

# Randomized, Double-Blind, Placebo-Controlled Trial of Monthly versus Bimonthly Dihydroartemisinin-Piperaquine Chemoprevention in Adults at High Risk of Malaria

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**Intermittent preventive treatment (IPT) is increasingly used to reduce malaria morbidity and mortality in children and pregnant women. The efficacy of IPT depends on the pharmacokinetic and pharmacodynamic properties of the antimalarial drugs used. Healthy adult male volunteers whose occupation put them at high risk of malaria on the Northwest border of Thailand were randomized to receive a 3-day-treatment dose of dihydroartemisinin-piperaquine monthly (DPM) or every 2 months (DPalt) or an identical placebo with or without fat (6.4g/dose) over a 9-month period. All volunteers were monitored weekly. One thousand adults were recruited. Dihydroartemisinin-piperaquine was well tolerated. There were 114 episodes of malaria (49 *Plasmodium falciparum*, 63 *P. vivax*, and 2 *P. ovale*). The protective efficacy against all malaria at 36 weeks was 98% (95% confidence interval [CI], 96% to 99%) in the DPM group and 86% (95% CI, 81% to 90%) in the DPalt group (for both,  $P < 0.0001$  compared to the placebo group). As a result, the placebo group also had lower hematocrits during the study ( $P < 0.0001$ ). Trough plasma piperaquine concentrations were the main determinant of efficacy; no malaria occurred in participants with a trough concentration above 31 ng/ml. Neither plasma piperaquine concentration nor efficacy was influenced by the coadministration of fat. DPM is safe to use and is effective in the prevention of malaria in adult males living in an area where *P. vivax* and multidrug-resistant *P. falciparum* malaria are endemic.**

Progress has been made in reducing malaria morbidity and mortality in recent years. This can be attributed to several factors, including economic development, increased availability of insecticide-impregnated bed nets, and more effective antimalarial treatments, in particular those combining an artemisinin derivative with a partner drug (ACTs). Despite these factors, malaria remains one of the most important febrile illnesses in tropical countries. In areas of a low, unstable intensity of transmission, people of all ages are affected, but malaria is a particular problem in those who are exposed to the disease because of their occupations. Interventions that have been proposed to reduce the risk of malaria in these high-risk groups include impregnated nets (7), hammocks (13), and other materials (2, 3, 8); insect repellents (9); and continuous antimalarial chemoprophylaxis. An alternative approach, developed originally for pregnant women in areas of high intensity of stable transmission, is the administration of an antimalarial treatment dose at regular intervals to exposed individuals, irrespective of parasitemia. Intermittent preventive treatment (IPT) is essentially intermittent chemoprophylaxis for which the duration of protection (often referred to as the post-treatment prophylactic effect) is critically dependent on the antimalarial drug efficacy and elimination kinetics. The antimalarial most studied for IPT is sulfadoxine-pyrimethamine (SP), which can be administered in a single dose and provides approximately 35 days of protection against malaria if the prevalent parasites are fully sensitive (14). SP is recommended in pregnancy and has been advocated for infants and children, but controversy remains over its utility because of widespread resistance and uncertainty regarding the levels of resistance or transmission intensities at which it should no longer be used. In addition, the timing of the admin-

istration (two to three times during pregnancy and at vaccination dates in infancy) does not provide complete protection against malaria, as there are long interdose intervals with subtherapeutic drug levels. Clearly, new drugs and new regimens are needed. Piperaquine has a long terminal elimination half-life (approximately 30 days), and it is currently used in a fixed combination with dihydroartemisinin (12). This ACT has shown excellent efficacy and tolerability, with a substantial posttreatment prophylactic effect against *Plasmodium falciparum* and *P. vivax* in studies in Asia and Africa (11, 15, 16). In areas of low, unstable intensities of transmission, young adult males tend to bear the brunt of malaria, as their occupations often involve travel and exposure to foci of transmission. We report here the results of a randomized, double-blind, placebo-controlled trial of two IPT regimens with dihydroartemisinin-piperaquine (DP) in men at high risk for malaria living on the Thai-Myanmar border.

## MATERIALS AND METHODS

The northwestern border of Thailand with Myanmar is a hilly, forested area where transmission of both *falciparum* and *vivax* malaria is unstable,

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low, and seasonal. Adult males are more at risk of malaria than any other population group (1). *P. falciparum* in this area is multidrug resistant. Participants were recruited from the clinics of the Shoklo Malaria Research Unit (SMRU) in Tak Province, where Karen and Burmese migrant workers cross the border to seek medical care. All volunteers were eligible for enrollment in the study provided they met the following criteria: male, at least 18 years of age, willing to attend follow-up for 36 weeks, and providing written informed consent. Exclusion criteria included having malaria (any species) asexual-stage parasitemia, having had dihydroartemisinin-piperazine treatment within the past 6 months, having had mefloquine treatment within the past 2 months, and having known hypersensitivity to artemisinins or piperazine.

