Tolerability of Cefazolin after Immune-Mediated Hypersensitivity Reactions to Nafcillin in the Outpatient Setting

Kimberly G. Blumenthal,a,b,c Ilan Youngster,c,d,e Erica S. Shenoy,b,c,e,f Aleena Banerji,a,c Sandra B. Nelson,a,c

Division of Rheumatology, Allergy, and Immunology, Department of Medicine, Massachusetts General Hospital, Boston, Massachusetts, USAa; Division of Infectious Diseases, Department of Medicine, Massachusetts General Hospital, Boston, Massachusetts, USAa; Medical Practice Evaluation Center, Massachusetts General Hospital, Boston, Massachusetts, USA; Harvard Medical School, Boston, Massachusetts, USAa; Division of Infectious Diseases, Department of Pediatrics, Boston Children’s Hospital, Boston, Massachusetts, USAa; Division of Infectious Diseases, Department of Medicine, Massachusetts General Hospital, Boston, Massachusetts, USAa; Infection Control Unit, Massachusetts General Hospital, Boston, Massachusetts, USAa

The objective of the present study was to assess the safety and tolerability of cefazolin therapy among patients with methicillin-sensitive Gram-positive bacterial infections who develop non-IgE-mediated hypersensitivity reactions (HSRs) to nafcillin. In this retrospective cohort analysis of the Outpatient Parenteral Antimicrobial Therapy program at the Massachusetts General Hospital from 2007 through 2013, we identified patients switched from nafcillin to cefazolin after an immune-mediated HSR. We reviewed patient demographics, details about the original HSR, and outcomes after the switch to cefazolin therapy. HSRs were classified by reaction type and likely mechanism. There were 467 patients treated with nafcillin, of which 60 (12.8%) were switched to cefazolin during their prescribed course. Of the 60 patients who transitioned to cefazolin, 17 (28.3%) were switched because of non-IgE-mediated HSRs. HSRs included maculopapular rash (n = 10), immune-mediated nephritis (n = 3), isolated eosinophilia (n = 2), immune-mediated hepatitis (n = 1), and a serum sickness-like reaction (n = 1). All but one patient (94.1%) who switched to cefazolin tolerated the drug with resolution of the HSR and completed their therapy with cefazolin. No patient experienced worsening of their rash or progressive organ dysfunction. With appropriate monitoring, therapy with cefazolin after non-IgE-mediated HSRs to nafcillin appears to be safe.

Penicillins are the most common cause of drug allergy (1, 2). As a class, penicillins can cause any of the four types of Gell and Coombs (2) immunologic hypersensitivity reactions (HSRs) (Table 1), although IgE-mediated reactions (type I) and maculopapular rashes (type IV) are most commonly encountered (1–4). Less frequent penicillin-related HSRs include serum sickness-like reactions; organ-specific reactions, such as an immune-mediated nephritis or hepatitis; and severe cutaneous adverse reactions (SCARs), such as Stevens-Johnson syndrome (SJS)/toxic epidermal necrolysis (TEN), and drug rash eosinophilia and systemic symptoms (DRESS) syndrome (non-IgE-mediated HSRs or type II to IV HSRs) (1, 5–10).

For most infections with methicillin-sensitive Gram-positive organisms, a penicillin or a cephalosporin, such as cefazolin, is considered first-line therapy (11–13). β-Lactam antibiotics are more efficacious in vitro, particularly when used in settings of high bacterial burden (11, 14). In vivo, for methicillin-sensitive Staphylococcus aureus (MSSA) bacteremia, treatment with oxacillin, nafcillin, or cefazolin is associated with lower mortality and decreased rates of treatment failure compared to those associated with vancomycin (15–19). However, β-lactam antibiotics, including nafcillin, have been implicated in non-IgE-mediated HSRs, including maculopapular rash, acute interstitial nephritis (AIN), and immune-mediated hepatitis (20–22). Because nafcillin and cefazolin are first-line agents for the treatment of infections due to methicillin-susceptible Gram-positive organisms, an important clinical question is whether patients who develop non-IgE-mediated HSRs to nafcillin can be successfully treated with cefazolin.

