Role of Rifampin against *Propionibacterium acnes* Biofilm In Vitro and in an Experimental Foreign-Body Infection Model

Ulrika Furustrand Tafin, a Stéphane Corvec, a,b Bertrand Betrisey, a Werner Zimmerli, c and Andrej Trampuz a

Infectious Diseases Service, Department of Medicine, University Hospital and University of Lausanne, Lausanne, Switzerland; Institut de Biologie des Hôpitaux de Nantes, Service de Bactériologie-Hygiène, CHU de Nantes, Nantes, France; and University Medical Clinic, Kantonsspital, Liestal, Switzerland

*Propionibacterium acnes* is an important cause of orthopedic-implant-associated infections, for which the optimal treatment has not yet been determined. We investigated the activity of rifampin, alone and in combination, against planktonic and biofilm *P. acnes* in vitro and in a foreign-body infection model. The MIC and the minimal bactericidal concentration (MBC) were 0.007 and 4 μg/ml for rifampin, 1 and 4 μg/ml for daptomycin, 1 and 8 μg/ml for vancomycin, 1 and 2 μg/ml for levofloxacin, 0.03 and 16 μg/ml for penicillin G, 0.125 and 512 μg/ml for clindamycin, and 0.25 and 32 μg/ml for ceftriaxone. The *P. acnes* minimal biofilm eradication concentration (MBEC) was 16 μg/ml for rifampin; 32 μg/ml for penicillin G; 64 μg/ml for daptomycin and ceftriaxone; and ≥128 μg/ml for levofloxacin, vancomycin, and clindamycin. In the animal model, implants were infected by injection of 10^9 CFU *P. acnes* in cages. Antimicrobial activity on *P. acnes* was investigated in the cage fluid (planktonic form) and on explanted cages (biofilm form). The cure rates were 4% for daptomycin, 17% for vancomycin, 0% for levofloxacin, and 36% for rifampin. Rifampin cured 63% of the infected cages in combination with daptomycin, 46% with vancomycin, and 25% with levofloxacin. While all tested antimicrobials showed good activity against planktonic *P. acnes*, for eradication of biofilms, rifampin was needed. In combination with rifampin, daptomycin showed higher cure rates than with vancomycin in this foreign-body infection model.

*MATERIALS AND METHODS*

**Study organism.** All experiments were performed with *P. acnes* strain ATCC 11827. The bacteria were stored at −70°C using the cryovial bead preservation system (Microbank; Pro-Lab Diagnostics, Richmond Hill, Ontario, Canada). For inoculum preparation for *in vitro* studies, one bead was spread on a blood agar plate and incubated for 72 to 96 h at 37°C anaerobically using an Anaerogen system (Oxoid, Basingstoke, Hampshire, England). One distinct colony was resuspended in 10 ml reduced (cooked) brain heart infusion (rBHI) and incubated anaerobically at 37°C. Seventy-two-hour cultures were adjusted to a turbidity of 0.5 McFarland standard (corresponding to ~5 × 10^7 CFU/ml). For the inoculum for animal infection, a 72-h culture of *P. acnes* in rBHI was washed twice with sterile 0.9% saline before injection. The exact inoculum size was determined by CFU counting on blood agar plates incubated anaerobically. The ability of our test strain to form biofilm was confirmed by *in vitro* studies performed to determine the most active treatment regimen for eradication of *P. acnes* biofilms from implants in the clinical setting.

(Parts of the results of the present study were presented at the 21st European Congress of Clinical Microbiology and Infectious Diseases [ECCMID], Milan, Italy, 7 to 10 May 2011, and at the 2nd European Congress on Microbial Biofilms, Copenhagen, Denmark, 6 to 8 July 2011.)
Antimicrobial agents. Daptomycin powder for injection was supplied by Novartis Pharma AG (Bern, Switzerland). A stock solution of 50 mg/ml was prepared in sterile 0.9% saline. Vancomycin was purchased from Teva Pharma AG (Aesch, Switzerland) as 10-mg powder ampules. The stock solution of 50 mg/ml was prepared in sterile 0.9% saline. Levofloxacin hemihydrate injectable solution (5 mg/ml; Sanofi Aventis Pharma AG, Zurich, Switzerland) and rifampin powder (prepared in sterile water; 60 mg/ml; Sandoz AG, Steinhausen, Switzerland) were purchased from the respective manufacturers. Clindamycin (1 g) powder was purchased from Sigma and dissolved in sterile water (2 g/ml), penicillin G (25 mg/ml) was purchased from Grünenthal Pharma AG (Mitlödi, Switzerland), and ceftriaxone injectable solution (100 mg/ml) was purchased from Roche Pharma AG (Reinach, Switzerland).