**Drugs and dosages.** Dihydroartemisinin-piperazine (Duo-Cotecxin; Holley-Cotec Pharmaceuticals, Beijing, China) was used. Each adult dose (3 tablets) contained 120 mg of dihydroartemisinin (DHQ) and 960 mg of piperazine (PQ) (i.e., a 1:8 ratio). Identical DP and placebo tablets (Holley-Cotec Pharmaceuticals, Beijing, China) were made for the trial. The volunteers were randomized into 3 groups: (i) those receiving a monthly regimen (DPM), three tablets of DP daily for 3 days once a month; (ii) those receiving an alternate regimen (DPalt), three tablets of DP daily for 3 days for the first month followed by 3 tablets of placebo daily for 3 days for the following month (active drug and an identical placebo were given alternately for the duration of the study); and (iii) those receiving a placebo, three tablets of a placebo daily for 3 days once a month.

**Patients and study design.** Meetings were held with the community leaders in the study area to explain the trial objectives and the role of participants. The annual incidence of falciparum malaria in the adult male community was estimated to be 25%. In order to detect a 40% reduction and assuming a 2:2:1 ratio with a two-sided alpha of 0.05 and 80% power, 400 volunteers were needed in each DP group and 200 in the placebo group. Randomization was computer generated in blocks of 20, and in each treatment group half of the patients were rerandomized to receive either water or a 200-ml carton of chocolate milk containing 6.4 g of fat to be taken with each dose. This was done to compare drug exposures of orally administered piperazine with and without fat. The treatment regimens and placebo tablets were kept in sealed plastic bottles containing silica prepared in advance and were labeled on site with the randomized list of drug codes. Therefore, the study teams and participants were blind to treatment allocation. Patients were seen daily for 3 days during each monthly visit to the clinic for 36 weeks or until they had a malaria episode or left the study area. Patients were censored at the first episode of malaria for analysis so that one subject counted for one episode. Each month, the drug administration was supervised, and a venous blood sample was taken for measurement of the piperazine plasma concentration and capillary blood was taken for hematocrit and a malaria blood smear. A symptom questionnaire was completed. The same procedure was repeated at each monthly visit. All concomitant medications taken in the intervening period were recorded. In between the monthly visits, trained workers visited each volunteer at home weekly. At each home visit, a short questionnaire was completed. Every 2 weeks, an additional blood smear and hematocrit were obtained. A dose was repeated in full if vomiting occurred within 30 min of administration, and a half dose was repeated if vomiting occurred between 30 min and 1 h postdosing. All events were documented on the case record form. Patients presenting to the clinic within the follow-up period with microscopically confirmed malaria had an additional venous blood sample taken for plasma piperazine concentration. Patients with falciparum malaria were treated with the standard 3-day regimen of mefloquine (25 mg/kg total dose) and artesunate (12 mg/kg total dose). Patients with *P. vivax*, *P. ovale*, or *P. malariae* mono-infections were treated for 3 days with chloroquine (25 mg/kg base total dose; GPO, Thailand).

Translated written study information was provided in the languages of the participants. It was explained clearly that a decision not to participate in the trial would not affect availability of routine care at SMRU clinics. Ethical approval for the study was obtained from the Ethics Review Board

of the Faculty of Tropical Medicine, Mahidol University, Bangkok, and the Oxford Tropical Research Ethics Committee (OXTREC), Oxford University. An independent Data Safety Monitoring Board monitored the trial.

**Piperazine drug measurements.** Plasma piperazine concentrations were measured by the Clinical Pharmacology Laboratory, MORU, at the Faculty of Tropical Medicine, Mahidol University, Bangkok. The plasma samples were assayed using solid phase extraction (SPE) followed by liquid chromatography with detection by tandem mass spectrometry (MS/MS) (5). A stable isotope-labeled internal standard, D6-PQ, was used to compensate for any method variations. Quantification was performed using selected reaction monitoring (SRM) for the transitions  $m/z$  535 to 288 for PQ and 541 to 294 for D6-PQ. The assay uses 50  $\mu$ l of plasma and covers a range from 1.5 to 500 ng/ml. Performance during analysis was evaluated through analysis of three replicate quality control samples at three concentrations for each batch of samples. The total precision (relative standard error) for the quality controls ( $n = 237$  at each concentration) were 3.77, 2.52, and 2.14% at 4.50, 20, and 400 ng/ml, respectively, for piperazine.