The antigenic determinants of type I, IgE-mediated penicillin hypersensitivity are known. Cross-reactivity with cephalosporins occurs when allergic individuals create drug-specific IgE that cross-reacts with cephalosporin antigens (1, 23). Allergy to cephalosporins can be directed at the β-lactam ring or a side chain, known as an R group (Fig. 1) (23–25). The rate of IgE-mediated cross-reactivity between penicillin and cephalosporins is approximately 2 to 4%, and the result of such cross-reactivity has been reported to include anaphylaxis (1, 23–25). Cefazolin has a β-lactam ring similar to that of nafcillin, but its R group is dissimilar to the R groups of the penicillins and other commonly used cephalosporins (23–25).

Despite the large body of knowledge regarding IgE-mediated hypersensitivity to penicillins and cross-reactivity with cephalosporins, much less is known about the cross-reactivity between penicillins and cephalosporins in non-IgE-mediated HSRs (1, 26). When a patient develops a non-IgE-mediated HSR, clinicians may, on the basis of clinical experience and consideration of the severity of the reaction, avoid all possibly cross-reactive antibiotics (1, 9). Allergy practice guidelines provide little guidance on this topic, due to the hypothetical cross-reactivity (1, 23–25, 27).

We present 17 patients who developed non-IgE-mediated (type III and IV) HSRs to nafcillin who were subsequently switched to cefazolin. To the best of our knowledge, this is the first published study addressing β-lactam cross-reactivity in non-IgE-mediated HSRs.
TABLE 1 Types and classifications of HSRs

<table>
<thead>
<tr>
<th>HSR classification</th>
<th>Reaction type</th>
<th>Immunologic mechanism</th>
<th>HSR name/symptom</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>IgE-mediated, immediate-type hypersensitivity</td>
<td>Antigen exposure causes IgE-mediated activation of mast cells and basophils with release of allergic mediators (histamine, prostaglandins, and leukotrienes).</td>
<td>Anaphylaxis, angioedema, bronchospasm, urticaria (hives)</td>
</tr>
<tr>
<td>II</td>
<td>Antibody dependent</td>
<td>An antigen or hapten on the cell binds to antibody (IgG), leading to cell or tissue injury.</td>
<td>Hemolytic anemia, thrombocytopenia, neutropenia</td>
</tr>
<tr>
<td>III</td>
<td>Immune complex disease</td>
<td>Antigen-antibody (IgG) complexes cause damage by complement activation and/or recruitment of neutrophils.</td>
<td>Serum sickness</td>
</tr>
<tr>
<td>IV</td>
<td>Cell-mediated, delayed-type hypersensitivity</td>
<td>Antigen exposure activates T cells, which then mediates tissue injury.</td>
<td>Maculopapular rash, organ-specific reactions, SJS/TEN, DRESS syndrome</td>
</tr>
</tbody>
</table>

a Organ-specific reactions include acute interstitial nephritis, an immune-mediated nephritis, and immune-mediated hepatitis.

b Data are from references 2 to 4. Abbreviations: HSR, hypersensitivity reaction; SJS/TEN, Stevens-Johnson syndrome/toxic epidermal necrolysis; DRESS, drug rash eosinophilia and systemic symptoms.

MATERIALS AND METHODS

OPAT program database. Inpatients discharged from the Massachusetts General Hospital (MGH) who had at least 2 weeks of remaining parenteral therapy and who were seen in consultation with the infectious disease service during their admission were prospectively enrolled in the Outpatient Parenteral Antibiotic Therapy (OPAT) program. The OPAT program database is a clinically driven database maintained by a single administrative assistant. The following data elements are collected prospectively: the patient’s name, medical record number, dates of treatment, site and/or type of infection, culture results, and antimicrobials administered, including subsequent medications, if treatment was changed during therapy. At the start and end of a course of therapy for each patient, the OPAT program medical director (S.B.N.), a board-certified practicing infectious diseases specialist, reviews all medical charts and laboratory reports, verifies database entries, and notes potential adverse drug events.