Antimicrobial susceptibility of planktonic *P. acnes*. The MIC and minimal bactericidal concentration (MBC) were determined by the broth microdilution method, as described by Hall et al. (15). An inoculum of 1 McFarland standard was used. Serial 2-fold dilutions of the antimicrobials were prepared in rBHI. The MIC was defined as the lowest concentration of antibiotic that completely inhibited visible growth at 48 h. In addition, the MBC was determined by Etest (AB Biodisk, Solna, Sweden) according to the manufacturer’s instructions. An inoculum of 1 McFarland standard (−1 × 10\(^8\) CFU/ml) was used, and the plates were read after 48 h of anaerobic incubation at 37°C. The MIC was defined as the lowest antimicrobial concentration that killed ≥99.9% of the initial bacterial count (i.e., ≥3 log\(_{10}\) CFU/ml) in 48 h using rBHI (9). Growth media for daptomycin studies were supplemented with 50 mg/liter Ca\(^{2+}\). All experiments were performed in triplicate.

Biofilm formation on glass beads. *P. acnes* biofilms were investigated using sintered glass beads (Siran carrier; SIKUG 023/02/300/A; Schott-Schleiffer AG, Muttenz, Switzerland) using a protocol adapted from previous studies (22, 42). The diameters of the beads ranged from 2 to 3 mm, and the porosity was 0.2 m\(^2\)/g with a pore size of 60 to 300 μm. For biofilm formation, beads were placed in rBHI, inoculated with 2 to 3 CFU of *P. acnes*, and incubated anaerobically at 37°C under static conditions for 3 h, 24 h, or 72 h.

Killing of *P. acnes* biofilm on glass beads. Biofilm was formed for 72 h as described above. Beads were then rinsed thrice with sterile 0.9% saline to remove planktonic bacteria, placed in rBHI containing serial 2-fold dilutions of antimicrobials, and incubated anaerobically for 24 h. After antimicrobial challenge, the beads where rinsed thrice and placed in microcalorimetric ampoules containing 4 ml rBHI. Recovering bacteria were detected by measuring heat production at 37°C for 72 h, allowing the quantification of the remaining biofilm bacteria (see below). The minimal biofilm eradication concentration (MBEC) was defined as the lowest antimicrobial concentration killing biofilm bacteria on beads, leading to absence of regrowth after 72 h of incubation in the microcalorimeter, indicated by the absence of (growth-related) heat flow. All experiments were repeated three times.

Microcalorimetric assay for quantification of biofilm on glass beads. Replicating viable microorganisms produce heat, which can be detected with a microcalorimeter designed for precise real-time measurement (6). An isothermal microcalorimeter (TAM III; TA Instruments, New Castle, DE) was used. This instrument is equipped with 48 microcalorimeter channels, allowing independent parallel measurements. The instrumental detection limit of heat flow is 0.2 μW. The heat production is related to microbial metabolism and increases exponentially with their growth in appropriate medium (36). Microcalorimetry was recently used for investigation of staphylococcal biofilms on bone grafts and bone substitutes (8). Experiments were performed in 4-ml glass ampoules containing growth medium inoculated with sintered glass beads coated with *P. acnes* (with or without previous antimicrobial exposure). The ampoules were sealed and introduced first into the equilibration position for 15 min. In this time, the measuring temperature of 37.0000°C is reached, and heat disturbance by lowering the ampoule in the measuring position is minimized. The heat flow was then recorded at 10-s intervals for 72 h. The detection limit was determined at 10 μW to distinguish microbial heat production from the thermal background (e.g., nonspecific heat flow generated by degradation of the growth medium). The detection time was inversely proportional to the biofilm quantity, which allowed precise quantification of biofilm bacteria on the beads. Sterile beads (containing no bacterial biofilm) served as a negative control.

Animal model. A foreign-body infection model in guinea pigs was used, as previously described by Zimmerli et al. (44). Male albino guinea pigs (Charles River, Sulzfeld, Germany) were housed in the Animal Care Facility at the University Hospital Lausanne, Lausanne, Switzerland. Experiments were performed according to the regulations of Swiss veterinary law. The animals were regularly weighed and observed for behavioral changes to monitor their well-being during the whole experiment. After an adaptation phase of 1 to 2 weeks, four sterile polytetrafluorethylene (Teflon) cages with 130 regularly spaced perforations 1 mm in diameter (Angst-Pfister AG, Zürich, Switzerland) were subcutaneously implanted in the flanks of the guinea pigs (weight range, 450 to 550 g). The surgery was performed under aseptic conditions, and a single dose of vancomycin (25 mg/kg of body weight) was injected intraperitoneally 30 min before skin incision. The wound clips were removed after 7 days. The sterility of the cages was confirmed by cultures of aspirated cage fluid before cage infection. The inoculation of *P. acnes* was performed after complete wound healing (i.e., 10 to 14 days after cage implantation) in sterile cages. The establishment of infection was confirmed by aspiration of cage fluid, followed by quantitative cultures and CFU enumeration on blood agar plates under anaerobic conditions.