**Statistical analysis.** The primary end point was protective efficacy against all malaria at 36 weeks of follow-up. All malaria occurrences (any species) within 36 weeks of follow-up in the DPM, DPalt, and placebo groups were compared using the Kaplan-Meier method for survival analysis. Time to event was defined as the day of malaria occurrence; otherwise, participants were censored at the day last seen. Groups were compared using the log rank test or the Wilcoxon-Breslow test if the survival lines crossed. Attack rates were calculated for each treatment group as the number of malaria infections per person-year. In a subgroup analysis, efficacies in participants who received treatment with fat and those who received treatment without fat were compared. The risk of malaria was quantified using Cox regression, adjusted for age, and stratified by site. Proportional hazards were tested using Schoenfeld residuals. The overall model fit was visually confirmed by plotting the cumulative hazard versus the Cox-Snell residuals.

The number needed to treat (NNT) estimates the number of participants that would need to be given treatment for one to avoid malaria. This was calculated as  $1/(\text{difference in efficacy at week 36})$ . Adverse events were summarized as frequencies (%) of patients reporting that event at least once during the follow-up period. For gametocytemia and adverse events, incidence rates were estimated. Gametocyte densities were calculated based on a count of gametocytes per 500 white blood cells in a thick film. Gametocytemia was defined as having any blood slide positive for gametocytes and was analyzed as a binary variable. Incidence was calculated as the number of participants with gametocytes (or an adverse event) over person-years at risk, which was defined as the total follow-up time for each treatment group. Due to small numbers, confidence intervals (CIs) for incidence were calculated using exact methods. To assess whether IPT with DP had an effect on hematocrit, the area under the hematocrit curve was calculated for each participant using the composite trapezoid rule (where each subinterval was defined by the time points at which hematocrit was measured). The area under each hematocrit curve was divided by the number of days enrolled in the study for each patient to adjust for differences in follow-up duration. Plasma piperazine concentrations were compared in relation to efficacy outcome between the two drug-containing regimens and between subgroups dosed with or without fat (6.4 g/dose). All data were analyzed using Stata v11 (StataCorp).

## RESULTS

One thousand adult males aged 18 to 70 years (median age, 32 years) were enrolled from October 2006 to June 2008. On a repeat check of enrollment blood smears, 39 participants (3.9%) were found to have low parasitemias and were excluded, leaving 961 participants for analysis (387 in DPM, 381 in DPalt, and 193 in the placebo group). Baseline characteristics were similar among groups (Table 1). A higher proportion of patients in the DPM

TABLE 1 Characteristics at baseline of volunteers allocated to different treatment regimens

Characteristic <sup>a</sup>	Treatment			Total value for all groups	P value <sup>b</sup>
	DPm	DPalt	Placebo		
No. of participants					
Per group	387	381	193	961	
Per site					
Mawker Thai	105	103	51	259	
Mun Ru Chai	40	39	19	98	
Mae Khon Ken	210	207	108	525	
Wang Pha	32	32	15	79	
Age (yr)					0.15
Median	30	34	33	32	
Range	18–70	18–68	18–70	18–70	
Wt (kg)					0.22
Mean	53.8	53.7	52.9	53.6	
SD	6.09	6.16	6.81	6.27	
Hematocrit (%)					0.22
Mean	42.7	42.9	43.4	42.9	
95% CI	42.2–43.1	42.4–43.4	42.8–44.0	42.6–43.2	
No. with anemia (%)	2 (0.52)	5 (1.32)	1 (0.53)	8 (0.84)	0.53 <sup>c</sup>
Temp (°C)					0.97
Median	36.2	36.2	36.2	36.2	
IQR	36.0–36.5	36.0–36.5	36.0–36.5	36.0–36.5	
Systolic BP (mmHg)					0.93
Median	110	110	110	110	
IQR	100–120	100–120	100–120	100–120	
Respiratory rate (breaths/min)					0.90
IQR	20–22	20–22	20–22	20–22	
No. with enlarged liver (%)	5 (1.29)	5 (1.31)	4 (2.07)	14 (1.46)	0.73
No. with enlarged spleen (%)	8 (2.07)	3 (0.79)	2 (1.04)	13 (1.35)	0.33

<sup>a</sup> Anemia was defined as having a hematocrit of <30%. BP, blood pressure.

<sup>b</sup> Medians were determined by the Kruskal-Wallis test; categorical variables were determined by the chi-square or Fisher's exact test, as appropriate. Analysis of variance (ANOVA) was used for comparison of means.

