



Frequency of the Paradoxical Effect Measured Using the EUCAST Procedure with Micafungin, Anidulafungin, and Caspofungin against *Candida* Species Isolates Causing Candidemia

Laura Judith Marcos-Zambrano,^{a,b} Pilar Escribano,^{a,b} Carlos Sánchez-Carrillo,^{a,b,c} Emilio Bouza,^{a,b,c,d}  Jesús Guinea^{a,b,c,d}

Clinical Microbiology and Infectious Diseases, Hospital General Universitario Gregorio Marañón, Madrid, Spain^a; Instituto de Investigación Sanitaria Gregorio Marañón, Madrid, Spain^b; CIBER Enfermedades Respiratorias-CIBERES (CB06/06/0058), Madrid, Spain^c; Medicine Department, School of Medicine, Universidad Complutense de Madrid, Madrid, Spain^d

ABSTRACT We report data on the frequency of the paradoxical effect of echinocandins against *Candida* spp. ($n = 602$ incident isolates) using the EUCAST definitive document EDef 7.2 procedure. The paradoxical effect for one or more echinocandins was observed in 16% of the isolates. However, differences between species were found, and the paradoxical effect was more common in *Candida tropicalis* ($P < 0.001$). Caspofungin was the drug in which the paradoxical effect was most common, followed by anidulafungin and micafungin ($P < 0.001$).

KEYWORDS paradoxical effect, echinocandins, *Candida*, EUCAST

Treatment with echinocandins, i.e., caspofungin, micafungin, and anidulafungin, is recommended as the primary therapy for patients with candidemia (1, 2). Rates of resistance are low (3), but attenuation of activity at high concentrations, known as the paradoxical or Eagle effect, has been reported (4–7). Isolates are characterized by abnormal morphology when studied in the presence of high concentrations of echinocandins (8–10). Although it has been reported for all three echinocandins, differences in frequency by species have been pointed out, mostly by use of CLSI methodology (4, 11, 12). Antifungal lock therapy may prevent catheter removal in patients with candidemia. Since the procedure requires the catheter lumen to be filled with a solution containing a high concentration of echinocandins (13), the paradoxical effect may have a negative impact (14, 15).

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We studied the frequency of the paradoxical effect of echinocandins against 602 echinocandin-susceptible *Candida* species incident isolates from the blood cultures of patients with candidemia who were admitted to Gregorio Marañón Hospital from January 2007 to March 2015. All the strains were molecularly identified (Table 1) (16), and antifungal susceptibility to micafungin (Astellas Pharma, Inc., Tokyo, Japan), anidulafungin (Pfizer Pharmaceutical Group, New York, NY), and caspofungin (Merck & Co., Inc., Rahway, New Jersey, NJ) was determined using the EUCAST definitive document EDef 7.2 procedure (17). The candidin concentrations tested ranged from 0.015 to 8 $\mu\text{g}/\text{ml}$. *Candida krusei* ATCC 6258 and *Candida parapsilosis* ATCC 22019 isolates were used as quality control strains. The paradoxical effect was defined as an increase in optical density of 0.02 compared with the growth control in wells containing a candidin

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Address correspondence to Jesús Guinea, jguineaortega@yahoo.es.

TABLE 1 Species distribution and percentage of isolates, overall and by species, in which the paradoxical effect of caspofungin, anidulafungin, micafungin, or any combination of the three was observed at any drug concentration

Antifungal concentration (µg/ml)	% Isolates in which the paradoxical effect was observed for ^a :																	
	All species (n = 602) ^b			<i>C. tropicalis</i> (n = 50)			Other <i>Candida</i> spp. (n = 24) ^c			<i>C. albicans</i> (n = 291)			<i>C. parapsilosis</i> (n = 164)			<i>C. glabrata</i> (n = 62)		
	MYC	AND	CAS	MYC	AND	CAS	MYC	AND	CAS	MYC	AND	CAS	MYC	AND	CAS	MYC	AND	CAS
0.125	0	0.3	0	0	2	0	0	0	0	0.3	NA	NA	NA	NA	0	0	NA	
0.25	0.2	0.7	0.2	0	4	0	0	0	4.2	0	0.7	0	NA	NA	NA	0	0	0
0.5	2.3	1.8	1.2	18	14	6	8.3	4.2	12.5	0.3	1	0	NA	NA	NA	0	0	0
1	3.2	2.2	1.8	26	16	8	12.5	8.3	16.7	1	1	0.3	NA	NA	NA	0	0	0
2	3.7	4.8	5.6	30	36	32	12.5	8.3	29.2	1	3.1	1	0	NA	0	0	0	0
4	4	7.6	7.6	38	44	50	12.5	12.5	29.2	1.4	5.8	2.4	0	1.2	2.4	1.6	3.2	0
8	4	8.1	11.6	38	40	54	8.3	16.7	25	0.3	8.2	2.4	0.6	0	4.3	1.6	3.2	0
Overall	4.8	10.5	13.3	38	48	62	16.7	16.7	29.2	0.3	10.7	9.6	0.6	1.2	5.5	1.6	3.2	0

