The World Health Organization (WHO) estimates that the annual incidence of cutaneous leishmaniasis (CL) is 1.5 million, with 90% of these cases occurring in seven countries: Afghanistan, Algeria, Brazil, Iran, Peru, Saudi Arabia, and Syria. New World CL is caused mainly by *Leishmania (Vianna)* peruviana, *Leishmania (Vianna) guyanensis*, *Leishmania (Vianna) braziliensis*, *Leishmania (Leishmania) mexicana*, and *Leishmania (Leishmania) amazonensis*. The last species is also responsible for diffuse cutaneous leishmaniasis (DCL) in South America (4, 17).

Parenteral administration of pentavalent antimony organic compounds remains the first-choice therapy for all leishmaniasis syndromes, including CL. However, resistance and a high frequency of side effects (anorexia, myalgias, arthralgias, chemical pancreatitis, leucopenia, cardiotoxicity, etc.) are still relevant problems associated with this treatment (7, 13). Over the past few decades, major emphasis has been given to the development of alternative therapies, including the identification of formulations for both oral and topical treatment of CL (3, 7). Topical treatment represents an interesting approach, offering several advantages in comparison with parenteral administration: easy administration, lower adverse reaction incidence, and an attractive cost-benefit ratio (10). Nevertheless, systemic metastasis, which frequently occurs in cases of New World CL, may require a systemic therapy.

Paromomycin, an aminoglycoside antibiotic, is the most commonly studied drug for the topical treatment of CL. Recent studies have shown that a new paromomycin formulation was effective in *Leishmania (Leishmania) major* and *L. (L.) amazonensis*-infected mice or *L. (V.) braziliensis*-infected hamsters (12, 18). This formulation was recently tested in patients in whom CL was caused by *L. (V.) braziliensis* and who could not be subjected primarily to meglumine antimoniate therapy (21). A new agent, miltefosine, has been successfully implemented in the oral treatment of New World CL (25). However, therapies based on the application of miltefosine are extensive, lasting in general 28 days, and raise concerns regarding toxicity, resistance, and teratogenicity.

Combined therapy, compared to monotherapeutic regimens, also represents an exciting alternative in the treatment of CL, joining new therapeutic modalities that offer several advantages, such as preventing the emergence of resistance, increasing efficacy, or shortening the course of treatment (23). The present study took one further step in this approach and investigated the efficacy of the combination of topical paromomycin gel and oral miltefosine in the treatment of *L. (L.) amazonensis*-infected mice, showing activity higher than that observed for the monotherapeutic regimens.

Materials. Paromomycin as sulfate (757 μg/mg; Antibioticos, Milan, Italy), hydroxyethylcellulose (HEC) (Natrosol 250 HR; Aqualon), methylparaben (MP), and propylene glycol (PG) (Basf, Ludwigshafen, Germany) were used to prepare the hydrophilic gel. Miltefosine was donated by Zentaris GmbH (Frankfurt, Germany).

Preparation of formulations. The paromomycin hydrophilic gel was prepared by heating 1.5% HEC, 10% PG, and 0.2% MP in water to 60 to 70°C under constant agitation until a homogeneous and transparent gel had been obtained. After cooling, paromomycin, previously dissolved in water, was incorporated into
the gel at a 10% concentration. Subsequently, the mixture was agitated until a homogeneous preparation was obtained. For oral treatment, miltefosine was dissolved in distilled water.

Parasites and infection of animals. L. (L.) amazonensis (strain IFLA/BR/1967/PH8) amastigotes were isolated from dorsal nodules from Golden hamsters. The nodules were homogenized with an Ultra-Turrax homogenizer (IKA, Germany) in Schineider’s modified medium supplemented with 10% bovine fetal serum and 1% 100-U/ml penicillin–100-µg/ml streptomycin solution. The tissue was centrifuged at 50 × g for 2 min for sedimentation (Hitachi; Himaic). The supernatant was separated, centrifuged at 1,700 × g for 15 min (Express; Jouan), and resuspended in Schineider’s modified medium at 5.0 × 10^6 amastigotes/ml.

BALB/c mice (females, 6 to 7 weeks old) were inoculated with approximately 1 × 10^5 amastigotes of L. (L.) amazonensis through subcutaneous injections at the base of the tail after trichotomy. The study was approved by the Ethics Committee for Animal Experimentation of the Federal University of Minas Gerais (CETEA/UFMG) (181/2006).