<sup>c</sup> There were 10 missing values for volunteers with anemia.

group were lost during follow-up than were those in the DPalt and placebo groups (35% versus 24% and 25%, respectively;  $P = 0.003$ ), although this was not related to adverse effects. Participants in the placebo group had a shorter median follow-up time ( $P = 0.0001$ ) related to the higher number of breakthrough malaria infections in this group. Adherence to the study protocol was satisfactory throughout the trial; there were 47 (4.9%) participants lost by week 4 of follow-up and 276 (28.7%) by week 36 (Table 2). Among the cases lost during follow-up, 166 left the study area for work-related reasons, 34 because of political instability, and 76 for other reasons unrelated to the trial. Another 50 volunteers withdrew their consent, including 4 (2 from the DPalt group and 2 from the placebo group) who stopped their participation because of adverse effects. The mean daily dose of piperaquine was very similar in the DPm and the DPalt groups: 18.1 mg/kg (12.2 to 24.0 mg/kg; 95% CI, 17.9 to 18.3) and 18.1 mg/kg (12.8 to 24.0 mg/kg; 95% CI, 17.9 to 18.3), respectively. The proportion of patients that received a low dose of DP (<15 mg/kg/day of piperaquine [PIP] and <1.85 mg/kg/day of dihydroartemisinin

TABLE 2 Characteristics at follow-up of volunteers allocated to different treatment regimens

Treatment parameter	Treatment			Total	P value <sup>a</sup>
	DPm	DPalt	Placebo		
No. of times seen					0.0001
Median	15	15	8	14	
IQR	6–19	8–19	3–17	6–19	
No. (%) lost at follow-up	135 (34.9)	93 (24.4)	48 (24.8)	276 (28.7)	0.003
Follow-up time (wk)					0.0001
Median	35.6	35.9	14.3	32	
IQR	12.6–36.0	16.0–36.0	6.00–36	10–36	

<sup>a</sup> Determined by Kruskal-Wallis test.

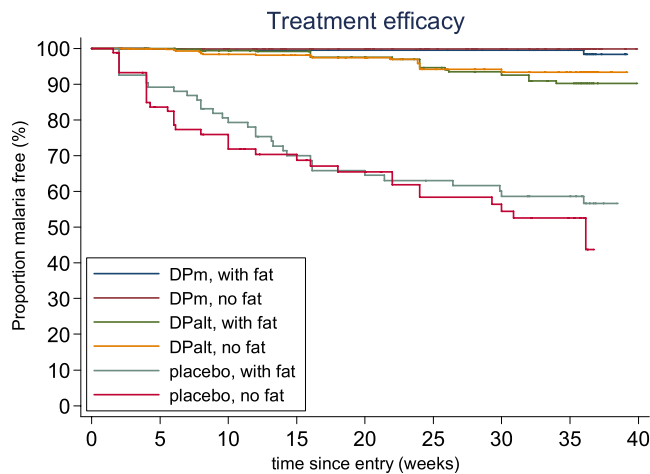


FIG 1 Kaplan-Meier survival curves for malaria-preventive efficacy in the three groups. Dihydroartemisinin-piperazine treatment doses (over 3 days) monthly (DPm) or every 2 months (DPalt) or an identical placebo were given with or without 6.4 g of fat for each dose administered.

[DHA]) was 5.21% (40/768), the proportion that received a dose within the expected range (15 to 20 and 1.85 to 2.5 mg/kg/day) was 75.7% (581/768), and the proportion that received a dose in the high range ( $\geq 20$  and  $\geq 2.5$  mg/kg/day of PIP and DHA, respectively) was 19.1% (147/768).

**Malaria.** There were a total of 114 episodes of malaria (49 *P. falciparum*, 63 *P. vivax*, and 2 *P. ovale*). Placebo recipients had 69 episodes (including 13 symptomatic), and those receiving DP every 2 months (DPalt) had 40 episodes (11 symptomatic), giving a yearly incidence of 0.98 and 0.21 infections per person-year, respectively ( $P < 0.0001$ ). The DPm recipients experienced significantly fewer episodes of malaria ( $n = 5$  cases, 1 symptomatic; i.e., a yearly incidence of 0.03 infections per person-year;  $P < 0.0001$ ) (Fig. 1 and Table 3). The protective efficacy against all malaria at 36 weeks was 98% (95% CI, 96 to 99%) in the DPm group and

86% (95% CI, 81% to 90%) in the DPalt group ( $P < 0.0001$  for both compared to the placebo group). The corresponding figures for *P. falciparum* and *P. vivax* were 99% (96% to 99%) and 99.7% (98% to 100%) in the DPm group and 93% (89% to 96%) and 93% (89% to 95%) in the DPalt group, respectively. The protective efficacy of DP was not dependent on whether the treatment was taken with fat (comparison within each group,  $P \geq 0.20$  for all; Table 2). Thus, compared with participants receiving monthly DP dosing, participants who received dosing every 2 months were 8 times more likely to get malaria (adjusted hazards ratio [AHR], 8.24; 95% CI, 3.25 to 20.9), and participants in the placebo group were 41 times more likely to get malaria within 36 weeks (AHR, 41.3; 95% CI, 16.6 to 102.8) when results were adjusted for age and stratified by site (Table 3). The number needed to treat (95% CI) to prevent an additional case of malaria using the DPm regimen was 3 (1.87 to 3.0) compared to that for the placebo group, and 9 (5.68 to 14.3) compared to that for the DPalt group (Table 3). The hematocrit areas under the concentration-time curve (AUCs) during the study period were similar for participants in the DPm and DPalt groups ( $P = 0.48$ ) but were significantly lower for those in the placebo group (for both  $P = 0.0001$ ).