Research methods and analysis. Patients switched from nafcillin to cefazolin after their index hospitalization from January 2007 through October 2013 were identified from the OPAT program database. Comprehensive electronic chart review was performed for all patients to identify the clinical circumstances leading to the therapy change. If the switch from nafcillin to cefazolin was in response to a possible immune-mediated HSR, paper-based OPAT program charts were additionally reviewed. HSRs were classified by type and likely mechanism (2) independently by two specialists from the Division of Rheumatology, Allergy, and Immunology (A.B., K.G.B.). Diagnoses were made on the basis of internal criteria that are consistent with literature definitions and previously reported cases (Table 2) (1, 9, 20–22, 28–34). For patients who were not switched directly from nafcillin to cefazolin, their infectious disease physician was contacted to discuss the antimicrobial management decision. In order to assess whether patients who were switched to cefazolin were different from those who were switched to vancomycin, we also reviewed patients in the OPAT program database who were switched from nafcillin to vancomycin. We determined demographic data and the rate of hospital readmission for patients who were switched from nafcillin to vancomycin because of possible immune-mediated HSRs. The research protocol was approved by the Partners Human Research Committee and the institutional review boards of the Brigham and Women’s/Faulkner Hospital, Massachusetts General Hospital, McLean Hospital, and North Shore Medical Center.

Descriptive data are displayed as numbers and frequencies. Medians with interquartile ranges (IQRs) describe the number of days of nafcillin treatment prior to the onset of the HSR and the duration of hospitalization for patients hospitalized for their HSRs. For HSRs present for more than one patient, we report either means with standard deviations or medians with interquartile ranges to describe laboratory data, including absolute eosinophil count (AEC), the change in the glomerular filtration rate (GFR), and creatinine clearance (ClCr). Fisher’s exact test was used to compare hospital readmission frequency between patients switched to vancomycin and patients switched to cefazolin after a possible immune-mediated HSR to nafcillin.

RESULTS

Between January 2007 and October 2013, 3,011 patients were enrolled in MGH’s OPAT program. Of these, 467 (15.5%) were discharged from the hospital on nafcillin. A total of 157 (33.6%) patients prescribed nafcillin were switched to a different antibiotic prior to the anticipated completion of parenteral therapy. One hundred fifty (95.5%) were switched to other parenteral agents, including vancomycin ($n = 77$, 50.6%), cefazolin ($n = 60$, 39.5%), clindamycin ($n = 7$, 4.6%), and daptomycin ($n = 6$, 3.9%). Seven (4.5%) were switched to oral linezolid.

Among the 60 patients identified who switched from nafcillin to cefazolin, the treatment for 39 patients (65.0%) was changed for reasons other than immune-mediated HSRs (neutropenia, volume overload, renal dysfunction without other features of
hypersensitivity, patient preference, and/or logistics). Twenty-one patients (35%) were switched to cefazolin for possible immune-mediated HSRs. Of these, 17 (28.3%) met our study criteria (Table 2). These included the delayed, type IV HSRs maculopapular rash (n = 10), immune-mediated nephritis (n = 3), isolated eosinophilia (n = 2), and immune-mediated hepatitis (n = 1) and the type III HSR serum sickness (n = 1) (Table 3).

Patients were most commonly being treated for orthopedic infections (n = 11, 64.7%), including osteomyelitis, hardware infections, septic arthritis, and prosthetic joint infections. Other infections included endocarditis (n = 2, 11.8%), epidural abscess (n = 2, 11.8%), septic thrombophlebitis (n = 1, 5.9%), and bacteremia (n = 1, 5.9%). The most commonly treated organism was MSSA (n = 14, 82.4%). The median duration of therapy prior to the onset of HSR was 20 days (IQR, 9 to 21 days). The average time until HSR onset trended toward later in the treatment course for patients with eosinophilia (28 days) and earlier for patients with maculopapular rash (15 days).