Treatment of infected animals. Initially, a dose-effect study of oral miltefosine was carried out. After the development of ulcerated lesions (average diameter, 7 to 9 mm), BALB/c mice were divided into four groups (n = 5) according to lesion size to ensure similar average lesion sizes among the treated groups. The miltefosine was administered orally (200 µl) at 5, 10, or 25 mg/kg of body weight/day for 5 days a week over a 2-week period. The control group received distilled water. The animals were maintained in abstinence from food for 3 h pretreatment and 1 h posttreatment. For the first study, the treatment efficacy was evaluated through parasite quantification at the site of infection (see below).

The second study evaluated the efficacy of the combination of topical paromomycin (a gel containing 10% drug) and oral miltefosine at a dose of 5, 10, or 25 mg/kg/day. After the development of ulcerated lesions, BALB/c mice were divided into four groups (n = 5). For the topical paromomycin plus 5 mg/kg/day miltefosine group, lesions were covered with 50 µl of 10% paromomycin gel twice a day for 20 days. The gel was topically applied using a semisolid pipette. The animals were also treated with miltefosine administered by oral gavage (5 mg/kg/day) on alternate days for 20 days. For the remaining groups, the animals were treated similarly with 10% paromomycin gel for 20 days and miltefosine by oral gavage (10 mg/kg/day) on alternate days for 20 days. For the control group, the animals were treated with a gel that did not contain paromomycin (placebo). The treatment efficacy was evaluated by determining parasite loads at the site of infection (see below).

The third study evaluated the efficacy of the combination of topical paromomycin (a gel containing the drug at 10%) plus 10 mg/kg/day miltefosine in comparison to the monotherapeutic regimens (10% paromomycin gel or 10 mg/kg/day oral miltefosine alone). After the development of ulcerated lesions, BALB/c mice were divided into four groups (n = 5). For the paromomycin group, lesions were covered with 50 µl of 10% paromomycin gel twice a day for 20 days. For the miltefosine group, the animals were treated with miltefosine by oral gavage (10 mg/kg/day) on alternate days for 20 days. For the topical paromomycin plus 10 mg/kg/day miltefosine group, the lesions received a topical treatment with 10% paromomycin gel, as previously described for the paromomycin group. In addition, the animals were treated with miltefosine, which was administered orally in the same manner as for the miltefosine group. For the control group, the animals were treated with a gel that did not contain paromomycin (placebo).

Treatment efficacy was evaluated by observing the sizes and appearance of nodules and ulcers, the visible parasites within lesions, and the number of viable parasites at the site of infection. Skin fragments consisting of ulcerated lesions were weighed and resuspended in 1 ml of Schineider’s modified medium supplemented with 10% bovine fetal serum and 1% 100-U/ml penicillin–100-µg/ml streptomycin solution. The homogenate was subjected to serial dilutions in duplicate in sterile 96-well culture plates and incubated at 23°C. Each well was examined for the presence of parasites, and the number of parasites was determined by a limiting-dilution assay. Skin fragments consisting of ulcerated lesions were weighed and resuspended in 1 ml of Schineider’s modified medium supplemented with 10% bovine fetal serum and 1% 100-U/ml penicillin–100-µg/ml streptomycin solution. The homogenate was subjected to serial dilutions in duplicate in sterile 96-well culture plates and incubated at 23°C. Each well was examined for the presence of parasites, and the number of parasites was determined by a limiting-dilution assay at which the parasites could grow over a 7-day period. The number of viable parasites was also determined in spleens, as previously described. The supernatant was separated and centrifuged at 1,700 × g for 2 min (Express; Jouan).

Lesion size measurements. During and after treatment, lesion size was followed up weekly using a caliper to measure the diameter (Mütutuyo, Brazil). The lesion size was determined by obtaining the average value between the longest line that could be traced from one border of the lesion to another and the line that bisected this distance at a 90° angle. Further evaluations, through careful observation of paws and tails, included the appearance of relapses, nodules, and metastasis in other locations on the animals’ skin. The infected mice were observed for an additional 49-day period after the interruption of treatment. Animals were considered cured only if nodules and ulcers were completely absent (end of experiment).

Statistical analysis. The statistical significance of differences in the parasite quantifications and average lesion diameters among groups was evaluated using the one-way analysis of variance (ANOVA) test followed by Tukey’s test. The difference was considered significant when the P value was less than 0.05.