**Piperaquine plasma concentrations.** Plasma piperaquine trough concentrations increased throughout the study, with a mean (95% CI) accumulation from week 4 (first dose) to week 36 (end of study) of 336% (271 to 402) and 267% (146 to 381) for DPm and DPalt, respectively (Fig. 2A and B). Steady-state piperaquine plasma concentrations were reached after 4.5 months of treatment, at week 20. The piperaquine mean terminal elimination half-life was calculated as 40 days using the individual estimates from the DPalt group. Individual estimates were calculated using the slope of a line drawn between logarithmic trough concentrations the month when no drug was given and the subsequent month. There was no difference at any time point in piperaquine trough concentrations between the group that received DP with fat and the group that received DP without fat (data not shown). As expected, piperaquine trough concentrations were sig-

TABLE 3 Efficacies of antimalarial protection of DPm and DPalt<sup>a</sup>

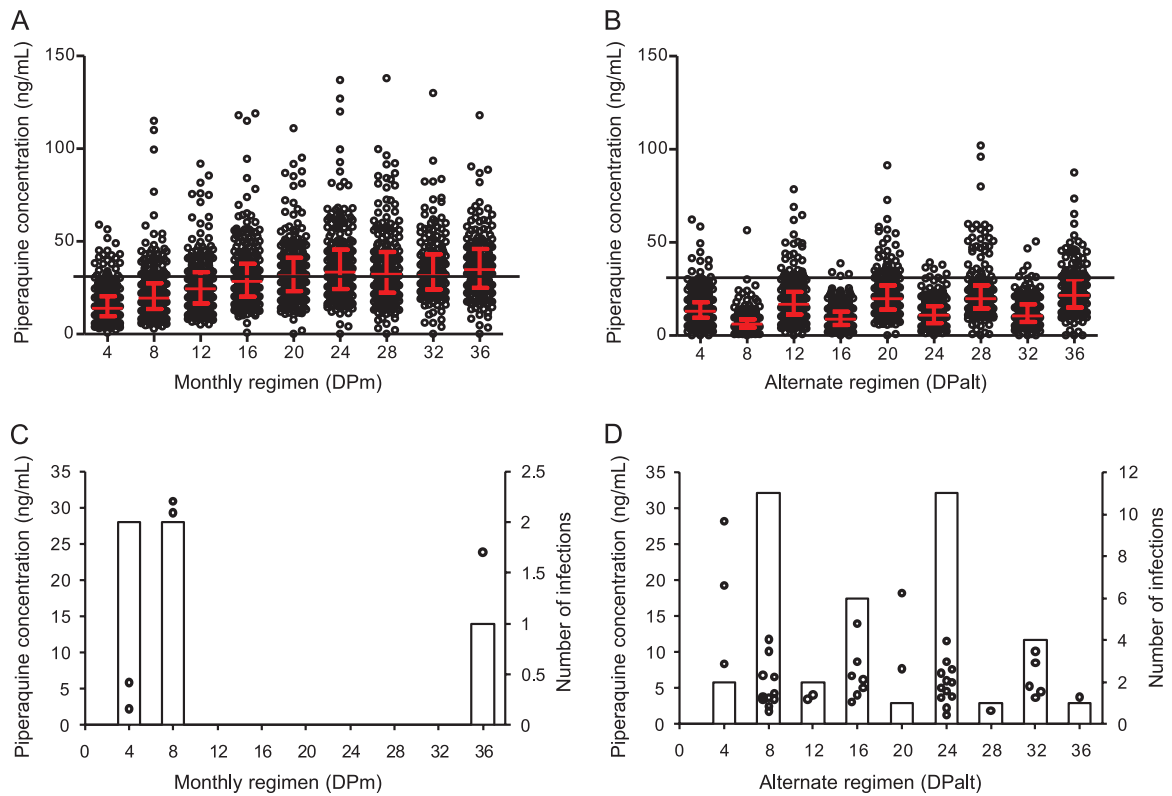
Parameter <sup>b</sup>	Value(s) for indicated treatment regimen			P value
	DPm	DPalt	Placebo	
Proportion (range) of participants without any malaria <sup>c</sup>	0.98 (0.96–0.99)	0.86 (0.81–0.90)	0.55 (0.46–0.63)	<0.0001
No. of failures (no. who took the drug with fat)	5 (4)	40 (20)	69 (34)	
AHR (95% CI)	Reference value	8.24 (3.25–20.9)	41.3 (16.6–102.8)	
NNT (95% CI)	3 (1.87–3.0)	9 (5.68–14.3)	Reference value	
Proportion (range) of participants without <i>P. falciparum</i> malaria <sup>d</sup>	0.99 (0.96–0.99)	0.93 (0.89–0.96)	0.79 (0.70–0.85)	<0.0001
No. of failures (no. who took the drug with fat)	4 (3)	19 (8)	26 (14)	
AHR (95% CI)	Reference value	4.91 (1.67–14.5)	20.6 (7.11–59.5)	
NNT (95% CI)	5 (3.23–8.98)	17 (9.9–74.1)	Reference value	
Proportion (range) of participants without <i>P. vivax</i> malaria <sup>d</sup>	0.99 (0.98–1.0)	0.93 (0.89–0.95)	0.71 (0.62–0.78)	<0.0001
No. of failures (no. who took the drug with fat)	1 (1)	21 (12)	41 (20)	
AHR (95% CI)	Reference value	21.7 (2.92–161.3)	119.3 (16.4–870.2)	
NNT (95% CI)	4 (2.57–5.37)	15 (8.55–29.7)	Reference value	