### Clinical characteristics of HSRs.

Of the 10 patients with nafcillin-induced maculopapular rash, the median peak AEC was 360/mg/dl (IQR, 280 to 613/mg/dl; range, 7 to 1,470/mg/dl). Three of these patients also had fever, and one patient had transaminase levels that increased from a baseline aspartate aminotransferase (AST) level of 14/mg/ml and a baseline alanine aminotransferase (ALT) level of 9/mg/ml to a peak AST level of 125/mg/ml and a peak ALT level of 228/mg/ml. Of the three patients with immune-mediated nephritis, two presented with rash. The median peak AEC was 550/mg/dl (IQR, 500 to 880/mg/dl; range, 450 to 990/mg/dl). The average change in GFR was 41%, and the mean peak Clcr was 1.88/mg/dl. For the two patients with isolated eosinophilia, the mean AEC was 1.165/ml. The patient with immune-mediated hepatitis had an AEC of 1.356/ml as well as transaminase levels that increased from a baseline AST level of 12/mg/ml and a baseline ALT level of 12/mg/ml to a peak AST level of 362/mg/ml and a peak ALT level of 90/mg/ml. The patient with serum sickness had complained of itching, rash, joint pain, and joint swelling, with laboratory evaluation revealing an AEC of 559/ml, a C3 level of 55 mg/dl.

### Table 2 Definitions used for diagnosing non-IgE-mediated HSRs

<table>
<thead>
<tr>
<th>HSR</th>
<th>Diagnostic criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maculopapular rash</td>
<td>Delayed onset of rash while on nafcillin treatment with physical exam findings of lesion morphology specifying macules, papules, macular, papular, maculopapular, and morbilliform, with renal and liver function remaining unchanged</td>
</tr>
<tr>
<td>Immune-mediated nephritis</td>
<td>Acute change in renal function defined as either a 50% change in creatinine or a rise in creatinine of &gt;0.5 mg/dl coinciding temporally with nafcillin treatment with either one of the following: (i) rash or (ii) AEC of &gt;500/mg/dl</td>
</tr>
<tr>
<td>Serum sickness-like reaction</td>
<td>At least three of the following classic features, beginning after use of nafcillin and subsiding when the drug is eliminated from the body: (i) rash, (ii) fever, (iii) malaise, (iv) polyarthralgias or polyarthritis, (v) lymphadenopathy, or (vi) low complement</td>
</tr>
<tr>
<td>Eosinophilia</td>
<td>AEC of &gt;1,000/mg/dl in the absence of other symptoms coinciding temporally with nafcillin treatment, with renal and kidney function remaining unchanged</td>
</tr>
<tr>
<td>Immune-mediated hepatitis</td>
<td>Increased liver function tests with an AEC of &gt;500/mg/dl coinciding temporally with nafcillin treatment and with renal function remaining unchanged</td>
</tr>
</tbody>
</table>

* Data are from references 1, 9, 20 to 22, and 28 to 34). Abbreviations: HSR, hypersensitivity reaction; AEC, absolute eosinophil count.