RESULTS

Dose-effect study of oral miltefosine. The quantification of parasites within lesions was used to evaluate the efficacies of different doses of oral miltefosine in animals infected with L. (L.) amazonensis. As shown in Fig. 1, the number of parasites within the lesion decreased when doses of oral miltefosine were increased. The number of parasites in the control group (1.4 × 10^5) was higher than that observed in the groups treated with miltefosine at 5 mg/kg/day (Milt 5), 10 mg/kg/day (Milt 10), or 25 mg/kg/day (Milt 25) for 5 days per week over a 2-week period. Three days after the interruption of treatment, parasite numbers recovered from lesions were evaluated by limiting-dilution assay (*, P < 0.05 compared to the control group) (n = 5). The error bars represent standard deviations (SD) of the mean.

![FIG. 1. In vivo efficacy of oral miltefosine in L. (L.) amazonensis-infected mice. Female BALB/c mice were infected with L. (L.) amazonensis amastigotes in the base of the tail; 6 weeks after inoculation, the animals were treated with distilled water (Control) and orally administered miltefosine at 5 mg/kg/day (Milt 5), 10 mg/kg/day (Milt 10), or 25 mg/kg/day (Milt 25) for 5 days per week over a 2-week period. The second study was carried out to evaluate the efficacy of oral miltefosine in animals infected with L. (L.) amazonensis. As shown in Fig. 1, the number of parasites within the lesion decreased when doses of oral miltefosine were increased. The number of parasites in the control group (1.4 × 10^5) was higher than that observed in the groups treated with miltefosine at 5 mg/kg/day (Milt 5), 10 mg/kg/day (Milt 10), or 25 mg/kg/day (Milt 25) for 5 days per week over a 2-week period. Three days after the interruption of treatment, parasite numbers recovered from lesions were evaluated by limiting-dilution assay (*, P < 0.05 compared to the control group) (n = 5). The error bars represent standard deviations (SD) of the mean.](https://aac.asm.org/content/10.1128/AAC.01793-17)
oral miltefosine completely eliminated the parasites at the site of infection, showing a reduction of 100%. The animals treated with the combination of topical paromomycin plus 5 mg/kg/day oral miltefosine showed an insignificant reduction compared to the control group ($P > 0.05$). Thus, the combination of topical paromomycin plus oral miltefosine at doses of 10 mg/kg/day or 25 mg/kg/day provided enhanced efficacy in the treatment of *L. amazonensis*-infected mice.

To further investigate the efficacy of drug combination, a third study evaluated the efficacy of the association of topical paromomycin gel plus miltefosine in comparison with the monotherapeutic regimens (topical paromomycin gel or oral miltefosine alone). Oral miltefosine at a dose of 10 mg/kg/day was selected for this investigation. The parasite burdens in the lesion and spleen were assessed 3 days after the end of the treatment. The data are presented in Fig. 3. The animals treated with the monotherapeutic regimens (topical paromomycin or 10 mg/kg/day oral miltefosine alone) showed an insignificant reduction compared to the control group ($P > 0.05$). As expected, the parasite burden at the site of infection (lesion) was significantly reduced ($P < 0.05$) in animals treated with the combination of topical paromomycin plus oral miltefosine ($3.4 \times 10^4$) compared to the placebo gel ($1.1 \times 10^7$), showing a reduction of 99.99% in the parasite load (Fig. 3a). To investigate the systemic efficacy of the paromomycin plus miltefosine combination, the spleen parasite burden was also evaluated (Fig. 3b). Treatment of infected animals with topical paromomycin alone did not change the parasite load in the spleen, while oral miltefosine, compared to the control group, induced an insignificant reduction. However, the parasite burden in the spleen was significantly reduced ($P < 0.05$) in animals treated with the topical paromomycin plus oral miltefosine combination compared to those that received either monotherapeutic regimens or the placebo gel (control group).