<sup>a</sup> Efficacies were assessed at the end of the trial (at 36 weeks) by Kaplan-Meier analysis.

<sup>b</sup> For comparison of fat versus no fat received with treatment,  $P = 0.20$  for DPm,  $P = 0.81$  for DPalt, and  $P = 0.41$  for the placebo group. Hazard ratios were adjusted for age and stratified by site. For AHRs and NNTs, DPm was compared with placebo and DPm with DPalt.

<sup>c</sup> Includes *P. falciparum*, *P. vivax*, and *P. ovale* malaria. There were two failures, at weeks 10 and 18; both were in the placebo group and both had *P. ovale*.

<sup>d</sup> Participants infected with all other malaria were censored at the time of infection.



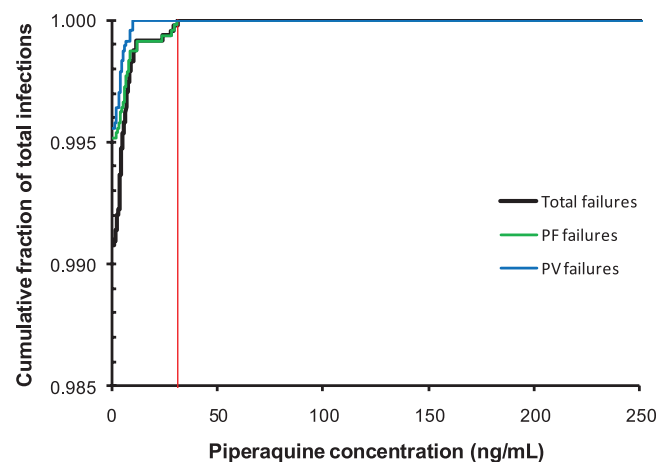
**FIG 2** Plasma piperazine trough concentrations and incidences of malaria infections. Graphs show individual piperazine trough concentrations (open circles) with median values and interquartile range (red bars) for DPm (A) and DPalt (B). The solid black horizontal line indicates the piperazine cutoff concentration of 31 ng/ml above which there were no malaria infections. Five data points in the DPm group (167 ng/ml at week 12, 204 ng/ml at week 24, 167 ng/ml and 180 ng/ml at week 32, 251 ng/ml at week 36) are outside the axis limits. (C and D) Individual piperazine trough concentrations for subjects that developed a new malaria infection (open circles) are shown on the primary y axis, and the total number of malaria infections for that period (open bars) are shown on the secondary y axis.

nificantly ( $P < 0.0001$ ) lower in the DPalt group than in the DPm group (Fig. 2A and B). Low plasma piperazine concentrations were a significant predictor of the risk of malaria infection by logistic regression ( $P < 0.0001$ ). All subjects who developed malaria had plasma piperazine concentrations below 31 ng/ml ( $<11$  ng/ml for vivax malaria and  $<31$  ng/ml for falciparum malaria) (Fig. 3). Median trough values (interquartile range [IQR]) at the last appointment before malaria were significantly lower than all other trough values (5.6 [3.71 to 8.46] versus 18.8 [11.2 to 29.9] ng/ml;  $P = 0.0001$ ). There was a clear pattern, with more infections appearing during the month without drug administration in the DPalt group (Fig. 2C and D). These accounted for 87% (34/39) of all infections in the DPalt arm. A higher proportion of all subjects in the DPalt group had piperazine concentrations below 31 ng/ml during the month without drug administration (98.1%) than that in the month after drug administration (87.3%).