### Table 3 Patients with non-IgE-mediated HSRs to nafcillin switched to cefazolin

<table>
<thead>
<tr>
<th>Patient no.</th>
<th>Age (yr)/gender</th>
<th>Infectious diagnosis</th>
<th>Pathogen</th>
<th>HSR</th>
<th>Duration of therapy prior to HSR onset (days)</th>
<th>Level of care required for HSR management</th>
<th>Therapy outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>40/F</td>
<td>Prosthetic joint infection</td>
<td>MSSA</td>
<td>Maculopapular rash</td>
<td>9</td>
<td>Hospitalization</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>2</td>
<td>25/M</td>
<td>Epidural abscess</td>
<td>MSSA</td>
<td>Maculopapular rash</td>
<td>22</td>
<td>Hospitalization</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>3</td>
<td>50/M</td>
<td>Epidural abscess</td>
<td>MSSA</td>
<td>Maculopapular rash</td>
<td>26</td>
<td>Office visit</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>4</td>
<td>50/F</td>
<td>Septic arthritis</td>
<td>Group A</td>
<td>Maculopapular rash</td>
<td>8</td>
<td>Hospitalization</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>5</td>
<td>80/F</td>
<td>Hardware infection</td>
<td>MSSA</td>
<td>Maculopapular rash</td>
<td>13</td>
<td>Office visit</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>6</td>
<td>41/M</td>
<td>Septic arthritis</td>
<td>MSSA</td>
<td>Maculopapular rash</td>
<td>24</td>
<td>Hospitalization</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>7</td>
<td>69/F</td>
<td>Endocarditis</td>
<td>CoNS</td>
<td>Maculopapular rash</td>
<td>9</td>
<td>Office visit</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>8</td>
<td>64/F</td>
<td>Osteomyelitis</td>
<td>MSSA</td>
<td>Maculopapular rash</td>
<td>21</td>
<td>Office visit</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>9</td>
<td>26/M</td>
<td>Osteomyelitis</td>
<td>MSSA</td>
<td>Maculopapular rash</td>
<td>9</td>
<td>Hospitalization</td>
<td>Completed vancomycin</td>
</tr>
<tr>
<td>10</td>
<td>25/M</td>
<td>Osteomyelitis</td>
<td>CoNS</td>
<td>Maculopapular rash</td>
<td>7</td>
<td>ED visit</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>11</td>
<td>72/M</td>
<td>Endocarditis</td>
<td>MSSA</td>
<td>Immune-mediated</td>
<td>19</td>
<td>Hospitalization</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>12</td>
<td>48/F</td>
<td>Septic thrombophlebitis</td>
<td>MSSA</td>
<td>Immune-mediated</td>
<td>13</td>
<td>Hospitalization</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>13</td>
<td>73/M</td>
<td>Hardware infection</td>
<td>MSSA</td>
<td>Immune-mediated</td>
<td>15</td>
<td>ED visit</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>14</td>
<td>54/M</td>
<td>Bacteremia</td>
<td>MSSA</td>
<td>Immune-mediated</td>
<td>20</td>
<td>Hospitalization</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>15</td>
<td>82/F</td>
<td>Osteomyelitis</td>
<td>MSSA</td>
<td>Immune-mediated</td>
<td>36</td>
<td>Office visit</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>16</td>
<td>79/F</td>
<td>Hardware infection</td>
<td>MSSA</td>
<td>Serum sickness</td>
<td>19</td>
<td>SNF visit</td>
<td>Completed cefazolin</td>
</tr>
<tr>
<td>17</td>
<td>74/F</td>
<td>Osteomyelitis</td>
<td>MSSA</td>
<td>Immune-mediated</td>
<td>20</td>
<td>Hospitalization</td>
<td>Completed cefazolin</td>
</tr>
</tbody>
</table>

* Data are for 17 patients. Abbreviations: M, male; F, female; MSSA, methicillin-sensitive *Staphylococcus aureus*; CoNS, coagulase-negative *Staphylococcus*; ED, emergency department; SNF, skilled nursing facility.
determined, switched to vancomycin (P value not reported) among the 9 (52.9%) patients readmitted for hospitalization because of HSR and treatment change. Among the 17 patients with HSRs, 14 (82.4%) were immediately switched from nafcillin to cefazolin. One patient (59%) did not complete the predetermined course of cefazolin. This patient had a maculopapular rash after beginning both nafcillin and NSAIDs that was resolving, though he developed a urticarial eruption while on cefazolin. When he was readmitted for management, dermatology and allergy/immunology consultations thought that his urticaria was more likely from new intravenous opiates rather than the cefazolin, but his antimicrobial therapy was switched to vancomycin for the completion of his treatment. No patients had worsening of their rash, organ dysfunction, or progression into SJS/TEN or DRESS syndrome with cefazolin treatment.

Sixteen (94.1%) of the patients who were switched to cefazolin after immune-mediated HSR from nafcillin tolerated cefazolin with resolution of the HSR and completed their therapy with cefazolin (Table 3). One patient (59%) did not complete the predetermined cefazolin course. This patient had a maculopapular rash after beginning both nafcillin and NSAIDs that was resolving, though he developed a urticarial eruption while on cefazolin. When he was readmitted for management, dermatology and allergy/immunology consultations thought that his urticaria was more likely from new intravenous opiates rather than the cefazolin, but his antimicrobial therapy was switched to vancomycin for the completion of his treatment. No patients had worsening of their rash, organ dysfunction, or progression into SJS/TEN or DRESS syndrome with cefazolin treatment.