Figure 4a shows the evolution of the lesion size after the beginning of the treatment as a function of time. At the beginning of the treatment, the animals treated with miltefosine alone and with the topical paromomycin plus oral miltefosine combination showed lesions with average diameters of 7.9 and 8.4 mm, respectively. The lesion sizes in these animals significantly diminished during the evaluation period until complete healing had been established, which could be observed 28 days after the onset of therapy for both groups. All animal lesions treated with the topical paromomycin plus oral miltefosine combination remained cured throughout the observation period (49 days), and no relapse, characterized by the reappearance of ulcers, could be observed during this time interval. In contrast, for those treated with oral miltefosine alone, relapse was observed 42 days after the onset of therapy. Animals treated with topical paromomycin alone showed a slight and gradual reduction in lesion size. However, compared to the control group, significant differences could be observed only 42 days after the onset of therapy for both groups. All animal lesions treated with the topical paromomycin plus oral miltefosine combination remained cured throughout the observation period (49 days), and no relapse, characterized by the reappearance of ulcers, could be observed during this time interval. In contrast, for those treated with oral miltefosine alone, relapse was observed 42 days after the onset of therapy. Animals treated with topical paromomycin alone showed a slight and gradual reduction in lesion size. However, compared to the control group, significant differences could be observed only 42 days after the onset of therapy. Data concerning the percentages of cured animals are shown in Fig. 4b. The cure criterion adopted was the complete healing of lesions and the absence of nodules. In the groups treated with oral miltefosine alone or the topical paromomycin plus
oral miltefosine combination, complete healing (100%) was observed in all animals 28 days after the beginning of the treatment. No relapse, characterized by the reappearance of nodules or ulcers, could be observed for animals treated with the combination throughout the evaluation period (49 days), and hair growth could be detected in all cured animals. However, 49 days after the beginning of treatment, relapse, characterized by the reappearance of ulcers, was observed in four-fifths of the animals treated with miltefosine alone, producing a reduction in the cure percentage (20% cure rate). In the group of animals treated with topical paromomycin, no cure was found for any animal (0% cure rate) up to 42 days after the beginning of treatment, which was similar to that observed in the placebo (control) group. In addition, a low cure rate (20%) was observed 49 days after the onset of treatment. Therefore, under these conditions, the activity of the topical paromomycin plus oral miltefosine combination was significantly higher than that observed for monotherapeutic regimens.

**DISCUSSION**

Recently, our research group reported that the combination of topical PA gel plus oral miltefosine provided enhanced efficacy in the treatment of *L. (L.) major*-infected BALB/c mice (1). A positive interaction between miltefosine (oral) and paromomycin (subcutaneous) was observed in BALB/c mice infected with *Leishmania (Leishmania) donovani* (23). Since sensitivities to both paromomycin and miltefosine vary considerably among *Leishmania* species (9, 19, 20), the present study sought to investigate the activity of the topical paromomycin plus oral miltefosine combination in mice infected by *L. (L.) amazonensis*, a species causing New World CL.

Since there were no previous reports on the activity of oral miltefosine against *L. (L.) amazonensis* in animal models, the first step of this study was to evaluate the efficacy in experimentally infected mice through a dose-effect analysis. Previous findings indicated significant toxicity in animals that received oral miltefosine at a dose of 50 mg/kg/day, expressed as a significant loss of body weight (1). On the other hand, *in vitro*, the 50% inhibitory concentration (IC₅₀) of miltefosine against *L. (L.) major* was higher than that observed for *L. (L.) amazonensis* (9, 20). Therefore, the doses selected in the present study ranged from 5 to 25 mg/kg/day.

The parasite burden in the lesion was significantly reduced when miltefosine was orally administered at a dose of 25 mg/kg/day. However, lower doses (5 or 10 mg/kg/day) were not associated with a significant reduction in the parasite burdens in lesions. Subsequently, the treatment efficacy of the topical paromomycin plus oral miltefosine combination was evaluated by measuring the parasite burden on the skin. Treatment of the experimentally infected animals with a combination of paromomycin and 10 or 25 mg/kg/day miltefosine, compared with those treated with a paromomycin plus 5 mg/kg/day miltefosine combination or a placebo, led to a statistically significant reduction in the lesion parasite burden. It is interesting that the combination of paromomycin plus 25 mg/kg/day miltefosine completely eliminated the parasite burden at the site of infection. However, due to concerns of toxicity associated with high doses of miltefosine (4, 24), the dose of 10 mg/kg/day was selected to compare the combined therapy to the monotherapeutic regimens.

A low cure percentage in animals treated with topical paromomycin alone was observed. This is in contrast with prior studies, which reported that the activity of the topical paromomycin gel in mice infected by *L. (L.) amazonensis* was in fact higher than that observed for parenteral antimony, showing complete healing of ulcers in all animals (12). This finding may well be attributable to differences in experimental procedures between the two studies, since mice were infected with promastigotes and amastigotes in the previous and present studies, respectively. The disease proved to be more aggressive in animals infected with amastigotes than in those infected with promastigotes, and the outcome of the therapy might have been markedly influenced by this (11). Nevertheless, the findings of the present study suggest that the paromomycin and miltefosine combination represents an interesting alternative in the treatment of CL.

The systemic efficacy of the topical paromomycin plus oral miltefosine combination was also evaluated by measuring the parasite burden in the spleen. Treatment of the experimentally infected animals using the paromomycin plus miltefosine combination, compared to those treated with monotherapeutic regimens or a placebo, led to a reduction in the lesion parasite burden, consequently showing the complete healing of ulcers.