**Gametocytemia.** Gametocytemia was detected during follow-up in 24 participants. One participant from the DPm group presented with *P. vivax* and gametocytemia at day 28. Seven gametocytemic participants (5 with *P. vivax* and 2 with *P. falciparum*) were in the DPalt group, and 16 were in the placebo group (2 with *P. ovale*, 12 with *P. vivax*, and 2 with *P. falciparum*). The incidences of gametocytemia were not significantly different in the DPm and DPalt groups (0.005 versus 0.04 per person-year, respectively; incidence rate ratio [IRR], 6.96; 95% CI, 0.89 to 314). Gametocytemia was 43 times

greater in the placebo group than in the DPm group (0.23 per person-year; IRR, 43.5; 95% CI, 6.76 to 1823).

**Adverse events.** Of the 18,210 occasions the volunteers took their doses of three tablets, only one patient vomited on one oc-



**FIG 3** Cumulative fraction of total malaria infections versus piperazine trough concentrations. The solid red line indicates the trough plasma piperazine cut-off concentration of 31 ng/ml, above which there were no malaria infections.

TABLE 4 Frequency, incidence, and risk of the 20 most frequently reported adverse events

Adverse event	No. of participants in indicated treatment group who reported adverse event (%) <sup>a</sup>			Incidence rate for indicated group <sup>b</sup>			IRR (95% CI) for DPm and DPalt	IRR (95% CI) for DPm and placebo
	DPm	DPalt	Placebo	DPm	DPalt	Placebo		
Dizziness	127 (32.8)	119 (31.2)	49 (25.4)	0.66	0.62	0.69	0.93 (0.72–1.21)	1.05 (0.74–1.47)
Headache	115 (29.7)	108 (28.4)	49 (25.4)	0.60	0.56	0.69	0.93 (0.71–1.23)	1.16 (0.81–1.63)
Soft stool	99 (25.6)	82 (21.5)	29 (15.0)	0.52	0.42	0.41	0.82 (0.61–1.12)	0.80 (0.51–1.22)
Abdominal pain	67 (17.3)	57 (15.0)	28 (14.5)	0.35	0.30	0.40	0.85 (0.58–1.22)	1.14 (0.70–1.79)
Muscle pain	65 (16.8)	63 (16.5)	35 (18.1)	0.34	0.33	0.50	0.96 (0.67–1.38)	1.46 (0.94–2.24)
Fever	47 (12.1)	50 (13.1)	27 (14.0)	0.24	0.26	0.38	1.06 (0.70–1.61)	1.56 (0.94–2.56)
Cough	44 (11.4)	42 (11.9)	17 (8.81)	0.23	0.22	0.24	0.95 (0.61–1.48)	1.05 (0.56–1.88)
Joint pain	40 (10.3)	50 (13.1)	30 (15.5)	0.21	0.26	0.42	1.24 (0.80–1.93)	2.04 (1.23–3.36)
Dry mouth	33 (8.53)	33 (8.66)	11 (5.70)	0.17	0.17	0.16	0.99 (0.60–1.66)	0.91 (0.41–1.84)
Insomnia	34 (8.79)	36 (9.45)	17 (8.81)	0.18	0.19	0.24	1.05 (0.64–1.73)	1.36 (0.71–2.50)
Sleep disturbance.	32 (8.27)	33 (8.66)	14 (7.25)	0.17	0.17	0.20	1.03 (0.61–1.72)	1.19 (0.59–2.29)
Anorexia	24 (6.20)	26 (6.82)	10 (5.18)	0.13	0.13	0.14	1.08 (0.59–1.96)	1.13 (0.48–2.46)
Nausea	22 (5.68)	24 (6.30)	11 (5.70)	0.11	0.12	0.16	1.09 (0.58–2.03)	1.36 (0.60–2.92)
Diarrhea	20 (5.17)	24 (6.30)	5 (2.59)	0.10	0.12	0.07	1.19 (0.63–2.28)	0.68 (0.20–1.87)
Itching	15 (3.88)	8 (2.10)	7 (3.63)	0.08	0.04	0.10	0.53 (0.19–1.33)	1.27 (0.44–3.31)
Vomiting	15 (3.88)	10 (2.62)	3 (1.55)	0.08	0.05	0.04	0.66 (0.27–1.58)	0.54 (0.10–1.92)
Fatigue	15 (3.88)	17 (4.46)	11 (5.70)	0.08	0.09	0.16	1.13 (0.53–2.42)	1.99 (0.83–4.65)
Skin rash	4 (1.03)	4 (1.05)	2 (1.04)	0.02	0.02	0.03	0.99 (0.19–5.34)	1.36 (0.12–9.48)
Palpitation	3 (0.78)	5 (1.31)	3 (1.55)	0.02	0.03	0.04	1.66 (0.32–10.7)	2.72 (0.36–20.3)
Back pain	2 (0.52)	4 (1.05)	2 (1.04)	0.01	0.02	0.03	1.99 (0.29–22.0)	2.72 (0.20–37.5)

<sup>a</sup> Number of participants who reported an adverse event at least once.