Infection profile of planktonic *P. acnes* and persistence of biofilm *P. acnes* in animals. Cages were infected with percutaneous inoculation of 200 μl of *P. acnes* containing 5 × 10\(^7\) CFU/cage (low inoculum) or 1 × 10\(^8\) CFU/cage (high inoculum). To determine the infection profile of untreated animals, cage fluid was aspirated from animals every 3 to 5 days. Two animals (one with high inoculum and one with low inoculum) were sacrificed 16 days after infection, and an additional four animals (two each with high and low inocula) were sacrificed 50 days after infection. At sacrifice, the cages were removed under aseptic conditions, placed in 5 ml rBHI, and incubated anaerobically for 10 to 14 days. After incubation, 100 μl of the medium was spread on a blood agar plate and incubated anaerobically at 37°C. A positive culture with *P. acnes* was defined as persistent infection.

Antimicrobial treatment of animals. For treatment studies, infection was established with a high inoculum (1 × 10\(^8\) CFU/cage). Three days after infection, quantitative cultures of aspirated cage fluid were performed, followed by starting the antimicrobial treatment. For each treatment regimen, at least three animals, each holding 4 cages, were randomly assigned (i.e., 12 cages per treatment regimen); a control group (no antibiotic treatment); 40 mg/kg daptomycin, 10 mg/kg levofloxacin, 15 mg/kg vancomycin, 12.5 mg/kg rifampin, and the combination of rifampin with either daptomycin, levofloxacin, or vancomycin at the same doses mentioned above. All antimicrobials were injected intraperitoneally every 12 h, except daptomycin, which was given every 24 h. The duration of antimicrobial treatment was 4 days. The antimicrobial dose was determined based on pharmacokinetic studies in serum and cage fluid performed in previous studies in the same guinea pig model, mimicking antimicrobial concentrations achieved in humans (1, 5, 18, 31, 38).

Activity on planktonic and biofilm *P. acnes* in animals. To determine the activity against planktonic *P. acnes*, cage fluid was aspirated before the start of treatment, during treatment (before administration of the last dose), and 5 days after completion of treatment. The bacterial counts were expressed as log\(_{10}\) CFU/ml cage fluid. To determine the activity against biofilm *P. acnes*, animals were sacrificed 5 days after completion of treatment, and the cages were explanted under aseptic conditions and incubated in 5 ml rBHI. After 10 days of incubation of the cages in BHI, aliquots of 100 μl were spread on a blood agar plate and incubated at 37°C for an additional 72 h. The treatment efficacy against adherent bacteria was expressed as the cure rate (as a percentage) defined as the num-
TABLE 1 Antimicrobial susceptibility of planktonic and biofilm P. acnes

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Rifampin</th>
<th>Daptomycin</th>
<th>Levofloxacin</th>
<th>Vancomycin</th>
<th>Clindamycin</th>
<th>Penicillin G</th>
<th>Ceftriaxone</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIC</td>
<td>0.007</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>0.125</td>
<td>0.03</td>
<td>0.25</td>
</tr>
<tr>
<td>MBC</td>
<td>4</td>
<td>4</td>
<td>2</td>
<td>8</td>
<td>512</td>
<td>16</td>
<td>32</td>
</tr>
<tr>
<td>MBC/MIC ratio</td>
<td>571</td>
<td>4</td>
<td>2</td>
<td>8</td>
<td>4,096</td>
<td>5,333</td>
<td>128</td>
</tr>
<tr>
<td>MBEC</td>
<td>16</td>
<td>64</td>
<td>512</td>
<td>512</td>
<td>128</td>
<td>32</td>
<td>64</td>
</tr>
</tbody>
</table>

*The values are medians of triplicates. The MBC was determined by broth macrodilution at 48 h. The MBEC was determined by microcalorimetry.

The growing prevalence is at least partly an artifact. It can be
explained by improved diagnostic tools, such as sonication of explanted material (25, 29, 32), optimized culture conditions for anaerobes (7), and implementation of various molecular assays (34). The optimal antimicrobial treatment for \textit{P. acnes} infections associated with implants has not yet been determined. It is especially unknown whether rifampin plays a favorable role similar to that in implant-associated staphylococcal infection (1, 18, 33, 35, 39, 45). Therefore, we investigated the activity of antimicrobials against biofilms in vitro and in vivo, modifying a previously established animal model (44). Conventional antimicrobials commonly used against \textit{P. acnes} (\beta-lactams, vancomycin, and clindamycin), antibiotics with bactericidal activity on planktonic bacteria (levofloxacin), and those showing antibiofilm activity (rifampin and daptomycin) (18) were tested.