The combination proved to be as effective as oral miltefosine alone in reducing lesion size; however, relapses could clearly be observed in animals receiving monotherapy, which did not.
occur in the group treated with the drug combination. In addition, the efficacy of the combination was higher than that observed for the other treatments, including oral miltefosine alone, in reducing the parasite burden in the spleen.

The improved systemic efficacy of the topical paromomycin plus miltefosine combination may well be attributable to the effects of both drugs, since enhanced percutaneous absorption of paromomycin after topical application was observed. Our previous studies showed that paromomycin can be absorbed when administered topically (1). This finding is consistent with previous observations, which showed that the in vitro permeation of paromomycin from a hydrophilic gel applied to stripped mouse skin was high (6). On other hand, miltefosine was found to be efficiently absorbed by the intestinal tract after oral administration. In addition, the remarkable activity of the drug in the spleen might be explained, at least in part, by a favorable distribution of the compound in the reticuloendothelial system (5, 14).

Investigations of the mode of action of paromomycin in Leishmania are scarce, and several targets have been implicated as suggested mechanisms (15, 16). The action of miltefosine includes the perturbation of ether- lipid metabolism, glycosylphosphatidylinositol anchor biosynthesis, and signal transduction (23). Recently, it has been demonstrated that miltefosine may also affect immune responses due to its ability to induce macrophages in BALB/c mice infected with L. (L.) donovani (27). Although confirmation of the presence of this mechanism of action during the treatment of L. (L.) amazonensis infection in BALB/c mice requires further investigation, this could be a very interesting additional effect, considering that BALB/c mice are very susceptible to infection by L. (L.) amazonensis. The underlying immune responses linked to these extreme susceptibilities are, at least in part, associated with increased interleukin 4 (IL-4) and IL-10 levels, which suppress the development of Th1 cells and inhibit IFN-γ secretion (2, 26). Indeed, these mice have been considered a rigorous noncure model in which only the most active drugs are effective. Cure of the infection in this model, even if temporary, is usually attributed to effects of chemotherapy (8). However, it is tempting to hypothesize that, besides the anti-leishmania activity, miltefosine may also improve Th1 immune responses and macrophage microbicidal activation, as has been observed during L. (L.) donovani infection.

By comparing the data from our previous studies (1), in which animals experimentally infected with L. (L.) major were treated with combination and monotherapeutic regimes, with those of the present study, some important additional considerations can be raised. Miltefosine alone showed high efficacy in animals experimentally infected with L. (L.) amazonensis and low efficacy in mice infected with L. (L.) major. In contrast, topical paromomycin alone showed the opposite behavior. Interestingly, the miltefosine and topical paromomycin combination showed high efficacy in animals infected either with L. (L.) major or L. (L.) amazonensis, leading to statistically significant reductions in parasite burdens in the lesion and the spleen in comparison to the control group, while the monotherapeutic regimes were not associated with significant reductions. These findings suggest that the combined therapy of miltefosine and paromomycin may circumvent the well-documented differences in susceptibility to these drugs observed for these Leishmania species.

Finally, the present study was performed on mice infected by L. (L.) amazonensis, one of the etiologic agents of New World CL. Human CL in the New World can be associated with the dissemination of parasites, a situation that may require systemic treatment. Moreover, infection by L. (L.) amazonensis is associated with all clinical syndromes of leishmaniasis, including DCL. Patients with DCL are usually not responsive to treatment and present a specific anergy to parasite antigens (22). It has been demonstrated in vitro that New World Leishmania species are more refractory to paromomycin (19) and more sensitive to miltefosine (9). However, therapies recommended to treat human New World CL with oral miltefosine are extensive (28 days) and raise concerns regarding the emergence of toxicity and resistance. On the other hand, sole topical treatment of New World CL may lead to concerns regarding the elimination of disseminated parasites. Therefore, a therapy including a topical paromomycin plus oral miltefosine combination may circumvent the requirements for prolonged treatment, with favorable impacts on toxicity and the efficient elimination of disseminated parasites. Thus, our data suggest that the topical paromomycin plus oral miltefosine combination may also represent an interesting alternative in the treatment of New World CL.

In summary, our data show that the combination of a topical paromomycin gel plus oral miltefosine provides enhanced efficacy in treatment, in turn showing significantly higher activity than that observed for the monotherapeutic regimes, in mice infected by L. (L.) amazonensis, one of the main etiologic agents of New World CL. These findings suggest that the topical paromomycin plus oral miltefosine combination represents a promising alternative in the treatment of CL.

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