^aStatistically significant differences ($P < 0.05$) are shown in bold. MYC, micafungin; AND, anidulafungin; CAS, caspofungin; NA, not applicable.
^b*C. krusei* isolates (n = 11) are not shown because none of them showed paradoxical effect for any echinocandin.
^c*C. guilliermondii* (n = 8), *C. dubliniensis* (n = 5), *C. lusitanae* (n = 5), *C. kefyr* (n = 2), *C. fermentati* (n = 1), *C. inconspicua* (n = 1), *C. pelliculosa* (n = 1), *Kodamaea ohmeri* (n = 1).

concentration at least 2 drug dilutions higher than the MIC (Fig. 1). This definition was adapted from a previous study (9). We calculated the frequency of the paradoxical effect at each concentration tested, overall and by species, and the percentage of isolates in which the paradoxical effect was observed (Kruskal-Wallis test). This study was approved by the Ethics Committee of Hospital Gregorio Marañón (CEIC-A1; study no. 252/15).

We used the EUCAST procedure and found a paradoxical effect for one or more echinocandins in 16% (n = 96) of the isolates; it was most frequent in caspofungin, followed by anidulafungin and micafungin (Fig. 2) ($P < 0.001$), as reported previously in studies using the method in CLSI document M27-A3 (4, 10, 18). Caspofungin had a paradoxical effect against *Candida tropicalis*, *C. parapsilosis*, and other *Candida* spp., whereas anidulafungin presented the effect more frequently than caspofungin and micafungin against *Candida albicans* and *Candida glabrata*. Micafungin was the agent for which the effect was least frequent. Overall, the three echinocandins are similar in terms of pharmacological properties and spectra of activity; however, micafungin tends to show lower MICs against *C. glabrata*. Furthermore, our observations support previous findings that micafungin causes the paradoxical effect in a lower proportion of *C. glabrata* isolates (11, 19).

We found the effect to be species specific; *C. tropicalis* had the highest proportion of strains (64%) in which one or more echinocandins produced a paradoxical effect, followed by *C. albicans* (14.8%) (Fig. 2). The high percentage of *C. tropicalis* isolates showing paradoxical effect was previously reported (18). The high percentage of other *Candida* species isolates in which the effect was observed has been mainly attributed to *Candida dubliniensis* (4/5) and *Candida guilliermondii* (4/8) (11).

Chamilos et al. (18) showed that the paradoxical effect of caspofungin was found in a high proportion (90%) of *C. parapsilosis* isolates when using the CLSI method; however, we only detected the effect in 6.7% of *C. parapsilosis* isolates with the EUCAST

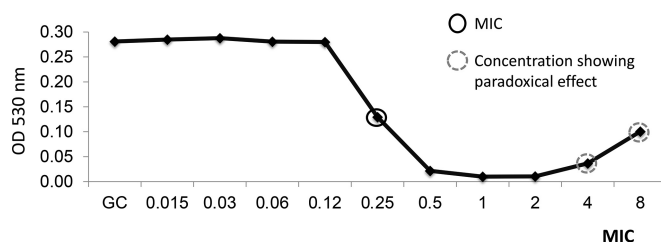
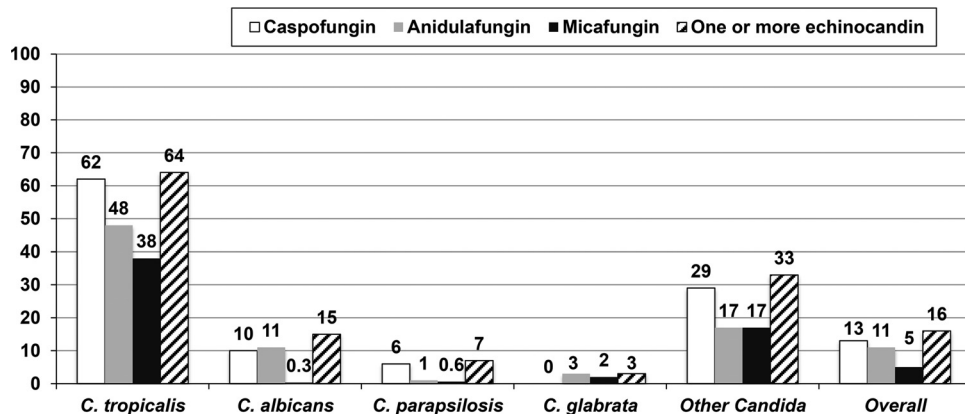