Fourteen patients (82.4%) were immediately switched from nafcillin to cefazolin. Three patients (17.6%), all with maculopapular rash, were given an alternative antibiotic (either vancomycin or daptomycin) for 7 to 9 days prior to changing to cefazolin. The infectious disease physician caring for these three patients did this in order to give the rash time to improve while the patient was receiving a structurally dissimilar drug prior to starting a potentially cross-reactive drug.

Patients with possible immune-mediated HSRs to nafcillin switched to cefazolin compared to those switched to vancomycin. Among patients whose treatment was changed to cefazolin (n = 60), 21 patients (mean age, 55 years; 50% male) were switched for possible immune-mediated HSRs. Of these patients with HSRs, 11 (52.4%) were readmitted for management of the HSR and treatment change. Among the 17 patients with HSRs meeting our criteria, 9 (52.9%) were readmitted for management of their HSR. Among patients who were switched to vancomycin (n = 77), 26 patients (mean age, 58 years; 48% male) were switched for possible immune-mediated HSRs. Of these, 15 (57.7%) were readmitted for management of their HSR and treatment change. The rate of readmission for HSR management was not different between those switched to cefazolin and those switched to vancomycin (P > 0.5).

**DISCUSSION**

Our findings are novel and support the suggestion that cefazolin may be safe for use in patients who develop non-IgE-mediated HSRs to nafcillin. An overwhelming majority (94.1%) of patients with immune-mediated HSRs to nafcillin tolerated cefazolin with resolution of the HSR. None of the patients experienced any worsening of their rash, organ dysfunction, SJS/TEN, or DRESS syndrome.

Given the limited published data and absence of informative guidelines, clinicians confronted with non-IgE-mediated HSRs may choose to avoid all possibly cross-reactive antibiotics, potentially contributing to suboptimal infectious outcomes (1, 9). While maculopapular rash is unlikely to be dangerous, in practice, clinicians switch therapy because of patient comfort and limited information on the risks of worsening rash, organ involvement, or progression to DRESS syndrome or SJS/TEN (1, 7, 35, 36). Because immune-mediated nephritis, including AIN, can have serious sequelae, including hemodialysis-dependent renal failure, clinicians who suspect AIN may choose to continue therapy with an alternative, unrelated agent. However, there are no documented cases of cross-reactivity in patients with AIN (9). In isolated cases of eosinophilia, while the culprit agent does not necessarily need to be changed, an AEC greater than 1,000/ml may prompt a medication change, given that eosinophilia can be a marker of organ-specific HSRs and SCARs (1, 22, 28, 36, 37). Nafcillin-induced immune-mediated hepatitis has been reported, though there are no prior reports of subsequent treatment with an alternative β-lactam drug (21). Lastly, though a patient with a serum sickness-like reaction could be treated through this type of HSR, if necessary, the symptoms are uncomfortable and patients may not want to be switched to a drug that has the potential to cause similar discomfort.

With delayed, type IV HSRs, despite removal of the offending drug, the HSR can temporarily worsen (1, 36). Clinically, this would result in a patient with worsening of the rash, eosinophilia, or organ injury, despite removal of the offending drug. For that reason, three patients with maculopapular rash were not switched directly from nafcillin to cefazolin but, rather, were given an unrelated alternative, such as vancomycin, for a period of 7 to 9 days prior to initiating treatment with cefazolin. In these cases, the patient’s infectious disease physician chose to start a drug that is completely structurally dissimilar to nafcillin to allow improvement of the HSR prior to starting cefazolin. To the best of our knowledge, this strategy has not been previously described but may be the optimal method for treating these patients and evaluating cefazolin and nafcillin prospectively in non-IgE-mediated HSRs.

