpublished data). The slower decline of lung and ELF TMC353121 concentrations within the first 8 h postdose, compared to plasma drug concentrations, suggests that lung tissue and ELF constitute deep compartments. The parallel time courses of the drug concentrations in plasma, lung tissue, and ELF between 8 and 24 h reflect a slow release of TMC353121 in the effect compartment at the time of challenge. As TMC353121 is active against wild-type RSV (strain LO) with a 50% effective concentration (in vitro EC₅₀) of 0.07 ng/ml in HeLaM cells (3). In the cotton rat, 50% of the maximum antiviral activity was achieved at a plasma drug concentration of 200 ng/ml, which is significantly higher than the in vitro EC₅₀, even when adjusted for 99% plasma protein binding (7 ng/ml). Significant efficacy was also obtained in cotton rats at high plasma drug concentrations for another RSV fusion inhibitor, BMS-433771 (in vitro EC₅₀ of 20 nM) (5). After a single oral administration of BMS-433771 1 h prior to RSV inoculation, a significant viral load reduction of 1.0 log₁₀ was obtained for an AUC value of 5,000 ng/h/ml.

In conclusion, TMC353121 was shown to reduce the RSV load in a dose-dependent manner following a single s.c. administration in the cotton rat model. A simple PK-PD model was used to estimate the plasma TMC353121 level necessary to obtain a significant RSV titer reduction, with the advantage of a single administration and a single PK sampling at the time of RSV inoculation. This model can be a useful tool for the evaluation of RSV fusion inhibitors. The relationship between the plasma drug levels required to achieve significant antiviral activity in the cotton rat and in different clinical situations still needs to be evaluated.

In vitro, TMC353121 is active against wild-type RSV (strain LO), with a 50% effective concentration (in vitro EC₅₀) of 0.07 ng/ml in HeLaM cells (3). In the cotton rat, 50% of the maximum antiviral activity was achieved at a plasma drug concentration of 200 ng/ml, which is significantly higher than the in vitro EC₅₀ even when adjusted for 99% plasma protein binding (7 ng/ml). Significant efficacy was also obtained in cotton rats at high plasma drug concentrations for another RSV fusion inhibitor, BMS-433771 (in vitro EC₅₀ of 20 nM) (5). After a single oral administration of BMS-433771 1 h prior to RSV inoculation, a significant viral load reduction of 1.0 log₁₀ was obtained for an AUC value of 5,000 ng/h/ml.

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REFERENCES