<sup>b</sup> Per person-year at risk.

casation. Overall, 300 participants (31.2%) reported no adverse events during the entire course of the study. The proportions of participants reporting at least one adverse event at any time during the study were similar for participants in the DPm group and the DPalt group (IRR, 1.02; 95% CI, 0.86 to 1.22) and for participants in the placebo group (IRR, 1.16; 95% CI, 0.93 to 1.45). When the 20 most frequently reported adverse events were adjusted for follow-up time, the only difference observed was an increased risk of joint pain reported by participants in the placebo group (Table 4). For all groups, the median number of different adverse events (IQR) reported (from those listed in Table 4) was 1 (0 to 3). One volunteer died of a land mine injury. There was no other serious adverse event reported.

## DISCUSSION

Intermittent preventive treatment or seasonal malaria chemoprevention has become an important component of the control of malaria in countries in which malaria is endemic where transmission intensities are continuously or seasonally high but has not been evaluated previously in settings where transmission is low. To prevent malaria, IPT must first eliminate any parasite in the host (presumptive treatment) and then provide circulating drug levels above the MICs for prevalent parasites to prevent the multiplication of newly acquired parasites during the time period before the next dosing (preventive or posttreatment prophylactic effect [PTP]). Obviously, the efficacy of a drug used in IPT will depend both on the sensitivity of the prevalent parasites to this drug and on its pharmacokinetic properties. A rapidly eliminated drug provides a brief PTP and so must be given more frequently, while a drug with a long terminal elimination half-life can be administered less frequently. Other factors, such as absorption and tolerability, are also important. The majority of published studies on IPT, whether in pregnancy or in children, have been conducted

in Africa using SP. The protective effect of SP reported has been variable, depending on the primary end point used (clinical malaria, parasitemia, low birth weight in pregnancy), the frequency of administration, and the degree of resistance of the local parasites (mainly *P. falciparum*). In many areas, such as Southeast Asia, high levels of resistance to SP preclude its use. In this trial, conducted in an area of high-level drug resistance, we set out to determine the optimum regimen of dihydroartemisinin-piperazine for use in IPT in order to achieve protection against malaria (any species). In this area, the target population (adult males) is particularly exposed to malaria by their occupation. The men that received monthly DP experienced slightly more gastrointestinal side effects, but these were mild, did not warrant interruption or specific treatment, and were not significantly different among the treatment groups. The monthly administration of a treatment dose of dihydroartemisinin-piperazine was highly effective against multidrug-resistant *P. falciparum* and against increasingly chloroquine-resistant *P. vivax* malaria. In the DPm group, four out of five episodes of parasitemia occurred in the first 2 months, before drug levels had reached steady state. These parasitological failures were all in volunteers who had plasma piperazine concentrations below 31 ng/ml for *P. falciparum* failures and below 11 ng/ml for *P. vivax* failures (Fig. 2A and B). In the DPalt group, there was a clear relationship between piperazine concentration, parasitemic episode, and the second month between active drug dosing (Fig. 2C and D). This was to be expected, since the estimated terminal elimination half-life of piperazine is 30 days; i.e., concentrations 2 months after dosing are approximately 50% lower than those 1 month after dosing. The estimated mean terminal elimination half-life in subjects receiving DP every 2 months was 40 days, which is slightly longer than previously published values (4, 12). Although fat has been reported to increase the oral bioavailability of piperazine (6, 10), fat coadmin-

istration had no effect on piperazine concentrations and therefore on antimalarial efficacy in this study. The most important determinant of protective efficacy was the trough plasma concentration of piperazine, and this was determined by the dosing frequency. The drug concentrations required for successful prevention of malaria infections are not maintained when the doses are given every 2 months. This suggests that for effective prevention of malaria, DP should be given monthly. There are limitations to this study. First, this was a closely supervised trial, so all doses were given under supervision, but the loss of participants during follow-up was relatively high ( $\approx 30\%$ ). It is likely that outside of the research context, a lower adherence would be obtained, since the treatment requires 3 days of self-administration. Second, the study was conducted in adult males, and it is possible that the kinetics of piperazine would be different in children and in pregnant women. Third, the design of the study (malaria cases were censored at first occurrence) means that the differences among the three groups were probably underestimated. Nevertheless, monthly DP proved to be a well-tolerated, safe, and effective method of preventing malaria in adults at high risk. Further studies will be needed to determine the doses needed in pregnancy and in children to achieve these drug concentrations.

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