Infections with MSSA are common, with approximately 20% of OPAT program patients and an estimated 400,000 patients in the United States in 2007 alone (38–41). First-line treatment for MSSA infections includes nafcillin, oxacillin, or cefazolin, with the final decision to use a specific treatment based on provider preference and individual patient-specific factors. While cefazolin has efficacy similar to that of nafcillin in treating patients with MSSA bacteremia (13, 15–19, 42, 43) and orthopedic infections (44, 45), nafcillin is still preferred by some clinicians for treatment of deep infections or those with a high bacterial load because of MSSA’s potential for producing a β-lactamase that degrades cefazolin faster than semisynthetic penicillins (43, 46, 47). Additionally, cefazolin is not used for central nervous system infections, since it does not easily cross the blood-brain barrier (11, 48). For these reasons, nafcillin may be more commonly used than cefazolin at MGH, despite cefazolin’s lower cost and more convenient dosing.
Treponema pallidum (51–56). Therefore, many patients experience non-IgE-mediated HSRs to nafcillin and other penicillins, and the understanding of the cross-reactivity between penicillins and cephalosporins is necessary for the optimal treatment of these patients.

Our OPAT program patients whose therapy was changed from nafcillin for any reason most commonly received vancomycin, although for methicillin-sensitive infections, cefazolin is associated with superior outcomes (13, 15, 16, 45). In addition to efficacy concerns, the use of vancomycin is associated with higher toxicity than the use of β-lactam antibiotics, (45, 49, 57, 58), and its overuse can lead to greater antimicrobial resistance (59, 60). Our experience suggests that with appropriate monitoring, these patients could have been safely switched to cefazolin.

This study has several limitations, including its small size, its retrospective design, inclusion of patients healthy enough for outpatient therapy, and a lack of clinical data or diagnostic testing to make a firm diagnosis of an HSR. While our sample size was small, there are no prior published studies documenting any patient tolerance of cefazolin after any non-IgE-mediated HSRs to nafcillin. The study is retrospective and subject to selection bias. It is possible that patients with more severe type II to IV HSRs with high mortality rates were not prescribed cefazolin (8, 36, 61). While we showed that patients switched to vancomycin after possible immune-mediated HSRs to nafcillin were not different from those switched to cefazolin with respect to hospital readmission rates for their HSR, without a grading scale for HSR, we could not otherwise confirm that these individuals were not different in other ways. Our patients with immune-mediated nephritis did have relatively mild changes in GFR, so our findings may not be applicable to patients with severe HSRs. At the onset, these patients were healthy enough to be treated for their infections as outpatients, so we cannot know if the results would be similar for those being treated for their infections as inpatients. Lastly, to make a definitive diagnosis of HSRs, additional data, such as data from evaluation of skin biopsy specimens (maculopapular rash), renal biopsy specimen, urine eosinophils, urinary sediment (immune-mediated nephritis/AIN) (22, 28), or liver biopsy specimens (immune-mediated hepatitis), would be necessary. Because these data were unavailable, we relied on a clinical diagnosis supported by patient history, physical exam, and available laboratory data. However, these data were akin to what would be available to most clinicians in practice, and two allergists reviewed all clinical data and were in complete agreement with the definitions of the patient reactions. Finally, studying delayed HSRs is challenging since there are no diagnostic tests that can be used to precisely attribute the HSR to nafcillin. Although validated skin testing exists for type I, IgE-mediated reactions to penicillin (1, 4, 62, 63), there is currently no standardized testing for non-IgE-mediated HSRs. Emerging data support the use of patch testing or delayed readings of intradermal immediate hypersensitivity skin testing in the diagnostic evaluations of some cutaneous reactions, including maculopapular rash, though the predictive value of these tests is unknown (64–67). However, despite the lack of confirmatory testing for nafcillin hypersensitivity, removal of nafcillin alone in all but one patient led to HSR resolution, which supports the presumption that these were, indeed, nafcillin-induced HSRs.

On the basis of our analysis of a large OPAT program database, cefazolin treatment appears to be well tolerated in patients with a history of non-IgE-mediated HSRs to nafcillin. Future research is needed to determine the actual clinical cross-reactivity between nafcillin and cefazolin in non-IgE-mediated HSRs prospectively and by type of HSR. This will impact care not only for patients on extended antimicrobial therapy who develop an HSR and require additional therapy but also for all patients with histories of a non-IgE-mediated HSR who require new antibiotic therapy.

REFERENCES