FIG 1 Example of an isolate showing paradoxical effect (PE) of caspofungin at MICs of 4 and 8 µg/ml. OD, optical density.



Other *Candida* = *C. guilliermondii* n=8, *C. dubliniensis* n=5, *C. lusitanae* n=5, *C. kefyr* n=2, *C. fermentati* n=1, *C. inconspicua* n=1, *C. pelliculosa* n=1, *Kodamaea ohmeri* n=1

FIG 2 Percentage of isolates, overall and per species, in which the paradoxical effect of caspofungin, anidulafungin, micafungin, or any combination of the three was observed.

procedure. This discrepancy may be due to differences between the EUCAST and CLSI methods, the low number of isolates analyzed by Chamilos et al., or the chosen definitions of the paradoxical effect.

The paradoxical effect was observed at low concentrations of $\geq 0.125 \mu\text{g/ml}$ (anidulafungin) and $\geq 0.25 \mu\text{g/ml}$ (caspofungin and micafungin); previous studies using the CLSI method reported the presence of the paradoxical effect at high concentrations (2 to $64 \mu\text{g/ml}$) (4, 11, 18). Use of the EUCAST procedure would probably explain the presence of the effect at lower concentrations; however, we found that the higher the echinocandin concentration, the higher the proportion of isolates in which the effect was observed (Table 1). Furthermore, the phenomenon was not only concentration dependent but also drug dependent, as shown by the fact that caspofungin and anidulafungin caused the paradoxical effect in a higher percentage of isolates than caused by micafungin, to the extent that the drug concentration rose ($P < 0.05$) (Table 1). However, *in vitro* antifungal activity of caspofungin obtained by the EUCAST or CLSI procedure should be interpreted carefully because of the interlaboratory variations reported when using this drug (20). This observation was not reported with use of the colorimetric marketed system YeastOne assay (21).

The concentrations at which the paradoxical effect was observed *in vitro* were easily reached in plasma (5); the addition of serum to the trays reversed the effect (10), probably as a consequence of albumin binding, suggesting that the paradoxical effect may only have a clinical impact on anatomical sites at which the free fraction of echinocandins reached is high. Few data support the clinical impact of the paradoxical effect, and high-dose echinocandin regimens have been shown to be as effective as regular dose regimens (14, 15). Antifungal lock therapy requires concentrations that are at least 1,000-fold greater than the MIC over a prolonged period in order to provide a suitable environment for the paradoxical effect (13). Future studies should evaluate the clinical impact of promoting the paradoxical effect when using echinocandins in lock therapy (5, 7).

The mechanism of action of the paradoxical effect is not fully understood, but it probably involves the integrity of the cell wall (5, 7, 10). Since these changes enable the cell to adapt to an environment with high echinocandin concentrations, the paradoxical effect is more a mechanism of tolerance than of resistance, albeit with a cost in fitness and virulence (9).

We only tested echinocandin concentrations of up to $8 \mu\text{g/ml}$. Previous studies using the CLSI method showed the presence of the paradoxical effect at concentrations ranging from 2 to $64 \mu\text{g/ml}$ (4, 8, 11, 18). However, a key strength of our study is the detection of the paradoxical effect coupled with the MIC reading. This finding may prove particularly relevant if the phenomenon is shown to have a clinical impact.

We conclude that the paradoxical effect is easily detected using the EUCAST procedure, and it is seen mainly with caspofungin and in *C. tropicalis*.

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