A laboratory strain of \textit{P. acnes} (ATCC 11827) was chosen, exhibiting a susceptibility pattern typically observed in clinical isolates (16). The MIC values of all tested drugs for this strain were low. In contrast, the MBCs of commonly used antimicrobials, such as penicillin G (16 \mu{g/ml}), ceftriaxone (32 \mu{g/ml}), and clindamycin (512 \mu{g/ml}), were high for \textit{P. acnes} infections. Interestingly, rifampin, daptomycin, and levofloxacin demonstrated low MBCs (\leq 4 \mu{g/ml}), suggesting superior killing of planktonic \textit{P. acnes}.

In order to investigate the activities of antimicrobials against \textit{P. acnes} biofilms in vitro, a microcalorimetry assay with glass beads was used. This assay allowed quantification of biofilm remaining on beads after previous exposure to the antimicrobial drug. Microcalorimetry was recently evaluated for testing antifungal activity on \textit{Candida} sp. biofilms (E. Maiolo, U. Furustrand, D. San-glard, and A. Trampuz, presented at the 51st Interscience Conference on Antimicrobial Agents and Chemotherapy, Chicago, IL, 17 to 20 September 2011). In this study, the microcalorimetric assay (as shown by the MBEC values in Table 1) demonstrated the highest activity against \textit{P. acnes} biofilm by rifampin, followed by penicillin G. Levofloxacin was the least active antimicrobial against \textit{P. acnes} biofilms, despite bactericidal activity.
against planktonic *P. acnes*. Since guinea pigs do not tolerate β-lactams and clindamycin (showing gastrointestinal disturbance), these antimicrobials (and their combinations) could not be tested *in vivo* (reference 44 and unpublished observations).

When a high infection inoculum (10⁸ CFU/cage) was injected into the tissue cage fluid of guinea pigs, *P. acnes* persisted on implanted cages for 50 days, despite spontaneous clearance of planktonic *P. acnes* from aspirated cage fluid. This finding highlights the great ability of *P. acnes* to adhere to the implant surface and its change from the planktonic to the biofilm phenotype. Indeed, it is a clinical observation that *P. acnes* is not often detected in cerebrospinal fluid or synovial fluid aspirated from prosthetic joints.

For treatment studies, a high inoculum (10⁹ CFU/cage) was chosen, and antimicrobial treatment was started 3 days after infection. These conditions were modified from previous studies using methicillin-resistant *Staphylococcus aureus* (1, 18) and *Enterococcus faecalis* (12) in order to mimic a delayed, low-grade infection by *P. acnes*. In the untreated group, the number of planktonic *P. acnes* cells decreased over time. All treatment regimens reduced planktonic *P. acnes* significantly more than the spontaneous reduction in the untreated group, except levofloxacin and levofloxacin plus rifampin. The most efficient regimen against *P. acnes* biofilms *in vivo* was the combination of daptomycin and rifampin, achieving a cure rate of 63%. In our study, rifampin was the most efficient single drug, with a cure rate of 36%.

Limited data exist about treatment outcomes in a clinical setting. Rifampin in various combinations has been used in the treatment of complicated *P. acnes* infections, often involving implants (17, 20, 21, 30, 41). Penicillin G, linezolid, and linezolid plus rifampin were investigated against *in vitro* *P. acnes* biofilms after 14 days of exposure (3); no regrowth was detected with penicillin G and linezolid plus rifampin. A case report described a successful treatment of *Propionibacterium* sp. skull osteomyelitis with daptomycin (13), suggesting that the antimicrobial may be used for *P. acnes* bone infections.

To our knowledge, emergence of rifampin resistance has not yet been reported in *Propionibacterium* species. Resistance was, however, described for antimicrobials used for treatment of acne...
vulgaris, including MLS antibiotics (macrolides, lincomamides, and streptogramins), such as clarithromycin and clindamycin (23). No rifampin-resistant *P. acnes* isolate was observed in rifampin treatment failures in our animal model.

In summary, rifampin showed the highest activity against *P. acnes* biofilms as a single drug, both in vitro and in vivo. The combination of rifampin and daptomycin was the most active regimen against experimental *P. acnes* biofilms. Based on in vitro biofilm studies, the combination of rifampin and penicillin G or ceftriaxone may represent alternative options, but we were not able to investigate this in the animal model. The present study has important clinical implications, since it may initiate clinical studies with the above-mentioned antimicrobial regimens. This topic is also important because *P. acnes* implant-associated infections are expected to continue to increase in the future, and an optimal regimen needs to be defined.

**ACKNOWLEDGMENTS**

This study was supported by the Swiss National Science Foundation (K21L_120531).

We thank Alain Bizzini, Stefano Giulieri, and Ioana Raluca Mihaielcscu for critical review of the manuscript and Zarko Rajacic for practical advice.

**REFERENCES**